Here are the typical steps we take once we receive a CARE Referral:

- In most cases the student of concern will be contacted and requested to meet with us. If CARE is unable to reach the student, we will elicit other resources on campus to reach out. Please note that in some more minor circumstances, students are allowed to decline the meeting.
- During our meeting with the student we determine what resources best fit the student's needs and help the student connect with these resources.
- We continue to follow up with the student until they are aware of, or connected to, appropriate resources.
- You will receive an e-mail indicating that the concerns in the CARE Referral have been addressed. Additionally, you will receive an invitation to complete a survey on your experience.

If you have submitted your CARE Referral anonymously, please consider the benefits of telling the student about your submission:

- The student may feel more comfortable accepting an invitation to meet with a CARE staff member instead of receiving a "random" check in e-mail.
- It may remove the mystery and defensiveness that can be associated with hearing that someone submitted an anonymous referral.
- The conversation may lead to more details about the concern, which may help expedite the process of getting the student help.
- Students often appreciate knowing that someone cared enough to suggest they meet with a professional who can help.

If you continue to have concerns about the student, would like to inquire about the status of the referral, or would like to schedule an appointment to ensure you are supported through this process, please do not hesitate to contact CARE at CAREnetwork@rochester.edu.