

Student Organization Officer Track

These workshops are recommended to provide the resources important to students who hold an officer position within a student organization. If you plan to *Level Up Your Leadership*, you can use these workshops to complete the requirements for levels one, two, and three of the Medallion Program.



Level One Requirements: Complete the Opening Session and one additional program from each of the five domains listed below.

Opening Session

Understanding Leadership

Knowledge Acquisition

- Running Effective Meetings
- Intercultural Communication and Awareness

Intrapersonal Development

- Values
- Leadership Styles

Cognitive Complexity

- Introduction to Decision Making
- Implicit Bias
- Finding Success Through Delegation and Accountability

Practical Competence

- Utilizing Technology
- Setting S.M.A.R.T. goals
- Active Listening Skills

Civic Engagement

- Safe Zone Training
- Transformational Partnerships
- Ethical Decision Making and Leadership

You can request any session for your organization (10 people required). Search for "Request a Workshop" form on the Medallion Program CCC page.



Level Two Requirements: Complete the Opening Session and five additional workshops from the Interpersonal Competence Domain.

Opening Session

The Practices of Leadership

Interpersonal Competence

- Conflicts 101: Harnessing the Power of Ideas
- Non-Violent Communication
- Teambuilding: Learning Different Strategies and Practicing Them
- Motivating the Middle
- Transitioning Leadership
- Advanced Goal Setting: Keep Calm and Get Stuff Done
- 3 Keys to Building and Leading Successful Collaboration and Co-Sponsorship



One option for fulfilling Level Three is to complete a specialized project that focuses on leadership in a particular area. This project can be created within a student organization area. You should contact Stacey Fisher

(<u>Stacey.fisher@rochester.edu</u>) to discuss the idea for your potential project. Possible projects include:

- Creating the curriculum for a Medallion Workshop specifically focuses on an aspect of student organization area
- Developing academic resources to support students career competences
- Address a major issue affecting student organizations on campus and at the national level

Medallion Leadership Society

A group of students dedicated to leadership. The society educates their peers to realize their leadership potential and become engaged members of the campus and surrounding communities, in an effort to achieve positive social change. Members in the society will participate in committees, have opportunities to meet with deans, and plan leadership programs for the Office of the Dean of Students (ODOS).



For more information about the Medallion Program visit rochester.edu/college/medallion