2013 FALL LOCKER FEES

*Locker rentals are available to full-time students and R Club members.

Annual

Full Locker \$50.00

Half Locker \$40.00

Short-Term

Full Locker \$30.00

Half Locker \$25.00

Guests are welcome!

Guest of a UR Student: \$3.00

Guest of an R Club Member: \$5.00

All guests must remain with the student or R Club Member throughout their visit.



FALL HOURS 2013

Athletic & Fitness Centers

Mon-Thu: 6:30 AM-11 PM

Fri: 6:30 AM - 8 PM

Sat: 8:00 AM-8 PM

Sun: 8 AM-11 PM

Aquatic Center

Mon & Wed: 6:30 - 8:30 AM, 11 AM - 2 PM, 8:30-10:30 PM

Tue & Thu: 11 AM - 1 PM, 4:30 - 6:30 PM

Fri: 6:30 - 8:30 AM, 11 AM - 2 PM

Sat: Noon -3 PM

Sun: Noon - 3 PM, 8:30 - 10:30 PM Sunday Splash

Be aware of schedule changes during holidays!



Fall **2013**

Goergen Athletic Center



585-275-7643

www.rochester.edu/ athletics

R Club Summer 2013

Benefits of the R Club at the Goergen Athletic Center

Numbers to Remember

Annual Membership Rates

⇒ Individual Member: \$230.00

⇒ Additional Member: \$122.00

⇒ Retired UR: \$115.00

⇒ Retired Additional: \$60.00

⇒ Spouse/Partner Student: \$122.00

 \Rightarrow Friend of UR: \$450.00

⇒ Additional Friend: \$250.00

equipment, treadmills, cross trainers, bikes, steppers, arc trainers, Expresso Virtual bikes, upright and recumbent bikes, cardio theater, cardio equipment and free weights, Selectorize weight

free weights, Selectorize weigh training equipment and Octane Elliptical Trainers

Aquatic Center: 25 meter/25 yard swimming pool

Goergen Athletic Center: (585)275-7643

Susan B. Anthony ID Card Office: (585)275-3975

UR Parking Office: (585)275-3983

Campus Security: (585)275-3333

Athletics/Rec. Fax: (585)461-5081

All memberships and lockers are valid for one year from date of purchase. A renewal invoice will be sent to all members annually. Members can contact the R Club Office to cancel a payroll deduction membership at any time. Separation from the University will terminate membership and locker.

- **⇒ Indoor/Outdoor Tennis Courts**
- **⇒ 5 Squash Courts**
- **⇒ 2 Racquetball Courts**
- ⇒ 3 Multi-Use Courts
- **⇒ Indoor/Outdoor Track**
- ⇒ City Cycles Bike Loaning Program (for undergraduate students)

Please follow all facility rules while using the Goergen Athletic Center **Athletics & Recreation Website:**

www.rochester.edu/athletics

Names to Know:

Kristine Shanley, Associate Director (585)275-6277 kshanley@sports.rochester.edu

Wendy Andreatta, Assistant to R Club (585)275-4274 wandreatta@sports.rochester.edu

Ladi Iya, Assistant to R Club (585)275-9461 liya@sports.rochester.edu