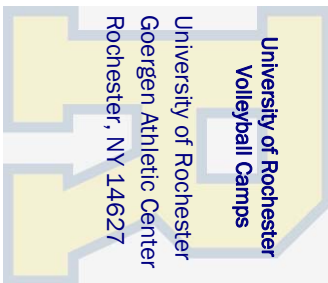


2009 SUMMER VOLLEYBALL CAMPS



University of Rochester 2009 Volleyball Camps



Session I

ELITE CAMP

July 24-26, 2009

Girls, Ages 15-18

SKILLS CAMP

July 24-26, 2009

Girls, Ages 10-14

Session II

SPECIALTY CAMP :

SETTER, HITTER, LIBERO

July 31– August 2, 2009

Girls, Ages 12-18

Questions? Please contact:

Ladi Iya, Head Volleyball Coach

Phone: 585-275-9461

Email: liya@sports.rochester.edu

Session I: Elite Camp (July 24-26)

Resident: \$300, Commuter: \$225

Designed for high level High School Varsity girls and club experienced players. Instruction includes advanced training in techniques of passing, setting attacking, serving and defense. Additional training is given in court movement, game strategy and competition situations. Campers are divided into courts based on skill level, age and experience. Sessions are conducted in the Goergen Athletic Center and there are 6 sessions in this camp. One session includes a recruiting seminar.

Session I: Skills Camp (July 24-26)

Resident: \$275, Commuter: \$200

Designed for beginning and intermediate level Junior High and High School girls. Instruction includes developmental training in techniques of passing, setting attacking, serving and defense. Additional training is given in court movement, game strategy and competition situations. Campers are divided into courts based on skill level, age and experience. Sessions are conducted in the Goergen Athletic Center and there are 6 sessions in this camp.

Session II: Specialty Camp: Setter, Hitter, Libero (July 31- August 2)

Resident: \$275, Commuter: \$200

Designed for specialized skill training at the beginning, intermediate and advanced levels for Junior High and High School girls. Instruction includes developmental training in techniques specific to each position and advanced strategies for each position. Additional training is given in game situations that bring all the positions together. Campers are divided into courts based on skill level, age and experience. Sessions are conducted in the Goergen Athletic Center and there are 6 sessions in this camp.

For all camps, registration fee includes camp instruction, housing (for resident campers), all meals (except breakfast for commuters) and a camp t-shirt.

Typical Daily Camp Schedule

*All times and schedules are subject to change

7:30 am Breakfast (for Resident Campers)
8:30 am All Campers depart dorms for Goergen Athletic Center
9:00-11:30am Morning Session
11:45 am All Campers return to dorms
12:00 pm Lunch
1:15 pm All Campers depart dorms for Alumni Arena
1:30-4:00 pm Afternoon Session
4:30 Free Time
5:30 pm Dinner
6:45 pm All Campers depart dorms for Alumni Arena
7:00-9:15 pm Evening Session
9:30 pm All Campers Return to dorms, commuter pick up
10:30 pm Resident Campers in dorms, lights out

Session I: Elite Camp & Skills Camp

*Check in at 4:30pm on July 24, Check out at 4:30 pm on July 26.

Session II: Specialty Camp (Setter, Hitter, Libero)

*Check in at 4:30 pm on July 31st, check out at 4:30pm August 2.

- A \$50 non-refundable deposit is required with application. The balance is due by July 17, 2009.
- Cancellation policy: Reimbursement of fee less the non-refundable deposit is available until July 1, 2009.
- Additional check in information will be sent to you upon receipt of your application.
- Questions? Please call 585-275-9461

Directions

For directions to the Palestra and Zornow Courts located in the Goergen Athletic Center, please visit www.rochester.edu/athletics and click on the "Visitor Information" link and select "Directions."

Coaching Staff

Our staff is comprised of the collegiate volleyball staff at the University of Rochester, NCAA collegiate coaches, collegiate student-athletes and high school and club coaches.



UR VOLLEYBALL CAMP REGISTRATION FORM

Name _____	Birth date _____
Address _____	

Phone _____	
Emergency Phone _____	
Email Address _____	
Roommate Preference: _____	
T-shirt size _____	Position _____
<input type="checkbox"/> Elite Camp (Resident) July 24-26 (girls 15-18)	\$300.00
<input type="checkbox"/> Elite Camp (Commuter) July 24-26 (girls 15-18)	\$225.00
<input type="checkbox"/> Skills Camp (Resident) July 24-26 (girls 10-14)	\$275.00
<input type="checkbox"/> Skills Camp (Commuter) July 24-26 (girls 10-14)	\$200.00
<input type="checkbox"/> Specialty Camp (Resident) July 31-August 2 (girls 12-18)	\$275.00
<input type="checkbox"/> Specialty Camp (Commuter) July 31-August 2 (girls 12-18)	\$200.00
Circle section for Specialty camp: Setter, Hitter, Libero	
Total: _____	

Method of Payment

Check: Payable to University of Rochester

Credit Card _____
Type of card (Visa, MasterCard, _____)

Credit Card # _____

Exp. date _____

Signature _____

Parent or Guardian Consent

In consideration for allowing my child to participate in the University of Rochester Summer Volleyball Camp, I, as his/her parent/guardian, represent and affirm to the University of Rochester that::

- I understand that participating in athletics and other camp activities involves a risk of injury or other harm.
- All such risks are being assumed knowingly and voluntarily, including but not limited to those associated with travel to and from clinic activities
- I will not hold the University, its employees and agents responsible for any injury or other harm that results from participation in the clinics, unless the injury or harm is caused intentionally or by gross negligence.

Parent/Guardian Name _____

Signature _____

University of Rochester
Volleyball Camps
Goergen Athletic Center
Rochester, NY 14627

Phone: 585-275-9461
Mobile: 716-289-6734
Fax: 585-461-5081

E-mail: liya@sports.rochester.edu