Helping Advisees
Explore and Take Action

August 2017
REFLECT & DISCUSS

Think about your career path: what are 2-3 actions you took or things that impacted your career decision?
WHAT DOES CAREER DEVELOPMENT LOOK LIKE FOR YOU?
CAREER = ACTIONS, EVENTS & DECISIONS

- Internship
- Senior Design Project
- Volunteer Work
- Interesting Class
- Informational Interview with a Professional
- Research on Careers

ACTIONS, EVENTS & DECISIONS

- Mentor Relationship
- Campus E-board position
- Research with faculty
- Volunteer Work
- Academic Probation & Changed Majors
- Summer Job
- Mentor Relationship
- Volunteer Work
- Summer Job
- Research with faculty
- Academic Probation & Changed Majors
- Campus E-board position
- Mentor Relationship
ACTIONS, EVENTS & DECISIONS

Campus Athletics
Major, Minor & Clusters
Study Abroad
Internship
Campus Club
Networking with Alumni
CAREER DEVELOPMENT STARTS EARLY

As advisors, how can we help our students on their path to major and career decisions?

• Encourage & facilitate:
  • active exploration
  • open-mindedness and adaptability to unexpected events
  • risk-taking

• Remember the non-linear nature of careers
DISCUSSION

As advisors, what kinds of questions can we ask students to prompt active exploration?

• Are there certain academic options or career paths you are considering?

• What are some actions you can take (in the next 24 hours, this semester, etc.) to explore academic and career possibilities?

• Have you considered finding an on-campus job, volunteer, internship or research position?

• Have you thought about getting involved on campus?

• What do YOU think career development looks like?
WHAT IS CAREER READINESS?

CAREER COMPETENCIES

1. CRITICAL THINKING/PROBLEM SOLVING
   Exercise sound reasoning to analyze issues, make decisions, & overcome problems.

2. LEADERSHIP
   Leverage the strengths of others to achieve common goals & use interpersonal skills to coach & develop others.

3. ORAL/WRITTEN COMMUNICATIONS
   Articulate ideas effectively in written & oral forms to persons inside & outside of the organization.

4. CAREER MANAGEMENT
   Identify & articulate one’s skills, strengths, knowledge, & experiences relevant to the position desired & career goals, & identify areas necessary for growth.

5. TEAMWORK/Collaboration
   Build collaborative relationships with colleagues & customers representing diverse cultures, races, ages, genders, religions, lifestyles, & viewpoints.

6. GLOBAL/INTERCULTURAL FLUENCY
   Value, respect, & learn from diverse cultures, races, ages, genders, sexual orientations, & religions.

7. DIGITAL TECHNOLOGY
   Leverage existing digital technologies ethically & efficiently to solve problems, complete tasks, & accomplish goals.

8. PROFESSIONALISM/WORK ETHIC
   The individual demonstrates integrity, acts with the interests of the larger community in mind, & is able to learn from their mistakes.
CAREER COMMUNITIES

- Exploratory
- Arts, Entertainment, Communications, Marketing, and Media
- Consulting, Finance, Operations, and Sales
- Engineering, Technology, Data, and Physical Science
- Healthcare, Human Services, and Biomedical Research
- Law, Policy, and Social Good
REFER STUDENTS TO THE CAREER CENTER

• 1-1 Advising Appointments
• Drop-ins with Peer Career Advisors M-F 1-4pm
• Engage with Career Communities and events in Handshake
• CAS 104: Career Exploration course

REFER A STUDENT
You refer, we reach out!
Faculty and staff do you know of a Rochester undergraduate or graduate student that could use our assistance? Refer them to us using our online form.

LEARN MORE
UPCOMING LUNCH & LEARNS FOR ADVISORS

“CAREER CONVERSATIONS WITH YOUR ADVISEES”

• Thursday September 21st, 12-1pm
• Friday October 27th, 12-1pm

Are there other topics you’re interested in? Let us know!
Careers are not ladders. Careers are jungle gyms.

Questions?