

**UNIVERSITY
OF
ROCHESTER**

**INTRAMURAL
SPORTS**

**POLICIES & PROCEDURES
2025-2026**

University of Rochester
Intramural Sports Policies & Procedures
2025-2026

Joe Reina, Director x5-6027

E-mail: im@sports.rochester.edu

Facebook: [facebook.com/URIntramurals](https://www.facebook.com/URIntramurals)

Instagram- [ur_intramurals](https://www.instagram.com/ur_intramurals)

Website: <http://www.rochester.edu/athletics/intramurals/>

IM Office Location: Room 1111 in Robert B. Goergen Athletic Center

Intramural Mission Statement

Our intramural program at the University of Rochester is designed for the participation, recreation, and enjoyment of the entire university community. Regardless of ability, we strive to realize the benefits of social recreation and competitive involvement. This includes faculty, staff, undergraduate and graduate students and members of the R Club. It is our goal to maintain a safe and fun environment, free from arguments and fighting, both of which can be reprimanded by the intramural supervisors and directors.

Responsibilities of the Captains

1. Attend mandatory captain's meeting
2. Validate roster for eligibility (see eligibility) and players on roster signed waiver form.
3. Assist the sport supervisors in maintaining control of team
4. **Each team MUST follow safety protocols set by university**
5. Check in with supervisors prior to each contest
6. **Be on time for your match**
7. Be responsible for your team's knowledge of game/event rules
8. Serve as a liaison between your team and IM staff
9. **Monitor the Facebook page, website, and your email for game and program information**

Eligibility Guidelines

1. Must have a current, valid University ID card, and be a full time matriculated undergraduate or graduate student. We will check rosters at the beginning and through the season.
2. All activities are open to both men and women unless stated otherwise.
3. Divisions include OPEN, CO-REC, SINGLE GENDER AND "A". Each league is assigned a time and day to play. A participant can be a member of more than one team in an activity if the teams are in different divisions. For example, a person may play soccer on one open, one co-rec and one single gender team – but may not play on more than one open team.

Open:	Any male or female may participate
Co-Rec:	Requires two females on the playing surface at all times
Single Gender:	Only members of that gender may participate
A:	Advanced level

All participants must meet the eligibility requirements, without exception. If a participant is a member of "A" division (advanced level) team, he/she may not participate on any other team in the open division of the particular sport.
3. Teams playing with ineligible persons will forfeit those contests and that team or individual may be subject to suspension from further Intramural activity.
4. Team captains are responsible for ascertaining the eligibility of each player and opponent. *****A person must be on a team roster to be eligible to play; no roster adjustments may occur after the captain's meeting.*****

Forfeits

If a team fails to report to the scheduled place within 10 minutes after the scheduled contest time, the supervisor may declare the contest forfeited to the opponent. If both teams fail to be ready, both will be charged with a forfeit. To obtain a contest of victory by forfeit, the full line-up must be present and ready to play. A team shall forfeit any

contest in which a player participates under an assumed name. If a team cannot make a scheduled game, they must let the IM office know but the team will still be charged with a forfeit.

Entry Fee/Forfeit Fee

There are no entry fees for regular league play in the Intramural Sports Program; however, designated Special Events, such as the Golf Tournament, may require an entry fee for participation. Group fitness classes are free of charge for all full-time undergraduate and graduate students. We do require a \$20 forfeit fee for each team registered for each sport. If your team does not forfeit a contest, the full \$20 will be returned. 1 forfeit-team gets back \$10. 2 or more- team gets back \$0. Weather cancellation's DO NOT COUNT as a forfeit.

Rescheduling

There is no rescheduling! If a team cannot make a game (other than graduate students during vacations, at which time neither team is penalized) the game is forfeited, therefore, it is important that your team signs up for a league scheduled at a time that is convenient for all the participants.

Plays -Offs

Play-offs occur at the conclusion of the season in each recognized activity. During play-offs, teams are seeded against each other in a single elimination tournament based upon the season records, team sportsmanship, forfeits, size of the leagues and available time and space. **Teams should be prepared to play on any day of the week during the play -off period.** Occasionally, additional rules are necessary for play-offs. Be sure to call the hotline at the end of the regular season to find out if your team has made playoffs.

Awards

Intramural Championship T-shirts are awarded to each Intramural Champion Team from each sport. Special Event prizes are also awarded.

Injuries

Intramural Sports is a voluntary program, and therefore the Department is not responsible for accidents or injuries. Each participant is expected to provide for accident insurance needs through University insurance policies or comparable private policies.

In the event that an injury does occur, the supervisor in charge will be responsible for completing an accident report describing the injury and accompanying circumstances. Every IM Supervisor is certified in CPR. Each supervisor has been trained in departmental emergency protocol. First-Aid Kits are located at each IM sport site. Ice is always available in the stairwell outside the training room in Fauver. Additional First-Aid supplies are also available at the Information Desk of the Robert B. Goergen Athletic Center.

Updated 9/4/2025