

Opportunities for...

2000-2001

Health and Society Majors

What can I do with a major in Health and Society?



As this publication illustrates, you have many different career and internship options with a Health and Society major. The possibilities outlined here are some of the more common ones that Health and Society majors pursue after leaving the University of Rochester.

Are you interested in Human Services? Health-Related Business and Administration? Education? Medicine? General Business? Research and Analysis? The first steps toward attaining these goals are outlined in the following pages.

This publication identifies potential career fields, UR alumni, academic strategies, faculty interests, useful resources, action steps, and qualification statements designed to get Health and Society students thinking about the future. Information presented facilitates your researching career options, talking to alumni, discussing current trends with faculty, or speaking with a career counselor about internship and post baccalaureate opportunities. Those who find rewarding internships and post graduate employment set clear and realistic goals, clarifying what they want to do, where they want to do it, and the steps required to enter the field they have chosen.

Recognize that these are only some common internship and post graduate options for Health and Society students. Many other possible career tracks exist! In fact, Health and Society majors receive excellent training for a variety of different career fields; because they think carefully and analytically and write clearly and effectively. However, focus on a profession becomes important for Health and Society students precisely because they can accomplish many different career goals.

Additional resources may assist you with gaining focus. Check out the Hyman J.V. Goldberg Career Library in the Career Center. Make an appointment with a counselor to critique your resume(s) or discuss your focus. Talk with your academic advisor about your coursework that will enhance your career objective. Finally, discuss your career choice with a faculty member who may be able to refer you to additional resources.

UNIVERSITY OF
ROCHESTER
CAREER CENTER

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(716)275-2366 • Fax (716)461-3093
careers@mail.rochester.edu
<http://www.rochester.edu/careercenter>

Human Services

Advocacy	Community Relations	Mental Health
Social Work	Volunteer Coordination	Case Manager

Employers

- Colleges and universities
- Government agencies (including federal, state, city and county organizations)
- Non-profits
- Foundations
- Community organizations
- Charities

Academic/Job Search Strategies

- Gain experience through volunteerism and internships
- Supplement coursework with classes that develop analytical, writing, communication and computer skills
- Involve yourself in student groups on campus
- Consider an advanced degree

Alumni

- **Virginia Kasser**, Outpatient Therapist: Bridgeway
- **Trang Tran**, Case Manager: Intercultural Family Services
- **Laura Tobin**, Residence Manager: Learning Disabilities Association of the Genesee

Health-Related Business and Administration

Pharmaceuticals	Budget/Cost Analysis	Sales
Health/Hospital Administration	Program Evaluation	Accounting

Employers

- Colleges and universities
- Pharmaceutical companies
- Medical research firms
- Hospitals and health care providers
- Federal laboratories and regulatory agencies

Academic/Job Search Strategies

- Take additional courses in math, finance and computer technology
- Pursue a management certificate
- Develop technical writing and speaking skills
- Consider an advanced degree

Alumni

- **Nadine Benoit**, Administrative Coordinator: Sloan Kettering
- **Shelia Flaherty**, Director of Operations: Finger Lakes Comm. Care Network
- **Diane Paulercio**, Senior Cost Analyst: Beth Israel Medical Center

Teaching and Education

Public/Private	Higher Education
Non-Profits	Community-Based

Employers

- Public/Private Schools
- Colleges/Universities
- Third Party Private School Recruiters/Agencies
- Public/Private libraries, Universities, businesses, government agencies and bookstores
- National and local non-profit organizations

Academic/Job Search Strategies

- Gain experience through tutoring, summer camps jobs, or in child care centers for special populations
- Obtain certification to teach in public schools
- Investigate opportunities with Teach for America, Teach Abroad, AmeriCorps and/or Peace Corps
- Inquire about Teacher Assistant opportunities as an upper level student
- Ph.D. (to teach at a University)

Alumni

- **Juan Lopez**, Elementary School Teacher: Denver, CO
- **Marianne M LeBaron**, Guidance Counselor: Dunkirk City School District
- **Bob Stewart**, High School Special Education: Honeoye Central School
- **Stephen T Parente**, Assistant Professor: University of Minnesota, Dept. of Healthcare Management

Academic Internships

- American Heart Association
- American Cancer Society
- Compeer
- Threshold Center for Alternative Youth Services
- Clinton Avenue Hispanic Outreach Center
- Healthy Moms Program
- Prevention Partners
- Planned Parenthood

Summer Internships

- Pro-Choice Public Education Project, Port Chester, NY
- “Up 'til Dawn”, ALSAC / St. Jude Children's Research Hospital
- The Mentor Connection, Rochester
- Cancer Action, Inc., Rochester
- Africare, Africa
- Neighborhood Housing Services of Rochester
- Corporations for National Service, Washington, DC

Related Web Sites

Nonprofit Career Center
www.idealists.org/career.html

Goodworks
www.essential.org/goodworks/

U.S. Department of Health & Human Services home page
www.hhs.gov/v

Community Career Center
www.nonprofitjobs.org/

Academic Internships

- Finger Lakes Blue Cross/Blue Shield
- Strong Memorial Hospital, department administrators
- University Health Services
- Community Health Network
- Preferred Care

Summer Internships

- United Way, Rochester, NY
- Monroe County Long Term Care Program (ACCESS), Rochester, NY
- Dialysis Clinic Inc., Nashville, TN
- Clinical Directors Network, New York, NY
- Extencicare Health Services, Inc., Milwaukee, WI

Related Web Sites

America's Health Care Source
www.HealthCareSource.com/

Health Network USA
www.hnusa.com/

Absolutely Health Care
www.healthjobsusa.com/

Academic Internships

- Hillside Children's Center
- Hearing and Speech Center

Summer Internships

- The Library of Congress
- The Mentor Connection Rochester, NY
- National Foundation for the Improvement of Education
- The Princeton Review
- Attention Deficit Hyperactivity Disorder Program (ADHD) Buffalo, NY
- CAB/Girls Club of NY Bronx, NY
- YMCA Of Greater Rochester
- Northwest Family YMCA
- Rochester-Monroe County Youth Bureau
- Big Brothers/Big Sisters, (many locations)

Related Web Sites

AAHE: American Association for Health Education
www.aahperd.org/aahe/aahe-main.html

Certification Requirements
www.academicemploy.cfm/certif.cfm

Education Jobs Page
www.nationjob.com/education

Health Education Professional Resources
www.nyu.edu/education/hepr/

Health Education Research
her.oupjournals.org/

Medical Care Professions

General Medicine

Rehabilitation

Nutrition

Health Education

Employers

- Professional schools (colleges of pharmacy, dentistry, medicine, etc.)
- Clinics and hospitals
- Private research foundations
- Public health departments

Academic/Job Search Strategies

- Look for positions in patient care offices through student employment
- Develop oral and written communication skills
- Become comfortable working with others and in groups
- Acquire advanced degree in area of specialization (i.e., M.D.)
- Volunteer at Strong Memorial Hospital or other area medical facilities

Alumni

- **Susan Szimonisz**, Physician: Baystate Medical Center
- **Eric Lavonas**, Emergency Physician: Emergency Medicine of Indiana
- **Rebecca Mack**, Senior Psychiatric Rehabilitation Practitioner: Rochester Rehabilitation Center

General Business

Consulting

Finance

Human Resources

Marketing

Sales

Advertising/PR

Employers

- Commercial and Investment Banks
- Financial Firms
- Consulting Firms
- Advertising and Public Relations Firms
- Trade Associations
- Credit Unions

Academic/Job Search Strategies

- Acquire computer skills
- Develop organizational skills and attention to detail
- Pursue a management certificate
- Join campus organizations and/or professional associations
- Obtain summer or part-time work in your field of interest

Alumni

- **Sujeet Karna**, Analyst: Andersen Consulting
- **Amy Lesch**, Consultant Relations Liaison: John Hancock Funds
- **Tracy Duberman**, Consultant: The Hay Group

Research & Analysis

Program Evaluation

Community Studies

Policy Analysis

Clinical Research

Employers

- Colleges and universities
- Hospital and health care providers
- Government agencies
- Non-profits
- Private corporations
- Independent research foundations
- Industry laboratories
- Pharmaceutical firms
- Clinical research firms

Academic/Job Search Strategies

- Obtain summer research positions
- Strengthen analytical skills and knowledge of research methodology
- Develop work habits that are systematic, precise and patient
- Consider an advanced degree

Alumni

- **Lauren Dashef**, Research Associate: National Association of County and City Health Officials
- **Daniel Ollendorf**, Senior Analyst: Policy Analysis, Inc.
- **Stephen Parente**, Senior Research Director: Project Hope Center
- **Patricia Williams**, Research Analyst/Program Evaluation Consultant: Family Preservation Evaluation Project

Academic Internships

- Planned Parenthood
- Mt. Hope Family Center
- Monroe Community Hospital
- Alzheimer's Association
- Anthony Jordan Health Center
- Corpus Christi Center
- Downtown Health Care Center
- Highland Hospital Family Medicine

Summer Internships

- Pediatric AIDS Foundation
- American Cancer Society, Media, PA
- American Corp. Health Programs, Exton, PA
- Children's Hospice International, Alexandria, VA
- University of Rochester Medical Center, Rochester, NY
- National Institutes of Health (NIH), Bethesda, MD

Related Web Sites

National Institutes of Health
www.nih.gov

University of Rochester Medical Center
www.urmc.rochester.edu/jobs.html

The American Medical Women's Association (AMWA)
www.amwa-doc.org/

The MEDguide
www.medguide.net/

Academic Internships

- H & R Block
- Salomon Smith Barney
- Fair Business Council of Rochester
- Paychex
- Al Sigl Center (Marketing/PR)
- Prudential Securities
- Merrill Lynch (London)
- First Investors Corporation

Summer Internships

- GTE
- Hallmark Cards
- Northwestern Mutual Life
- Proctor and Gamble
- KCSA Public Relations
- Deloitte & Touche
- JP Morgan & Co.
- Wells Fargo Bank

Related Web Sites

Business Job Finder
www.cob.ohio-state.edu/dept/fin/osujobs.htm

100 Jobs on Wall Street
www.globalvillager.com/villager/WSC.html

Rochester Business Journal
www.rbj.net

Academic Internships

- Legal Services Network for the Elderly
- Society for the Protection and Care of Children
- Needle Exchange Program
- Monroe County Dept. of Health
- Finger Lakes Health Systems Agency
- Monroe County Medical Examiner's Office

Summer Internships

- Citizens' Environmental Coalition, Albany, NY
- United Way, Rochester, NY
- Wells Fargo Bank
- Brandeis University, Law, Medicine and Health Policy Internship and Seminar, Waltham, MA
- Empower America, Washington, DC
- Office of Special Investigations Criminal Division, Washington, DC
- Children, Youth & Family Council Educational Consortium, Philadelphia, PA

Related Web Sites

Health Education Research
her.oupjournals.org/

Sites with Health Services Research and Public Health Information
depts.washington.edu/~hsic/subject/p-subj.html

Center for Health and Public Policy Studies
chpps.berkeley.edu/

Suggested Academic Strategies

(in addition to or instead of a major or minor in Health & Society)

There are suggested academic supplements and clusters related to your academic program and career interests. For more information on any of these programs or for individual assistance, please see your academic advisor.

Human Services

Clusters in:

- Gender, Science and Health
- Health, Medicine and Society
- Psychopathology
- Social History
- Community Studies

Health-Related Business and Administration

Consider certificate in Management Studies

Clusters in:

- Applied Economics
- Business Computers
- Organization

Education

Warner Certificate Program

Philosophy & Teaching Internship

Cluster in:

- Social/Emotional Development
- Health, Medicine and Society
- Social Psychology

Medical Care Professions

Clusters in:

- Health, Medicine and Society
- Gender, Science and Health
- Medical Anthropology
- Psychopathology

General Business

Consider certificate in Management Studies focusing on:

- Public Sector Analysis
- Information Systems
- Accounting/Finance

Clusters in:

- Macroeconomics
- Advanced Microeconomics
- Organization
- Business Computers

Research and Analysis

Consider certificate in Management Studies focusing on:

- Public Sector Analysis

Clusters in:

- Science and Technology by Inquiry
- Legal Studies
- Math and Statistics for the Social Sciences
- Public Policy

Health & Society Faculty

This section highlights the research and academic interests of the Health & Society faculty members. The Career Center staff encourages you to interact with faculty members and to consult them when considering research projects, graduate schools, and career opportunities. For office hours and locations, call the Health & Society administrator, Joan Davis at 275-2354. For more detailed information about Health and Society check out their website:

<http://www.cc.rochester.edu:80/College/hls/>

Theodore Brown (History) Ph.D., Princeton University, 1968, Fields of interest include: Intellectual, institutional and political history of medicine. Specifically interested in the history of American psychiatry and psychosomatic medicine and the study of organized American philanthropy and its influence on medical research, health care policy, and medical education

Anthony Carter (Anthropology) Ph.D., Cambridge University, Has done fieldwork in India on rural social structure and politics. Also investigated children's acquisition of culture in India and the United States. Current research concerns social processes involved in changing birth and death rates.

Andrew Dick (Political Science), Ph.D., Stanford, Current research investigates the role of employment-based health insurance, programs that extend health insurance to children, the effects of managed competition on health care markets, and the consequences of implicit taxes in college financial aid laws on savings.

Bruce Jacobs (Political Science), Ph.D., Harvard, Interests are public policy and organizational behavior. Research focuses on domestic social policy in the areas of aging, housing, and poverty.

Edward Wierenga (Religion and Classics), Ph.D., University of Massachusetts, Interested in philosophy of religion, ethics, and philosophical theology

Dean Harper (Sociology), Ph.D., Columbia

Charles Phelps (Provost's Office)

Kevin Hart (Dean's Office College Admissions), Adjunct

Tener Veenema, Adjunct

Bethany Einstein, Adjunct

Next Steps...

- 1. Set and Articulate Goals.** Can you state what you want to do and where you want to obtain your internship or employment? This involves pResearch of fields and functions. Stop by the Hyman J.V. Goldberg Library in the career center to learn more about careers for Health & Society majors. The career library has excellent resources for Health & Society majors including a wide variety of books related to health and human services. If you are still unsure about your goals, make an appointment with a counselor to discuss your options including participating in the Values, Interests, Personality, and Skills (VIPS) program designed to help students articulate their goals through self-assessment and pResearch.
- 2. Discuss your options with others.** Have you visited your academic advisor in either Academic Support (5-2354)? Discussed possibilities with faculty members associated with the Health and Society program (see a list of faculty members on page 7)? Finally, have you visited the career center to use Alumni Career Source--a database that links friendly alumni with students seeking career information?
- 3. Develop Job Search Tools.** Resumes, cover letters, and follow-up correspondence--project goals and qualifications via well written job search documents. The career center has Macs's and PC's to assist you with the production of job search correspondences. In addition, the career center library staff is available to assist you in any stage of resume writing and an appointment with a career counselor can help fine tune any resume.
- 4. Seek out opportunities for experience including internships and volunteer experiences.** Have you developed a "hit list" of potential employers using directories and other printed and on-line resources to develop a list of places you would like to work? Initially, phone communications can identify the nature of jobs and internships within organizations, the availability of opportunities, the people to contact, and the procedures to follow. As always, the career center has many resources to aid in the search for potential employers including The Job Bank series, Books of Lists, The Internship Bible and many more. Skilled professionals are available in the library and by appointment.

Qualification Statements...

(used by Health & Society majors on their resumes)

- Experience working on healthcare issues with the public in recreational and counseling programs. (General Health)
- Ability to be patient and flexible demonstrated by experience in classroom and recreational settings. (Education)
- A high level of resourcefulness, coupled with the ability to manage multiple concurrent projects (Research and General)
- Research, sales, and customer service skills acquired through courses and employment. (Business)
- Capacities to utilize financial data and specific analytical techniques to project trends and potential outcomes (Administration and Business)
- Experienced working with physicians, health care professionals and patients (Medical and Business)

Credits

- Information in this publication was inspired by "Translating majors/areas of interest into career paths/fields" University of Tennessee - Knoxville Career Center and the Career Center Web pages from The University at Buffalo and the State University of New York at Oswego.
- Developed by Emily Teeple and The University of Rochester Career Center Staff, 2000.