

University of Rochester

Athletic Department Personnel		Office Phone	Cell Phone	Home Phone (Emergencies Only)
Director/Chair	George VanderZwaag	(585) 275-4301		
Associate/Assistant	Andrea Golden	(585) 275-7209		(585) 385-6584
Facility Manager	Kris Shanley	(585) 275-6277		(585) 586-1775
Head Athletic Trainer	Eric Rozen erozen@sports.rochester.edu	(585) 275-9540, (585) 275-7973	(585) 721-0575	(585) 586-6826
Assistant Athletic Trainer	Shauny Caruso	(585) 275-4890		(586) 703-4498
Assistant Athletic Trainer	Angelo Zegarelli	(585) 275-3630	(585) 703-8003	
Team Physician	E. James Swenson	(585) 341-9257	(585) 220-0548 (pager)	
Ortho Consultants	Rob Bronstein John Goldblatt	(585) 275-7379	(585) 275-2222 Ask to page sports- medicine attending on call	

Routine Training Facilities and Treatment

Location Zornow Training Room - in the Goergen Sports Complex —(585) 275-7973 9 a.m.-1:30 p.m.
Fauver Training Room — (585) 275-9471 2:30 p.m. - 8:00 p.m.

Hours of Operation/Staff on Duty..... A.T.R Hours Mon.-Fri. 9:00 a.m. – 9:00 p.m. (Weekends and games as needed.)
Certified Trainer Available Monday – Friday 9:00 a.m. to 9:00 p.m.

To Arrange for Treatment, Taping, etc. If you have any special requests, or taping techniques please call, otherwise just send supplies. If you need access to modalities at times the training room is not open, please call. If you need us sooner than 1½ hrs. before games let us know.

Modalities Available (Prior Arrangement) .. Ice, heat, electrical stimulation, ultrasound, whirlpools.

Acute Care (Emergency) Procedures

Location of Emergency Phones Fauver Stadium — Northeast (River end) Palestra—main foyer
Fieldhouse—stairs near exit Goergen Center—Courts/pool wall.

Procedure On campus: Dial 13, or pick up any Sports and Recreation emergency phone or any *Blue Light* phone on campus — the phone will be answered automatically
Off campus: Dial 911 (with regular phones)

Response Protocol..... On campus, dial 13 — you will get the security department.
They will call the Medical Emergency Response Team (student first responders), or they will call 911 and escort an ambulance to the site of injury. In either case you are likely to get the MERT squad unless you specifically request that they not come.

Suggested Follow-up..... Call the training rooms — if we can help speed things up we will.
Report the injury to the Sports and Recreation information desk at the main entrance.

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Non-Acute Care (Non-Emergency) Procedures

DURING NORMAL HOURS: MONDAY–FRIDAY, 9:00 A.M. TO 9:00 P.M.

Facility to be Used Fauver training room – Fall, Spring; Palestra training room – Winter
Location Palestra in the Sports Complex; Fauver at football stadium
Phone (585) 275-7973
Ask for Eric, Shauny, or Angelo
Usual Procedure Athletes should be seen or referred by a certified trainer before receiving any treatments. First aid will be rendered by trainers (staff or student) as appropriate.

DURING OFF-HOURS: (AFTER 8:00 P.M. USE HOSPITAL FACILITIES)

Facility to be Used	University Health Service River Campus (9:00 a.m. to 8:00 p.m.)	University Health Service Medical Center — See below (After 8:00 p.m.)
Location	Susan B. Anthony Hall	Strong Memorial Hospital
Phone	(585) 275-2161	(585) 275-2222
Ask for	Nurse manager	Operator
Usual Procedure	Same as below	Ask operator to page UHS doctor on call

ALL-NIGHT PHARMACY:

Facility to be Used Rite Aid
Location 529 Monroe Avenue
Phone (585) 244-1711

FOR ATHLETIC STAFF ASSISTANCE : GEORGE VANDERZWAAG (585) 275-4301, JANE POSSEE (585) 275-6914, OR ANDREA GOLDEN (585) 275-7209

Campus Health-Service Facilities

Hours of Operation River Campus Unit — 9:00 a.m. to 8:00 p.m. when school is in session.
Location Susan B. Anthony Hall
Phone (585) 275-2161
Ask for The nurse manager.
Usual Procedure Call or walk in, tell the charge nurse the nature of the injury or illness and ask for help.

Alternate Facilities, Hospitals, Clinics

Facility University Health Service, Medical Center 275-2662
Location Strong Memorial Hospital
Convenient to UR Campus area
Additional Information Staffed with M.D.'s and nurses weekdays 8:00 a.m. to 5:00 p.m.

Facility Strong Memorial Hospital Emergency Department
Location 601 Elmwood Avenue
Convenient to UR Campus area
Additional Information If the injury is an orthopedic problem, you should ask for the orthopedic resident on call. They should speed up care and treatments.