# Human Subjects Research

Kelley A. O'Donoghue, MPH, CIP

Director

Office for Human Subject Protection

kelley odonoghue@urmc.rochester.edu

# Belmont Report

 In response to Tuskegee in 1974 Congress passed the National Research Act, which created the National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research

- 1979 —Belmont Report
  - 3 principles for the ethical conduct of research

## Belmont Report

- Respect for Persons (Autonomy)
  - Informed Consent
  - Protect vulnerable subjects
- Beneficence
  - Do Not Harm
  - Maximize benefit and minimize harm
- Justice
  - Equitable selection of subjects
  - Benefits and risks of research must be distributed fairly in society



### **OHSP Structure**

**Quality Improvement** 

Director: Kathleen Wessman

Research Subjects Review Board (RSRB)

**Director: Tiffany Gommel** 

Office for Human Subject Protection

Director: Kelley O'Donoghue

**Education & Training** 

**Director: Bill Kelvie** 

Clinical & Regulatory
Systems

Director: Thai Nguyen

## Institutional Review Board (IRB)

### Purpose

• to *review research* to determine if the *rights and* welfare of human subjects involved in research are adequately protected.

### Authority

- Initial Review approve, disapprove, require modification
- Monitor research Consent process, Changes/ amendments, Continuing review, Reportable events

### 3 Different Levels of Review

#### Exempt - Little to No Risk

- Surveys, focus groups, educational research, secondary use of deidentified pre-existing data
- Review/confirmation of exemption by RSRB Staff

#### Expedited or "designated' - Minimal Risk

- Non-Invasive procedures & collection of biological specimens, blood draws
- Review/approval by RSRB Chair or designee

#### Full Board - Greater than minimal risk

- Invasive procedures, drugs/devices, significant amount of blood drawn, any amount of radiation
- Review/approval at a convened meeting

### Informed Consent Process

- Information contains the information needed for a *reasonable* person to make a decision
- Comprehension provided in understandable language
- Voluntary free from coercion

### Informed Consent Process

A process of information exchange that takes place between the prospective subject and the investigator, *before*, *during* and sometimes *after* the study

- Recruitment
- Phone or in-person screening
- One-on-one time with potential subject
- Reading the consent
- Assessing the subject's comprehension of the material
- Reconfirming consent throughout the study

# 1<sup>st</sup> Step – Investigator Education

- Require training in human subjects research
- Conducted through Collaborative Institutional Training Initiative (CITI Program) - www.citiprogram.org
  - Greater Than Minimal Risk Biomedical
  - Greater Than Minimal Risk Behavioral
  - Minimal Risk
- Additional educational materials available:
  - www.rochester.edu/ohsp/education
- Questions: contact the Director, Kelly Unsworth at (585) 275-5244

# 2<sup>nd</sup> Step – RSRB Submission

- Web-based submission system
  - ROSS (RSRB Online Submission System)
- ROSS Training offered 3<sup>rd</sup> Monday of every month
- Protocol and Consent form templates available
  - www.rochester.edu/ohsp/rsrb
- Questions: contact the main office (585)275-2398



# QUESTIONS?

