FELLOWSHIPS & SCHOLARSHIPS: Learn about national and international academic competitions for students in various majors. Programs provide funds that can be used for undergraduate and graduate study in the U.S. and abroad. Find out what's available, how and when to apply, how to prepare a competitive candidacy. Pick up informational and application materials.

Forthcoming: Upcoming Spring 2015 Information sessions can be found at:
http://www.rochester.edu/college/studentfellowships/workshops.html

HEALTH PROFESSIONS ADVISING: Are you interested in a career within the healthcare field? Take advantage of these seminars offered by the Health Professions Advising Team to learn about the variety of careers available, ways to gain relevant experience, and the application process. Be sure to join the HP listserve by visiting our website: http://www.rochester.edu/college/ccas/health/contact.html. Quick questions may be sent to: urhealthprofessions@UR.rochester.edu.

Spring 2015 Seminars:

January:
Monday, 1/19 @ 1:00 pm: Health Professions Questionnaire (HPQ) 101 (mandatory for students applying to med school)
Thursday, 1/22 @ 9:00 am: HPQ 101 (mandatory)
Monday, 1/26 @ 5:00 pm: HPQ 101 (mandatory)
Friday, 1/30 @ 2:00 pm: Gaining Clinical and Research Experience

February:
Thursday, 2/5 @ 2:00 pm: Careers in the Health Professions
Thursday, 2/12 @ 2:00 pm: Gaining Clinical and Research Experience

March:
Wednesday, 3/4 @ 2:00 pm: Careers in the Health Professions
Thursday, 3/5 @ 1:00 pm: Letters of Recommendation
Monday, 3/16 @ 4:00 pm: Gaining Clinical and Research Experience
Wednesday, 3/18 @ 1:00 pm: Letters of Recommendation
Friday, 3/20 @ 2:00 pm: Personal Statement Workshop
Monday, 3/23 @ 12:00 pm: Glide Year Options
Monday, 3/30 @ 4:00 pm: Personal Statement Workshop

April:
Thursday, 4/2 @ 9:00 am: Glide Year Options
Friday, 4/3 @ 12:00 pm: Letters of Recommendation
Tuesday, 4/7 @ 9:00 am: Gaining Clinical and Research Experience
Thursday, 4/9 @ 1:00 pm: Personal Statement Workshop
Thursday, 4/16 @ 1:00 pm: Glide Year Options
Tuesday, 4/21 @ 9:00 am: Careers in the Health Professions

HOW TO DECLARE YOUR MAJOR: Come to the Gowen Room and get all of the details!

Wednesday, March 18 (6-7 pm)
Thursday, March 19 (5-6 pm)
KEY PROGRAM: Learn about the Kauffman Entrepreneurial Year program, its guidelines, and how you may want to proceed with your application. The application deadline is March 20th. The same information is presented at each meeting; you need only attend one. Meetings last approximately 45 minutes and will be held in Lattimore 306A.

| Wednesday, January 21 (4-5 pm) | Tuesday, February 10 (4-5 pm) |
| Thursday, January 29 (4-5 pm)  | Wednesday, February 18 (4-5 pm) |
| Thursday, February 5 (4-5 pm)  | Tuesday, February 24 (4-5 pm) |

TAKE 5 PROGRAM: All information about the Take Five Scholars Program and application process is now available through Blackboard in your Class Year Announcements module. In order to apply, eligible students must enroll themselves in the Take Five Blackboard module, review all content in the module, and then complete a quiz to access the Take Five online application. Only students who have successfully completed the quiz may contact Dale Hess (Take Five Program Administrator) at dale.hess@rochester.edu with questions.

Meetings are subject to change. Come to Lattimore 312 five minutes prior to the meeting time for directions to the meeting location.