

Registration

Player's Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Emergency Phone _____
 Email _____
 Grade to enter in Fall 2013 _____
 Age during camp _____ Male Female
 Position: Field Player Goal Keeper
 Roommate request _____

Yes! I would like to purchase a hand-sewn ADIDAS ball for \$30 at registration (don't include payment now).

Camp	Date	Sex	Ages	Fee	Deposit
<input type="checkbox"/> Elite I (commuter)	July 8-11	M	14-18	\$450	\$100
<input type="checkbox"/> Elite I (resident)	July 8-11	M	14-18	\$495	\$100
<input type="checkbox"/> Elite II (commuter)	July 19-21	F	14-18	\$350	\$100
<input type="checkbox"/> Elite II (resident)	July 19-21	F	14-18	\$395	\$100
<input type="checkbox"/> Full Day Camp I	July 22-26	M/F	7-17	\$275	\$50
<input type="checkbox"/> Full Day Camp II	Jul. 29-Aug. 2	M/F	7-17	\$275	\$50

Credit card payments are accepted and can be made in person at our facility, or
To register online, go to <http://www.justsportsamps.com/ursoccer/>

Parent or Guardian Consent:

Upon receiving your deposit, you will be mailed waiver release forms and insurance information. Each camper must complete both the waiver and insurance form prior to attending camp.

In consideration for allowing my son/daughter to participate in the Rochester Soccer School, I, as his/her parent/guardian, represent and affirm to the Rochester Soccer School that:

- I understand that participating in athletics and other camp activities involves a risk of injury or other harm.
- All such risks are being assumed knowingly and voluntarily, including but not limited to those associated with travel to and from camp activities.
- I will not hold the University of Rochester, its employees and agents, camp directors and staff members responsible for any injury or other harm that results from participation in the camp, unless the injury or harm is caused intentionally or by gross negligence.
- My son/daughter is in good health and has no physical condition that would prevent him/her from participation in the camp.

Parent's Printed Name: _____
 Signature: _____ Date: _____

Send to: Rochester Soccer School
 Goergen Athletic Center
 Rochester, NY 14627-0296

Non-profit Org.
 US Postage
PAID
 University of
 Rochester

ROCHESTER SOCCER SCHOOL

For over 25 years!

University of Rochester
 Goergen Athletic Center
 Rochester, NY 14627
 585-276-5105/585-276-5101

ROCHESTER

SOCCER SCHOOL



NSCAA All Region
 Bridgett Lang

ELITE CAMP I

JULY 8-11
 BOYS
 14-18 YEARS OLD

ELITE CAMP II

JULY 19-21
 GIRLS
 14-18 YEARS OLD

R 2013

DAY CAMP I

JULY 22-26
 BOYS & GIRLS
 7-17 YEARS OLD

DAY CAMP II

JULY 29-AUG 2
 BOYS & GIRLS
 7-17 YEARS OLD



NSCAA All Region
 Max Eberhardt



Chris Apple
Head Men's Soccer Coach
University of Rochester
12th year

- USSF "A" License
- NSCAA Advanced National Diploma
- UR Record 152-41-32

- 3 Time UAA Coach of the Year (2001, 2005 & 2007)
- 4 Time ECAC Champions (2001, 2002, 2003 & 2004)
- 2002 USYSA National Championship, Rochester Jr. Rhinos
- 2002 NSCAA National Boys Coach of the Year
- 3 Time Northeast Regional Coach of the Year (2003, 2005 & 2007)
- 4 UAA titles (2005, 2007, 2008, 2009)
- NCAA Tournament 2005, 2006, 2007, 2008, 2009, 2010 & 2012



Thomas Dardaganis
Head Women's Soccer Coach
University of Rochester
2nd year

Thomas "Sike" Dardaganis completed his second season as Head Coach of the Yellowjackets after having spent 14 seasons as Assistant Coach for his alma mater. Sike has also been the Head Coach for the U of R JV Women's Soccer Team since it began in 2004.

Sike has been very active in the Rochester soccer community since 1992. He currently coaches with Empire United Soccer Academy, previously known as the Rochester Jr. Rhinos Soccer Club. In 2002, he helped lead the U-15 boys to the United States Youth Soccer Association National Championship. Since 2003, his Empire U-16 to U-18 girls teams have advanced to the Region I Championships and captured titles at Adidas Blue Chip, CASL Showcase and Jefferson Cup.

In his first two years at the helm of UR Women's Soccer, the Yellowjackets spent multiple weeks in the NSCAA top 25 national rankings, won their 12th straight NSCAA Team Academic award, and had 10 players named All-UAA.

For More Information:

Call or email Chris Apple at (585) 276-5105/capple@sports.rochester.edu or Tom Dardaganis at (585) 276-5101/adardaganis@sports.rochester.edu.

Day Camp

The Rochester Soccer School believes that the "game" is the best teacher and that philosophy is evident at our camp. Daily activities include individual ball skills, small-sided games, group tactics and learning through playing. Emphasis will be placed on individual player development, gaining a better understanding of the game and most importantly having fun!

Players will be placed on teams according to age, gender and ability to ensure that campers are comfortable within their group. This also creates a healthy, challenging learning environment for each player. Campers will have the opportunity to learn from some of the best college soccer coaches and players in the region. The sessions are serious and intense, but we never lose sight of the fact that soccer is a game and the player's enjoyment is the number one priority.

Day Camps

Day Camp I: July 22-26 • **Day Camp II:** July 29-August 2

9:00 a.m. — 4:00 p.m. (lunch included)

Boys & Girls 7-17 years old

Cost: \$275 The price includes a delicious all you care to eat lunch every day and a camp T-shirt.

Online Registration for 2013!

Now you can register online, view the details of all the camps offered by Rochester Soccer School and take a look at the frequently asked questions page at www.justsportsamps.com/ursoccer.

Facilities:

The University of Rochester provides an outstanding environment for soccer including two new turf stadium fields and a new grass field which are all within walking distance of the dorms and dining center. Campers will also have access to an indoor fieldhouse, and additional grass fields.

Soccer Balls:

Daily activities include individual ball skills training, which requires every camper to have a ball. For those interested, we will be selling ADIDAS hand-sewn soccer balls for \$30. If you would like to purchase a ball at registration, please mark the appropriate box on the registration form.

Attend the Residential Elite or Day Camp as a Team!

A team camp option is available for High School and Club teams interested in living (Elite Camp only), training and competing together as a unit. Attending as a group is a great way to build chemistry, work on team tactics and get a head start on your season. In addition each player will receive a discounted registration fee! To learn more and register your team please call (585)275-5630 for the boys' team camp and (585) 276-5101 for the girls' team camp.

UR Elite Camp

The Elite Camp is a residential camp designed for high school age players. The camp combines individual skills with advanced team tactics to enhance the development of each player. Campers will be exposed to challenging training sessions to improve decision-making and speed of play. Competitive evening matches will also enhance development and provide players the opportunity to showcase their ability and potential to perform at the collegiate level. In addition to field instruction, the Elite Camp features a lecture series including topics such as: speed and strength training, dynamic stretching, sports psychology and the college recruiting process.

Individual attention and instruction are fundamental goals at the Elite Camp. Staff members are selected for their knowledge and passion for teaching the game. Campers will be instructed on the principles of zonal defending, possession, combination play, 1 v 1 play, counter attacking and finishing. Our coach to camper ratio is 1:8 and the staff is committed to one on one coaching and the personal development of every player. At the end of the camp each player will receive a written evaluation to guide them with their training and development after camp.

The UR Elite Soccer Camp combines outstanding facilities, exceptional coaches and high-level competition to be the premier soccer camp in upstate New York.

Goalkeeping Curriculum

Our goalkeeping staff will teach players the technical, tactical, mental and physical aspects of this crucial position. Individualized training will focus on: footwork, catching, distribution, angle play, high balls, decision-making and communication. The training experience is further enhanced as the goalkeepers are incorporated into small group training sessions and full field II v II matches. Our goal is to provide every goalkeeper with the tools they need to continue to improve long after the conclusion of camp.

UR Elite Residential Camps

Boys (14-18 years old): July 8-11 • Cost: \$495 (\$450 commuters)

Girls (14-18 years old): July 19-21 • Cost: \$395 (\$350 commuters)

Elite Camp includes: tuition, room and board on the beautiful University of Rochester campus and a camp T-shirt.

\$100 Deposit required with application.

Enrollment is limited to ensure quality instruction, so reserve your space now!

Daily Schedule

7:00am - Wake-up	1:30pm - Tactical training
7:30am - Breakfast	3:00pm - 6 v 6 games
9:00am - Technical training	5:00pm - Dinner
10:30am - Small-sided games	6:30pm - 11 v 11 Matches
12:00pm - Lunch	9:00pm - Lecture series