HPQ Information Session

Spring 2012
UR Health Professions Advising
Agenda

※ When to apply to medical school
※ What is the HPQ?
※ What is the Health Committee Letter HCL?
※ HPQ Interviews
※ Timeline: Key dates, deadlines
※ Recommendations
※ Application Process
When to Apply

* When you are the best candidate

* Average age of first year student:
  * 24.5 in 2010

* Average statistics
  * UR historical data available online and in detail with HP advisers
When to Apply

Key qualities:

- Experience
- Academics
  - MCAT timing
- Knowledge of the field
HPQ
Health Professions Questionnaire

* Request a Health Committee Letter from the Health Professions Advising Committee
* Guided self reflection
* Application preparation
HPQ

* Web form: Full information
  * Professor/Researcher full title, complete location
  * Post-high school experience

* Resume

* Picture

* Personal Statement

* Letter Request
  * Interfolio.com, ONE LETTER SERVICE
HCL

What is it?
A recommendation letter
HCL

What is included?

Information from your Health Professions Questionnaire (HPQ)

Interaction and interview with health professions adviser, academic record

Activities inside and outside the classroom, applicant’s motivation

HC letters do not include information from other recommenders. (NOT a composite or packet)

Comprehensive recommendation from the College
HCL

Why should I get one?
- Medical schools expect one
- Other programs, CHECK

How do I get one?
- Complete the complete HPQ including the letter request form and the Interview
- Eligibility
- Letter is valid for one field, one cycle.
Timeline for HPQ/HCL

* March 23: Deadline to submit HPQ
* April 12-18: HPQ interview days
* May 1: AMCAS open for applicants
* May 20: Graduation
* June 1: Letter request form submitted to Health Professions electronically
  * AMCAS open for submissions
* August 15: HCL uploaded
HPQ Interviews

Your HPQ interview:

* Preparation
* Presentation
* Questions
* Feedback
Recommendations

* How Many?
  * 5-6

* Who?
  * 2 science faculty, PI, Major Advisor, Clinical supervisor, Practitioner

* When to Ask?
  * 4-6 weeks before you expect to submit your application (mid April)
APPLICATION PROCESS

* Review AMCAS or other application service
* Individual by school
* Primary: centralized verification
* Secondary application: Check, Essay
* Time expectations, turn in promptly
* Interview season: August- April
Application Timeline

* June: Submit Primary
  * Amcas to schools starting June 17

* July/August: Receive and submit secondary applications

* August 15: HPQ Letter sent

* September- April: Interviews

* May 15: Selection day, waitlists begin to move
Health Professions Advising

* Health Professions Website:
  * http://www.rochester.edu/college/ccas/health/
  * EMAIL: URhealthprofessions@rochester.edu