

Registration

Player's Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Emergency Phone _____
 Email _____
 Grade to enter in Fall 2009 _____
 Age during camp _____ Male Female
 Position: Field Player Goal Keeper
 Roommate request _____

Yes! I would like to purchase a hand-sewn ADIDAS ball for \$30 at registration (don't include payment now).

Yes! Please include me in the carpool listing (for Full Day Camp only).

Camp	Date	Sex	Ages	Fee	Deposit
<input type="checkbox"/> Elite I (commuter)	July 5-8	M	13-18	\$425	\$100
<input type="checkbox"/> Elite I (resident)	July 5-8	M	13-18	\$475	\$100
<input type="checkbox"/> Elite II (commuter)	July 9-12	M	13-18	\$425	\$100
<input type="checkbox"/> Elite II (resident)	July 9-12	M	13-18	\$475	\$100
<input type="checkbox"/> Elite III (commuter)	July 17-19	F	14-18	\$325	\$100
<input type="checkbox"/> Elite III (resident)	July 17-19	F	14-18	\$375	\$100
<input type="checkbox"/> Full Day Camp I	July 27-31	M/F	7-17	\$250	\$50
<input type="checkbox"/> Full Day Camp II	Aug. 3-7	M/F	7-17	\$250	\$50

Payment: Check Payable to Rochester Soccer School
 VISA MasterCard

Card #: _____ Exp: _____

Signature: _____

Amount enclosed \$ _____ (minimum deposit of \$50 for Day Camp and \$100 for Elite Camp is required).

To register online, go to <http://www.justsportsamps.com/ursoccer/>

Parent or Guardian Consent:

In consideration for allowing my son/daughter to participate in the Rochester Soccer School, I, as his/her parent/guardian, represent and affirm to the Rochester Soccer School that:

- I understand that participating in athletics and other camp activities involves a risk of injury or other harm.
- All such risks are being assumed knowingly and voluntarily, including but not limited to those associated with travel to and from camp activities.
- I will not hold the University of Rochester, its employees and agents, camp directors and staff members responsible for any injury or other harm that results from participation in the camp.
- My son/daughter is in good health and has no physical condition that would prevent him/her from participation in the camp.

Parent's Printed Name: _____

Signature: _____ Date: _____

Send to: Rochester Soccer School
 Goergen Athletic Center
 Rochester, NY 14627-0296

ROCHESTER SOCCER SCHOOL



ELITE CAMP I & II

I - JULY 5-8
 II - JULY 9-12
 BOYS
 13-18 YEARS OLD

ELITE CAMP III

JULY 17-19
 GIRLS
 14-18 YEARS OLD

R 2009

DAY CAMP I

JULY 27-31
 BOYS & GIRLS
 7-17 YEARS OLD

DAY CAMP II

AUG 3-7
 BOYS & GIRLS
 7-17 YEARS OLD



ROCHESTER SOCCER SCHOOL

For over 25 years!
 University of Rochester
 Goergen Athletic Center
 Rochester, NY 14627
 585-275-2185/585-275-6698

Non-profit Org.
 US Postage
PAID
 University of
 Rochester



Terry Gurnett
Head Women's Soccer Coach
University of Rochester
32nd year

- NCAA Division III All-time career wins leader
- NCAA Division III Coach of the Decade - 1980's
- 1986 and 1987 National Champions
- Career Record of 397-132-59
- 24 consecutive years in post-season (17 NCAA, 7 ECAC)
- 9 UAA titles (1987-1993, 1996, 1997, 2001, 2005)
- 29 consecutive years in the Top 20
- Has coached 29 All-Americans
- 9 Time Northeast Regional Coach of the Year (1986-88, 1992, 1993, 1997, 2001, 2003, 2005, 2006)
- 9 Time UAA Coach of the Year (1987-1991, 1993, 1997, 2001, 2005)



Chris Apple
Head Men's Soccer Coach
University of Rochester
8th year

- USSF "A" License
- NSCAA Advanced National Diploma
- UR Record 109-27-18
- 3 Time UAA Coach of the Year (2001, 2005 & 2007)
- 4 Time ECAC Champions (2001, 2002, 2003 & 2004)
- 2002 USYSA National Championship, Rochester Jr. Rhinos
- 2002 NSCAA National Boys Coach of the Year
- 3 Time Northeast Regional Coach of the Year (2003, 2005 & 2007)
- 2005, 2007 & 2008 UAA Title
- NCAA Tournament 2005, 2006, 2007 & 2008

For More Information:

Call or email Chris Apple at (585) 275-2185/
 capple@sports.rochester.edu or Terry Gurnett at
 (585) 275-6698/tgurnett@sports.rochester.edu.

Day Camp

The Rochester Soccer School believes that the "game" is the best teacher and that philosophy is evident at our camp. Daily activities include individual ball skills, small-sided games, group tactics and learning through playing. Emphasis will be placed on individual player development, gaining a better understanding of the game and most importantly having fun!

Players will be placed on teams according to age, gender and ability to ensure that campers are comfortable within their group. This also creates a healthy, challenging learning environment for each player. Campers will have the opportunity to learn from some of the best college soccer coaches and players in the region. The sessions are serious and intense, but we never lose sight of the fact that soccer is a game and the player's enjoyment is the number one priority.

Day Camps

Day Camp I: July 27-31

9:00 a.m. — 4:00 p.m. (lunch included)
 Boys & Girls 7-17 years old

Day Camp II: August 3-7

9:00 a.m. — 4:00 p.m. (lunch included)
 Boys & Girls 7-17 years old

Cost: \$250 The price includes a delicious all you care to eat lunch every day and a camp T-shirt.

New Online Registration for 2009!

Now you can register online, view the details of all the camps offered by Rochester Soccer School, view staff biographies, and take a look at the frequently asked questions page at www.justsportsamps.com/ursoccer.

Facilities:

The University of Rochester provides an outstanding environment for soccer. Campers will have access to an outdoor FieldTurf® stadium, indoor field-house, grass fields, swimming pool and video viewing rooms.

Soccer Balls:

Daily activities include individual ball skills training, which requires every camper to have a ball. For those interested, we will be selling ADIDAS hand-sewn soccer balls for \$30. If you would like to purchase a ball at registration, please mark the appropriate box on the registration form.

UR Elite Camp

The Elite Camp is a residential camp designed for the advanced player. The camp combines individual skills with advanced team tactics to enhance the development of each player. Campers will be exposed to challenging training sessions to improve decision-making and speed of play. Competitive evening matches will also enhance development and provide players the opportunity to showcase their ability and potential to perform at the collegiate level. In addition to field instruction, the Elite Camp features a lecture series including topics such as: speed and strength training, dynamic stretching, sports psychology and the college recruiting process.

Individual attention and instruction are fundamental goals at the Elite Camp. Staff members are selected for their knowledge and passion for teaching the game. Campers will be instructed on the principles of zonal defending, possession, combination play, 1 v 1 play, counter attacking and finishing. Our coach to camper ratio is 1:8 and the staff is committed to one on one coaching and the personal development of every player. At the end of the camp each player will receive a written evaluation to guide them with their training and development after camp.

The UR Elite Soccer Camp combines outstanding facilities, exceptional coaches and high-level competition to be the premier soccer camp in upstate New York.

Goalkeeping Curriculum

Our goalkeeping staff will teach players the technical, tactical, mental and physical aspects of this crucial position. Individualized training will focus on: footwork, catching, distribution, angle play, high balls, decision-making and communication. The training experience is further enhanced as the goalkeepers are incorporated into small group training sessions and full field II v II matches. Our goal is to provide every goalkeeper with the tools they need to continue to improve long after the conclusion of camp.

UR Elite Residential Camps

Boys (13-18 years old): July 5-8 • Cost: \$475 (\$425 commuters)
 Boys (13-18 years old): July 9-12 • Cost: \$475 (\$425 commuters)
 Girls (14-18 years old): July 17-19 • Cost: \$375 (\$325 commuters)

Elite Camp includes: tuition, room and board on the beautiful University of Rochester campus and a camp T-shirt.

\$100 Deposit required with application.

Enrollment is limited to ensure quality instruction, so reserve your space now!

Daily Schedule

7:00am - Wake-up	3:00pm - 6 v 6 games
7:30am - Breakfast	4:00pm - Swimming (optional)
9:00am - Technical training	5:00pm - Dinner
10:30am - Small-sided games	6:30pm - 11 v 11 Matches
12:00pm - Lunch	9:00pm - Lecture series
1:30pm - Tactical training	