

ALPHA PHI

Scholarship

Individuals own their education; learning is not the property or responsibility of social groups. We approach issues with an open, critical and searching mind and engage others within and outside our organization to promote learning.

We support “real learning,” which reflects the shift from memorization to conceptual understanding. Real learning is reached through exploration and information gathering, reflection, discussion, evaluation, and informed decision making. Learning requires time management, engagement with campus resources, and involvement in the larger College community of scholars.

Standard	Where did you rank yourself in March 2006?	Plan for Year	Did you achieve your plan? How did you achieve your plan? Note any changes and reasons.	Where do you rank now?
<p>1. We demonstrate that we respect the educational goals of each individual.</p> <p><i>Examples: programs which address individual members' interests, monitoring and modifying fraternity/sorority time commitments which prohibit interference with academic pursuits.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 1 – Very </p>	<p>One of our fraternity's goals is academic excellence, and we strive to reach it many different ways. We currently host study hours for all members during the new member program.</p> <p>Plan for the Year: Throughout the semester, host weekly study hours for sisters and pair up sisters who have common academic interests and goals. Send out weekly academic announcements of lectures and academic talks on campus.</p>	<p>We did not achieve the plan laid out; instead we decided it would be better to fully understand the University's philosophy of academic achievement. Previously we took a direct responsibility for individuals' academics through GPA requirements and structured study hours. This structure had potential to limit members' involvement in the chapter and campus.</p> <p>Accomplishments: 1. GPA Requirement: Our chapter GPA requirement has been removed and we do not ask sisters or the administration for confidential grade point averages. We respect the University's academic philosophy and support individual growth 2. “Academic (A) Days”. A Days, a newly established program, is a time we distinguish each week that other Alpha Phi activities can not be planned. It allows sisters to focus on their academics in a setting they choose, whether it be the library with a sister, or working on a group project at the lab. 3. Points System: Chapter events are outlined by their importance. Sisters are not asked to attend all events, and the chapter is aware that</p>	<p> <input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

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			<p>academic commitments may take precedence over chapter events. <i>Please see attached system 4. Web-based calendar: This is a feature currently underway and is designed to promote ease of involvement for sisterhood. This will also better outline which events are mandatory, recommended and optional for the sisterhood. 5. We believe our chapter's involvement on campus and in the community should reflect our individual members' desires. We have taken input from sisters and have allowed all members to plan events, regardless of their title. Examples include: Scare Fair games-based on a sister's initiative, we designed, created, and will host games with Sigma Phi Epsilon during the Library's Scare Fair on Oct. 31st. <i>Allows us to build a relationship with the librarians and increase community service.</i> Annual Autism Walk: We have participated in the Rochester's Autism Walk for the past two Septembers. It allowed a sister's passion for increasing Autism awareness, to affect the whole chapter. <i>The walk allowed us to interact with the Greater Rochester Community.</i> Cardiac Care Week: This week long event (February 11th-16th) is based around Cardiac Care Month (February). We hosted table times in Wilson Commons to increase Cardiac Awareness through flyers, stress balls, and raffle tickets. The week was concluded with a Heart Healthy Dinner at Danforth. <i>We increased our involvement with the Alpha Phi Foundation, which supports</i></i></p>	
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			<p><i>Cardiac Care, planned an event with Dining Services, and increased campus awareness. Stem Cell Research Foundation Fundraiser Party: Through financial and advertising support, and attendance, we supported the recent (Oct. 26th) fundraiser. A member was assisting in the planning and engaged the chapter's involvement. <i>Sponsored an event with other Fraternities and Sororities along with SUBS.</i></i></p>	
<p>2. We support real learning through advocacy of and sponsorship with College programs and offices.</p> <p><i>Examples: Writing Fellows, workshop leaders, Learning Assistance Services, the College Center for Academic Support, the Career Center, teaching assistants.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>	<p>Our chapter currently has a large number of writing fellows, workshop leaders, and teaching assistants from a variety of departments. We encourage utilizing the services of the career center along with assisting each other in receiving internships and jobs. We take pride in our academics as a chapter and as individuals. We recognize our sisters are at the University to receive an education above all. We have a GPA requirement to ensure that we meet our personal academic goals.</p> <p>Plan for the Year: <i>October:</i> Before midterms, host an event with the Writing Center and LAS about writing techniques and positive studying habits. <i>December:</i> To end the year on a good note by hosting an event with the Career Center and Financial Aid office to discuss future planning (jobs, internships, financial balance). <i>Semesterly:</i> To ensure all sisters meet the GPA requirement, we will host study hours and make academic buddies (with similar majors). We will encourage peer mentoring and</p>	<p>Similar to Scholarhsip Standard 1; we did not meet this standard but redesigned our approach to academics. Through integration of the University's resources with those provided by the chapter, we best met the needs of our members. By not meeting our plan, we did not organize as many events as desired, but we changed our viewpoint which is more important as an initial step. Accomplishments: 1. Time Management Event with counselor from LAS. It was originally scheduled for Oct. 18th, but due to the counselor's unexpected unavailability. We have rescheduled the event for Nov. 1st. This event is limited to the chapter by LAS to ensure small group discussions and addressing of individual needs. We have future plans of hosting a similar event for the campus community. 2. Publicizing Your Student Group through the Rochester Center for Community Leadership. We co-sponsored this event, with RCCL, on March 2nd and learned ways to increase campus and community marketing. 3. Teaching Assistants, Writing</p>	<p> <input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

		<p>assistance. ~Also refer to Community Building and Leadership 2.</p>	<p>Fellows, Career Center assistants, Workshop Leaders are numerous within our chapter and we continue to encourage sisters to take these leadership roles within the college.</p>	
<p>3. We promote the development of educational opportunities that include the broader campus community and our members.</p> <p><i>Examples: discussions on academic topics of interest, workshops on applying for internships and fellowships, programs preparing for graduate and medical school.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 1 – Very </p>	<p>As part of our programming we have found that by extending our educational opportunities to the campus community we improve our members' education.</p> <p>Plan for the Year: <i>October:</i> Before midterms, host an event with the Writing Center and LAS about writing techniques and positive studying habits. Plan a dance lessons night with S.A.L.S.A. during National Hispanic Heritage Month. <i>January:</i> As part of recruitment sure our project on philanthropy day fully explains why community service is a vital part of the Fraternity and Sorority community.</p>	<p>We achieved this plan with some modifications. Accomplishments: 1. Time Management Event with counselor from LAS. It was originally scheduled for Oct. 18th, but due to the counselor's unexpected unavailability we have rescheduled the event for Nov. 1st. <i>This event is limited to the chapter by LAS to ensure small group discussions and individual needs from the suggestion of LAS.</i> 2. Publicizing Your Student Group through the Rochester Center for Community Leadership. We co-sponsored this even with RCCL on March 2nd and learned ways to increase campus and community marketing. 3. UR Medical School Speaker was presented as co-sponsorship with Chi Phi Fraternity on Oct. 5th. <i>This event replaced our S.A.L.S.A. event in October.</i> 4. Fraternity and Sorority Philanthropy Day during Greek Week will allow all chapters to show the campus their philanthropic activities. This event is sponsored by Alpha Phi, Delta Upsilon, Lambda Phi Chi, Pi Delta Psi, Sigma Delta Tau, and Sigma Phi Epsilon but is designed to involve the whole Greek community. It will take place on Nov. 17th. <i>It is an expansion of our idea to improve campus awareness of Fraternity and Sorority Philanthropic work.</i> 5. Study Break with Alpha Phi: We hosted a study break in Friel</p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

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			Lounge during finals week last spring (May 8 th). It gave sisters and underclassmen a chance to take a break from studying and enjoy some candy and cookies.	
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Community Building and Leadership

We support the university understanding of community: "The University of Rochester envisions itself as a community that welcomes, encourages, and supports individuals who desire to contribute to and benefit from the institution's missions.... Members of the University's community come from different geographical areas, represent differences in ethnicities, religious beliefs, values, and points of view; they may be physically different, have different intellectual interests, or have different abilities. The University not only welcomes such differences in the members of its community but, in fulfilling its own missions and in preparing the leaders of tomorrow's world who will necessarily be operating in an equally wide-ranging environment, it actively seeks to recruit and include them in all aspects of the institution's operations."
(<http://www.rochester.edu/diversity/mission.html>)

We build a strong inclusive community through relationships and partnerships with diverse student groups and community organizations, both in The College and beyond campus, in an atmosphere of trust, cooperation, and respect.

Standard	Where did you rank yourself in March 2006?	Plan for Year	Did you achieve your plan? How did you achieve your plan? Note any changes and reasons.	Where do you rank now?
<p>1. Just as we promote the values, history, achievements, efforts, and traditions of our chapter and of the larger fraternity and sorority community, we also respect the values, history, achievements, efforts, and traditions of other organizations.</p> <p><i>Examples: collaboration with the College's New Member Orientation Program, participation in Meliora Weekend, collaboration and participation with other groups' activities.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>	<p>Our chapter strongly believes in our founders' aims and ideals of promoting fellowship, leadership, and community kindness. We demonstrate these goals by leading our own and participating in other student organizations' events and participating in philanthropic events and University sponsored events (including Meliora Weekend).</p> <p>We also find that we can improve our community through philanthropic activities both within the chapter and community wide. Alpha Phi International was the first Greek organization to establish an international foundation. The Alpha Phi Foundation supports cardiac care and research along with helping sisters in need. We currently have two major</p>	<p>We proudly met our standard and accomplished a few more events. 1. Cardiac Care Week: Cardiac Care week (February 11th-16th) raised over \$450 dollars for cardiovascular research. We engaged many local businesses in our raffle, strengthening community ties. The "Eat Your Heart Out", heart healthy dinner was co-sponsored with UR Dining Services at Danforth and MERT. It was well-attended, and we're looking to make further improvements to the event in 2007 via increased synchronization with other campus groups. We also volunteered at the American Heart Association's Rochester's Heart Ball Benefit Dinner and will continue to do so in the future. 2. Participate in events important to other campus</p>	<p> <input checked="" type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

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		<p>philanthropic events on campus along with volunteering throughout the community. We will be establishing a more consistent philanthropic program to have monthly philanthropy events within our chapter.</p> <p>Plan for the Year: <i>February:</i> For National Cardiac Care Week, we will be raffling off prizes, passing out cardiac health information, make stress balls, host a <i>Eat Your Heart Out Dinner</i> on campus, and work with MERT to give free blood pressure readings. Volunteer at American Heart Association's Heart Ball. <i>April:</i> Organize teams or groups of sisters to participate in philanthropic events on campus (including AnchorSplash, Phi Tug, Relay for Life, and Shamrock Project). Continue this habit throughout the fall semester. Make dinner at the Ronald McDonald House. Participate in Relay for Life. <i>September:</i> Participate in intramural sports. <i>October:</i> Host events during Meliora Weekend to attract a greater number of our alumnae. Complete a community service event with Alpha Phi Omega <i>November:</i> <i>AlphaTraz</i> concert and fundraising event.</p>	<p>groups: Alpha Phi sent supporting teams to AnchorSplash, Phi Tug, & Relay for Life in the Spring. We attended Shamrock Project and concerts for Vocal Point, After Hours, the Ramblers and the Jackets. We also attended sporting events in which sisters were involved (Softball, Track, Tennis). In the fall, we plan to participate in MoonBall, College Bowl, and the Stem Cell Research fundraiser. 3. Ronald McDonald House: Alpha Phi has enjoyed volunteering at the Ronald McDonald House for many years. We made dinner on April 19th and brunch on April 23rd 4. Meliora Weekend: Not only were Alpha Phi sisters prominent in many of the performances over Meliora Weekend, the Fraternity sponsored a 15th Anniversary dinner at Burgundy Basin on Friday and a brunch on Sunday for returning alumni and parents. The Alumni Coordinator was responsible for 9 months of outreach and marketing of this event prior to its execution. We worked closely with the Alumni Office on campus to make the event a success. 5. Alpha Traz: AlphaTraz currently has commitments from 14 different campus organizations to participate. We also have two student musical groups and 2 local musicians scheduled to perform. 6. Fraternity and Sorority New Member Orientation: In the Spring 2006 our new members participated but our chapter decided to have a greater involvement during Fall 2006. A sister was on student committee to help plan</p>	
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			<p>“Behind Close Doors” skits and seven members presented the skits during the Orientation. This allowed us to co-sponsor the event with OFSA even though we do not have a new member class this fall.</p>	
<p>2. We promote individuals’ search for purpose and passion. We acknowledge that our members have multiple identities and interests and support and nurture these identities.</p> <p><i>Examples: nurturing multiple identities such as being a resident advisor, an athlete, a workshop leader, or the provision of leadership opportunities within our organization for younger members.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 1 – Very </p>	<p>Our chapter seeks to find sisters with diverse backgrounds: religiously, geographically, ethnicity, beliefs, and values. By having a diverse chapter, we begin to break stereotypical beliefs and attitudes by allowing our members to express their personal purpose and passion.</p> <p>Plan for the Year: <i>September:</i> Co-sponsor a pancake breakfast with residential assistants in freshmen housing. <i>January:</i> As part of recruitment sure our project on philanthropy day fully explains why community service is a vital part of the Fraternity and Sorority community. ~Also refer to Scholarship 2.</p>	<p>We utilize our sisters’ diverse backgrounds: religiously, geographically, ethnicity, beliefs, and values, by encouraging sisters to organize events based on their interests. With this idea in mind, we meet our standards with some modifications based on our newest sisters’ interests. Accomplishments:</p> <p>1. Evening at the Roost was organized and executed by a sophomore member on Oct. 20th. She has a love for country music and dancing and wanted to share it with the chapter. <i>Allowed an individual sister share her interests with others.</i></p> <p>2. “Who’s That APhi Girl?” game was created to emphasize sisters differences and allowed for bonding among members. This Jeopardy inspired game was featured after our new member program (April 14th). <i>The event enhanced our teamwork and leadership by getting to know each other on a more personal level.</i></p> <p>3. College Bowl: Last spring (May 6th), Alpha Phi was the only Fraternity or Sorority to have a team participate in College Bowl’s Trivia Game. This was fostered by a sister’s strong interest in College Bowl and wanted to share this joy with the chapter. For the College Bowl competition this Fall (Nov. 8th), our sisters are excitingly participating</p>	<p> <input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

			again.	
<p>3. We provide practice and context. We encourage our leaders to attend training and to participate in hands-on experiences through service and leadership positions in the group and in the greater student community.</p> <p><i>Examples: participation in the College leadership skills training series, conference attendance, participation in major service days, promotion of individual philanthropies.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very </p>	<p>As a chapter, we begin to prepare for elections six weeks in advance. We take time to evaluate each department, individually and as a chapter. We develop ways to improve on our weaknesses and use those ideas when selecting our new officers. This best utilizes the unique leadership skills of each member and allows our members to combine their skills in the chapter and community.</p> <p>Plan for the Year:</p> <p>By using the Expectations we have set for ourselves we can have standards and goals to meet and hopefully achieve. Through a more directed chapter forum that focuses on our internal structure and the University's Expectations for Excellence, we can better ourselves year to year.</p> <p><i>December:</i> The President, Vice Presidents, Chapter Advisor attend our regional conference to improve their individual leadership skills and the chapter programs.</p> <p><i>June:</i> Biannually the President and Chapter Advisor serve as chapter delegates to the Alpha Phi International Convention. We stay active in our international community and continually develop our chapter based on the high ideals set by Alpha Phi.</p>	<p>Leadership is a foundation within our chapter and we strongly encourage sisters to take leadership opportunities inside our chapter and in the community. We excelled in this standard. Accomplishments</p> <ol style="list-style-type: none"> Paychex Leadership Institute was attended this past year by two sisters and two new members on Jan. 28th. Increasing leadership skills through workshop based programs gave sisters direction connection to campus and community leadership opportunities. Alpha Phi Northeast Regional Conference is hosted by the Alpha Phi Northeast Regional Team and is attended by the President, four Vice Presidents, and Alumnae Chapter Advisor. It is typically held in February, but has been moved to December 1st-3rd this year. It allows each leader to develop the specific skills for their new position. During February 2006 conference our chapter was awarded Outstanding Officer Transition Process Award. Alpha Phi International Biannual Convention was held June 28th-July 2nd this past summer. Our Chapter President and Alumnae Chapter Advisor learned about upcoming advances in our Fraternity and share ideas to better our chapter. Alpha Phi Leadership Initiative is being implemented in the 2006-2007 	<p> <input checked="" type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

		<p>~Also refer to Organizational Management 4 and Community Building and Leadership 1.</p>	<p>academic year. It was designed by Alpha Phi International to provide leadership skill training that is useful will be useful within collegiate years and beyond. 5. Officer Transition Process is currently underway. Our selection is a 6-week process beginning with a chapter assessment, followed by a chapter forum, to develop ideas to improve our weaknesses, concluded with class caucus and elections. Our system allows significant time for member to evaluate their individual strengths and find which position is best suited for these strengths. <i>Our system was redesigned last fall, which awarded us Outstanding Officer Transition Process for the Northeast Region of Alpha Phi.</i> 6. Be the Change Day: Several sisters participated in this day to directly effect change in the community through philanthropic work. This event sponsored by RCCL on October 1st, integrated students from all areas of campus to support a common cause and make an effect.</p>	
<p>4. As part of a larger community, we foster the ability of students to work across boundaries by promoting co-sponsorship and planning of programs with diverse groups.</p> <p><i>Examples: participation/sponsorship of religious or cultural programs, participation in special cultural programs service days or "months," multicultural recruitment strategies.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very </p>	<p>Our chapter has a positive image and relations with the student body and a professional relationship with the university administration and faculty. We desire to foster personal relationships with the administration and faculty and strengthen communication between professors and students.</p> <p>Plan for the Year: Improve our relationship with our Chapter Advocate by inviting her to some of our events and increasing her</p>	<p>1. Cardiac Care Week: Cardiac Care week (February 11th-16th) raised over \$450 dollars for cardiovascular research. We engaged many local businesses in our raffle, strengthening community ties. The "Eat Your Heart Out", heart healthy dinner was co-sponsored with UR Dining Services at Danforth and MERT. It was well-attended, and we're looking to make further improvements to the event in 2007 via increased synchronization with other campus groups. We also</p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

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		<p>involvement in our Expectations for Excellence <i>April:</i> Attend the first annual <i>Celebration of the Fraternity and Sorority Community Banquet</i>. . <i>November:</i> Invite faculty to social events with the sisterhood and build relationships in an informal manner.</p>	<p>volunteered at the American Heart Association's Rochester's Heart Ball Benefit Dinner and will continue to do so in the future. 2. PBJam: It is organized by the Newman Community (on March 30th) but they regularly bring student groups together, including Fraternities and Sororities to make 1,500 peanut butter and jelly sandwiches in one afternoon. 3. Relay for Life: Relay for Life is organized by Colleges Against Cancer but would not be possible without numerous student groups. This past April (7th) we raised over \$2300 and placed 3rd among participating groups. 4. Achievements of our Fraternity and Sorority Community Banquet: This inaugural event brought together students, Chapter Advocates, and Alumnae Chapter Advisors. It officially kicked off Expectation for Excellence and was encouraged to be attended by all chapter members. 5. PhaseFest: Annually held in the late spring (April 22nd) and organized by the Community Organizing Group (COG) and relies on the involvement of special interest housing organizations. This year we organized and ran the cotton candy and popcorn machines. 6. YellowJacket Weekend: To kickoff the school year we, along with the Panhellenic Association, we staffed the face painting booth. <i>It allowed cooperation to occur with the Panhellenic Association, CAB, and Sigma Phi Epsilon.</i> 7. Scare Fair games-based on a sister's initiative, we designed, created, and will host</p>	
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			<p>games with Sigma Phi Epsilon during the Library's Scare Fair on Oct. 31st. <i>Allows us to build a relationship with the librarians and increase community service.</i> 8. Halloween Trick or Treat on Campus: Co-sponsored by the Fraternity Quad and Panhellenic Association we will be decorating a haunted house in Psi Upsilon and pass out candy to children after Scare Fair. <i>This brings the community on campus and allows us to share our resources with Rochester children.</i></p>	
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<p>Programming Our programming supports the academic mission of the College by enhancing the sense of community within each student. Programming challenges us to develop skills and competencies and prepares us for success in the greater global society. We promote leadership, responsibility, critical thinking and social competence through conducting and evaluating programs designed to enrich the social, philanthropic, intellectual, and cultural interests of the community.</p>				
Standard	Where did you rank yourself in March 2006?	Plan for Year	Did you achieve your plan? How did you achieve your plan? Note any changes and reasons.	Where do you rank now?
<p>1. We encourage students' enjoyment and participation in campus and community activities, and we support and revitalize traditions of The College and of the fraternity and sorority community.</p> <p><i>Examples: attendance at athletic events, cultural group events, fraternity or sorority-sponsored campus events, performing groups, Fashionably Late programs.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very </p>	<p>As a social organization, we understand and respect that there are a diverse amount of events on campus. We provide each other with a group of students who desire to attend athletic, cultural, performing, Fashionably Late and other Greek events. As individuals, we currently attend many of these events and we would like to co-sponsor events with campus clubs.</p> <p>Plan for the Year: Bring sisters together to attend campus events by</p>	<p>We achieved the ideas of our plan but did not host specific events we designated. 1. Participate in events important to other campus groups: Alpha Phi sent supporting teams to AnchorSplash, Phi Tug, & Relay for Life in the Spring. We attended Shamrock Project and concerts for Vocal Point, After Hours, the Ramblers and the Jackets. We also attended sporting events in which sisters were involved (Softball, Track, Tennis). In the fall, we plan to participate in</p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

		<p>organizing groups of sisters to attend events together. <i>October:</i> Plan a dance lessons night with S.A.L.S.A. during National Hispanic Heritage Month. <i>November:</i> Prior to AlphaTraz, co-sponsor a Fashionably Late program at the Common Grounds by hosting a musician or band.</p>	<p>MoonBall, College Bowl, and the Stem Cell Research fundraiser. 2. Meliora Weekend: Not only were Alpha Phi sisters prominent in many of the performances over Meliora Weekend, the Fraternity sponsored a 15th Anniversary dinner at Burgundy Basin on Friday and a brunch on Sunday for returning alumni and parents. The Alumni Coordinator was responsible for 9 months of outreach and marketing of this event prior to its execution. We worked closely with the Alumni Office on campus to make the event a success. 3. Shabbat HaGadol: This Hillel sponsored event brought together college students from the Rochester Area on Oct. 27th. A group of 10 sisters, Jewish and non-Jewish, shared this cultural event together.</p>	
<p>2. We respect the welfare of others and actively promote safety. We encourage and create safe, comfortable, non-alcoholic events and environments for all students. When alcohol is part of an event, we focus on strategies which enhance safety and reduce harm.</p> <p><i>Examples: alcohol and drug awareness, risk management, fiscal responsibility, social relationships and date rape, diversity and tolerance, hazing, community building.</i></p>	<p><input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very</p>	<p>Our chapter strongly follows our International Standing Rules to promote a safe and comfortable environment at our events. We understand the dangers and responsibilities that arise when alcohol is present and attempt to reduce harm.</p> <p>Plan for the Year: A programming chapter that addresses alcohol and drug awareness. Sign anti-hazing contracts yearly and ensure we assess each event for any possible hazing that could occur. Submit a risk management form to our advisors for each Alpha Phi sponsored event. For events at we anticipate alcohol consumption, have at least 1 sober sister for every 10 sisters present. The</p>	<p>Our chapter takes preventative measures to ensure a safe and comfortable environment for all.</p> <p>Accomplishments: 1. Event Planner Forms: Through Alpha Phi, we have event planner forms to ensure we take precautions to make the event as safe and risk-free as possible. These are given to our Alumnae Chapter Advisor prior to events. 2. Alcohol Awareness Event: Each semester we hold an in house program to remind sisters the effects of alcohol and how to make smart choices. This semester (Oct. 4th) we held this event with our sister sorority, Gamma Phi Beta, featuring the Health Promotion Office. 3. Chapter Sober Policy: We have a watchcare system, also known</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>

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		<p>head sober of the event will be an executive board member.</p>	<p>as the sober policy. It is designed to have at least 1 sober sister to every 10 sisters, when alcohol maybe present at the event. Part of the system, requires that sisters, including sobers, are not allowed to drive to any event where alcohol maybe present. <i>Please see attached policy.</i> 4. Anti-hazing Contracts: This contract is signed by every sister, including new members at the beginning of each new member program and the idea of hazing is readdressed. <i>Please see attached contract.</i> 5. Financial Contract: At the beginning of each academic year, every sister must sign a financial contract. It gives the specific amount of money owed throughout the year. It includes a 15-30-45 day policy to ensure financial obligations are met. <i>Please see attached contract.</i> 6. Fraternity and Sorority New Member Orientation: In the Spring 2006 our new members participated but our chapter decided to have a greater involvement during Fall 2006. A sister was on student committee to help plan "Behind Close Doors" skits and six members presented the skits during the Orientation. This allowed us to co-sponsor the event with OFSA even though we do not have a new member class this fall.</p>	
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<p>3. We comply with all policies and regulations of the institution and all local, state, and federal laws and ordinances.</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very</p>	<p>We recognize Alpha Phi is not above any university, local, state, or federal laws and ordinances. We comply with the standards as we have in the past.</p>	<p>We met our standard and comply with all policies and regulations of the institution and all local, state, and federal laws and ordinances.</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>
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Non-academic Student Conduct

We believe in the communal principles of freedom, responsibility, respect, honesty, and fairness. We demonstrate this commitment through educational and systemic approaches to student conduct. We conduct ourselves in accordance with accepted standards of good citizenship, honesty, and propriety, and with high regard for the rights of others.

We are among the most visible groups on campus and realize that each individual member reflects and reflects upon the organization as a whole. Accordingly, we hold to the highest ethical standards in everything we do, and recognize that accountability is transmitted over the course of our history with The College.

Standard	Where did you rank yourself in March 2006?	Plan for Year	Did you achieve your plan? How did you achieve your plan? Note any changes and reasons.	Where do you rank now?
<p>1. We have a list of specific conduct expectations, supplementing but not assuming The College's list.</p> <p><i>Examples: chapter member agreements, honor codes/pledges, new member orientation handbooks.</i></p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>	<p>We hold our sisterhood to high standards set by Alpha Phi International, the University and our chapter. We ensure these standards are followed by the Member Development Committee (MDC).</p> <p>Plan for the Year: <i>September:</i> In the beginning of the year, have a programming chapter that reviews proper conduct and appearance on campus.</p>	<p>We accomplished our standard and continue to remind our sisters of proper conduct. Accomplishments: 1. Anti-hazing Contracts: This contract is signed by every sister, including new members at the beginning of each new member program and the idea of hazing is readdressed. <i>Please see attached contract.</i> 2. Financial Contract: At the beginning of each academic year, every sister must sign a financial contract. It gives the specific amount of money owed throughout the year. It includes a 15-30-45 day policy to ensure financial obligations are met. <i>Please see attached contract.</i> 3. Housing Occupancy Plan/Contracts: Our housing occupancy plan ensure we fill our University housing, at the same time promoting responsibility and</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>

			<p>investment in University housing. 4. New Member Binders: We provide our new members with binders that include University, Panhellenic, and Alpha Phi history. These binds also include proper conduct and standards that all our sisters follow.</p>	
<p>2. We have several mechanisms for educating members about conduct expectations, both proactively and reactively.</p> <p><i>Examples: new member orientation, general programming, a predetermined list of possible consequences for misconduct, and written material (such as a newsletter).</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>	<p>Our chapter regularly reminds sisters of the effects, positive and negative, that their conduct can have on the chapter. We first educate through the new member program, and formally review our Standards of Excellence at a sisterhood retreat each year.</p> <p>Plan for the Year: <i>April/November:</i> Sisterhood retreat reviewing Standards of Excellence and Standing Rules. We will either include a video or skits of positive and negative examples of conduct. <i>October:</i> A programming chapter discussing alcohol awareness and how it affects everyone. Bring in a speaker from MERT to teach the critical signs and symptoms of alcohol overdose.</p>	<p>We realize it is important to review proper conduct on a regular basis and promote health life choices. We met our standards. Accomplishments: 1. Sisterhood Retreat: On April 23, we hosted “How to Be An A+ Alpha Phi.” This featured ideas such as sober policy, academic, respectful conduct, and preserving traditions both University and Alpha Phi based. These topics are also addressed in our Standards of Excellence. <i>Please see attached Standards of Excellence2.</i> Alcohol Awareness Event: Each semester we hold an in house program to remind sisters the effects of alcohol and how to make smart choices. This semester (Oct. 4th) we held this event with our sister sorority, Gamma Phi Beta, featuring the Health Promotion Office. 3. Reactive “Tap” System: To remind sisters of proper conduct, we use a “tap” system to inform sisters when their behavior is getting out of line. It ensures sisters respect themselves, the chapter, and the University. 4. Social Liability Forms: We have designed a liability from used at our Invite Party, Semi-formal, and Formal to unsure proper conduct by sisters and their guests. They emphasis the importance for each</p>	<p> <input checked="" type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

			<p>individual to be aware of their actions. 5. PIFF Chapter Meeting Format: Using the PIFF meeting format (Programming, Informal, Formal Fun) we have been able to integrate more programming on a regular basis. Examples include a. OFSA Chapter (Oct. 16): Bring the Director of Fraternity and Sorority Affairs, Expectations for Excellence Graduate Assistant and Programming Assistant to a chapter meeting, sisters were able to ask direct questions to OFSA about the Expectations for Excellence and the direction of Fraternity and Sororities at the University. b. “Your Face on Facebook” Chapter (Nov.12): Using university publications we will address the importance of self-presentation for career and personal growth.</p>	
<p>3. We have a system of internal accountability. This supplements the College, and does not usurp jurisdiction. Both informal and formal means of conflict resolution are addressed, and care is given to ensure that such systems are fair and consistent.</p> <p><i>Examples: standards board, standards officer, written standards process.</i></p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>	<p>Our chapter has effective rules and regulations that address conflicts and behavior issues within the chapter. The MDC is used for minor behavioral issues that arise and addresses sisters in an informal manner. There are no consequences given to the sisters through the MDC. The Judicial Board is used for serious Standards offenses and misconduct. It is also used as an investigative tool to seek the truth and find the appropriate consequences.</p> <p>Plan for the Year: <i>November:</i> Continue education of appropriate conduct and take preventative actions to decrease the amount of disciplinary actions that need to be taken. ~Also refer to Organizational</p>	<p>We met our standard and continue to use your Member Development Committee and Judicial Board as necessary. Accomplishments: 1. Member Development Committee (MDC): This committee appointed by the Executive Board acts as an informal committee to address minor behavioral issues, and direct sisters to the proper professional resources. It is used on a need-basis and any sister can ask for their assistance. MDC can also review different sisterhood status option (associate, early alumni, active, & abroad) and accountability policies with regards to timely payment of dues, housing requirements, and sisterhood behavior. 2. Judicial Board: The Judicial Board is designed to be confidential investigative board that</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>

		<p>Management 2.</p>	<p>addresses serious Standards offenses and misconduct. <i>It supplements the University and is designed to solely address Alpha Phi Standards.</i> 3. Sisterhood Retreat: On April 23, we hosted “How to Be An A+ Alpha Phi.” This featured ideas such as sober policy, academic, respectful conduct, and preserving traditions both University and Alpha Phi based. These topics are also addressed in our Standards of Excellence. <i>Please see attached Standards of Excellence 4.</i> Alcohol Awareness Event: Each semester we hold an in house program to remind sisters the effects of alcohol and how to make smart choices. This semester (Oct. 4th) we held this event with our sister sorority, Gamma Phi Beta, featuring the Health Promotion Office.</p>	
<p>4. We have an effective means of communication with the administration about conduct-related issues.</p> <p><i>Examples: establishing regular meetings with various campus offices, creating key leadership positions within the organization, and the development of systems and protocols.</i></p>	<p><input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>	<p>In all aspects, including residential life, we hold ourselves to high expectations and try lead by example. We attend regular COG meetings and have even taken leadership positions within COG. We address residential issues with the appropriate administration and report misconduct in the dormitories. Plan for the Year: Begin the year with friendly relations with all of our neighbors and develop a trust among our neighbors to respect each other’s living space. Participate in a BBQ and activities held in Phase in the beginning of the year. Establish monthly meetings with the Director of Fraternity and Sorority Affairs for the President, Executive Board, and/or</p>	<p>We met our standards, and have overall improved our communication with the University. Accomplishments: 1. Cordial Neighbor Relations: One major goal for the Fall was to begin the year with cordial neighbor relations. We took proactive steps by attended the Phase BBQ event, participated in the Halloween Candy Giveaway in Munro, and co-sponsored games at Scare Fair with Sigma Phi Epsilon. We continually have active involvement in the Community Organizing Group and a sister has been on COG’s Executive Board for two years now. These actions have improved our living environment this academic semester. 2. Administrative Correspondence: Several Fraternity representatives meet</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>

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		necessary officers.	regularly with University administration from OFSA, Hill Court area office, and our alumni chapter advisor. This is completed through regular attendance at Fraternity and Sorority President's Meetings and COG meetings, but also through individually scheduled meetings with these offices.	
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Organizational Management

We manage our organization responsibly, acknowledging that our current decisions and actions affect the future of our organization over time. To that end, we develop systems and policies that are clear and productive. When making decisions as a group, we do so in a manner that is fair, consistent, value-oriented, and based upon available and verifiable data.

Standard	Where did you rank yourself in March 2006?	Plan for Year	Did you achieve your plan? How did you achieve your plan? Note any changes and reasons.	Where do you rank now?
<p>1. We have a list of specific expectations pertaining to each position of authority or responsibility within our organization.</p> <p><i>Examples: position descriptions, clear expectations in charters/constitutions/by-laws, officer handbooks.</i></p>	<p> <input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>	<p>Each officer currently has an officer notebook containing information for their specific office. Our chapter bylaws also outline the duties of each officer and we have policies and procedures to ensure the same procedures are followed each year.</p> <p>Plan for the Year: Develop comprehensive and straight-forward officer handbooks that are given to each officer, describing the role of that officer. It will include effect ways of communication, event planners, etc.</p>	<p>We met our plan and expanded on it.</p> <p>Accomplishments: 1. Website: We are currently updating our website to feature current roster, news, and information. We have also posted required forms (financial contracts, bylaws, policies and procedures, etc.) on a password protect link, to increase ease of access and use by sisters. 2. Web-based calendar: This is a feature currently underway and is designed to promote ease of involvement for sisterhood. 3. Officer Descriptions: Chapter Bylaws contain the official officer descriptions which all sisters have access to. This semester was also compiled officer descriptions from the current officers to give sisters a more in depth description of each officer. Each description included responsibilities, time commitment, recommendations and requirements.</p>	<p> <input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low </p>

			<p>These were made available at the beginning of the Officer Transition Process. 4. Officer Binders: Each position has a binder including helpful information from previous years. They include contact information, event planners, ordering forms, and manuals provided by Alpha Phi. <i>They are updated by each officer and officers encouraged to condense and clean-up, in order to promote ease of transition.</i> 5. Event Planner Forms: Through Alpha Phi, we have event planner forms to ensure we take precautions to make the event as safe and risk-free as possible. These are given to our Alumnae Chapter Advisor prior to events.</p>	
<p>2. We have clear and fair guidelines for decision-making, and involve our members as much as necessary when making decisions that will have an impact upon the group as a whole.</p> <p><i>Examples: rules of order for chapter meetings, election rules, or guidelines for resolving conflicts between and among members.</i></p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>	<p>Our chapter has a checks and balance system that does not allow one officer to solely make the decisions for the chapter. Our executive board, along with the MDC, ensures that sisters' conduct, as officers is appropriate.</p> <p>Plan for the Year: Give the chapter an opportunity to bring questions, concerns and comments to the executive board in person during an open forum. The open forum will take place during the first 20 minutes of the weekly executive board meetings.</p> <p><i>September:</i> Increase chapter awareness of our current guidelines through a programming chapter. ~Also refer to Non-academic Student Conduct 2.</p>	<p>We met our plan and it is an area we are continually improving.</p> <p>Accomplishments: 1. Executive Forums: Created Executive Forums, a designated time at the beginning of the Executive Board meeting, to promote transparency in chapter function and to allow for sister participation at all levels of decision-making. 2. Website: We updated our website to feature current roster, news, and information. We have also posted required forms (financial contracts, bylaws, policies and procedures, etc.) on a password protect link, to increase ease of access and use by sisters. 3. Web-based calendar: This is a feature currently underway and is designed to promote ease of involvement for sisterhood. 4. Officer Transition Process is currently underway. Our selection is a 6-week process beginning with a chapter assessment, followed by a chapter</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>

			<p>forum, to develop ideas to improve our weaknesses, concluded with class caucus and elections. Our system allows significant time for member to evaluate their individual strengths and find which position is best suited for these strengths. <i>Our system was redesigned last fall, which awarded us Outstanding Officer Transition Process Award for the Northeast Region of Alpha Phi.</i> 5. Member Development Committee (MDC): This committee appointed by the Executive Board acts as an informal committee to address minor behavioral issues, and direct sisters to the proper professional resources. It is used on a need-basis and any sister can ask for their assistance. MDC can also review different sisterhood status option (associate, early alumni, active, & abroad) and accountability policies with regards to timely payment of dues, housing requirements, and sisterhood behavior.</p>	
<p>3. We ensure that all important decisions, events, administrative tasks, and transactions are handled and/or recorded in timely, accurate, and efficient ways.</p> <p><i>Examples: rosters and potential new member lists filed with the Office of Fraternity and Sorority Affairs, reports from programming and philanthropic efforts, financial materials, annual reports.</i></p>	<p><input type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input checked="" type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>	<p>Our officers and executive board take deadlines and documentation seriously and professionally. We update our rosters, financial budget currently with Alpha Phi International on a regular basis.</p> <p>Plan for the Year: Continue our communication with Alpha Phi International and begin to utilize the resources of the OFSA. We will continually file documentation with the OFSA and make regular bimonthly meetings with the Director of Fraternity and Sorority Affairs.</p>	<p>We met our standard and have improved our relations with OFSA.</p> <p>Accomplishments: 1. Bimonthly meetings with OFSA: Our President has established bimonthly meetings with the Director of Fraternity and Sorority Affairs and Expectations for Excellence Graduate Assistant. They have improved the trust and understanding of the OFSA office and established a relationship that can grow in the upcoming year. 2. Campus Club Connection: Alpha Phi as renewed as an SA group through Campus Club Connection. It contains updated roster</p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>

			<p>and officer list. 3. Service and Philanthropy Activity Record (SPAR): SPAR has recently been a helpful addition to our chapter. We will continue to use this service and help build better records of our philanthropy events and service.</p>	
<p>4. We provide and promote training to develop management competencies in our members.</p> <p><i>Examples: participation in the College's leadership development series, regular meetings with the Director of Fraternity and Sorority Affairs, various conference opportunities, attendance and participation in College management and budget training meetings, manuals or guidebooks.</i></p>	<p><input type="checkbox"/> 5 – Very High <input checked="" type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>	<p>We have strong relations with Alpha Phi International and utilize their services to better our chapter. We annually have an ELC and a member of the Regional Team visits our chapter. We listen to every phone conference held by the Executive Office and apply their ideas and programs to our chapter. We acknowledge that taking leadership responsibility within the chapter can be a difficult and thankless position at times. Internally, we recognize sisters for their effort through Alpha Phi of the Week and the Fraternity and Sorority member of the week. We apply for awards at the University and fraternity level.</p> <p>Plan for the Year: As an executive board, identify our weakest time/event and ask that an ELC comes and visits us during that period. <i>October:</i> Invite our Regional Team and Executive Office (and alumnae) to our 15th Anniversary during Meliora Weekend. As awards arise, assess which awards our chapter meets the requirements for and apply. These awards can</p>	<p>We met our plan. We have not had a visit from an ELC yet this semester, but we anticipate a visit in the near future. We received the Award for Outstanding Office Transition at our regional conference this year.</p> <p>Accomplishments: 1. Meliora Weekend: Not only were Alpha Phi sisters prominent in many of the performances over Meliora Weekend, the Fraternity sponsored a 15th Anniversary dinner at Burgundy Basin on Friday and a brunch on Sunday for returning alumni and parents. The Alumni Coordinator was responsible for 9 months of outreach and marketing of this event prior to its execution. We worked closely with the Alumni Office on campus and Alpha Phi International to make the event a success. The dinner was attended by Alpha Phi Regional Team Members and helped us raise over \$2000 for our Alpha Phi Leadership Initiative. 2. Alpha Phi Northeast Regional Conference is hosted by the Alpha Phi Northeast Regional Team and is attended by the President, four Vice Presidents, and Alumnae Chapter</p>	<p><input checked="" type="checkbox"/> 5 – Very High <input type="checkbox"/> 4 <input type="checkbox"/> 3 – Average <input type="checkbox"/> 2 <input type="checkbox"/> 1 – Very Low</p>

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		<p>recognize individual sisters or the chapter as a whole. ~Also refer to Community Building and Leadership 3.</p>	<p>Advisor. It is typically held in February, but has been moved to December 1st-3rd this year. It allows each leader to develop the specific skills for their new position. During February 2006 conference our chapter was awarded Outstanding Officer Transition Process. 3. Alpha Phi International Biannual Convention was held June 28th-July 2nd this past summer. Our Chapter President and Alumnae Chapter Advisor learned about upcoming advances in our Fraternity and share ideas to better our chapter. 4. Alpha Phi Leadership Initiative is being implemented in the 2006-2007 academic year. It was designed by Alpha Phi International to provide leadership skill training that is useful will be useful within collegiate years and beyond. 5. Publicizing Your Student Group through the Rochester Center for Community Leadership. We co-sponsored this event on March 2nd and learned ways to increase campus and community marketing.</p>	
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