Greetings!

We are thrilled to welcome you to the University of Rochester community! As an international student we have coordinated a unique experience for you that includes programs such as the International Student Mentors and International Student Orientation. International students are students entering the U.S. on an F-1/J-1 student visa or students who may be U.S. citizens who have spent a significant amount of time outside the U.S. known as third culture kids. We offer these programs to help you smoothly transition to campus life. Here are your next steps:

☐ **Plan your travel and submit your arrival information**

International Student Move-In Day is, Monday, **August 21st**. Some highlights include a shuttle from the Rochester International Airport to campus, meeting the International Student Mentors, getting your ID card and post office box, and enjoying the Welcome Dinner for students and families!


Following move-in day is your **International Student Orientation Program, August 22nd -23rd**. This is a mandatory program for all students on the F-1/J-1 student visa and recommended for all other self-identified international students. The International Services Office, in partnership with Orientation, will offer several sessions relating to your immigration requirements, social security numbers, and adjustment to U.S. college life. In efforts to support your parents and families, a specially designed International Parent and Family Orientation will be available on August 22nd. Information about the International Parent and Family Orientation will be posted on the International Orientation website. Information will also be available on the day of International Student Move-In on August 21st.

☐ **Connect with your International Student Mentor (ISM)**

ISM’s are current students who have volunteered to help you transition to life at the UR and in the US! They are ready to answer all of your questions. You will receive an email from your International Student Mentor (ISM) soon and they are extremely excited to meet you in August! You are welcome to contact your ISM at anytime during the summer with questions or just to introduce yourself.

☐ **Register for CAS 170, U.S. Life Course**

CAS 170, U.S. Life: Customs & Practices is a 2-credit course specifically designed to boost the personal and academic success of first year students from abroad. All new international students are expected to register for this course in their first year. You will be able to register for CAS 170 when you register for the rest of your fall courses during the week of Orientation. Check out the website to learn more, [U.S. Life](http://www.rochester.edu/college/orientation/international/). We look forward to welcoming you in person this August! If you have questions please contact us by emailing us at orientation@rochester.edu or calling us at (585) 275-4414.

Sincere regards,

*Molly Jolliff*  
Director, International Student Engagement  
Associate Director, College Center for Advising Services

*Micahel Dedes*  
International Student Counselor, College Center for Advising Services

*Tayfun Sahin*  
Orientation Leader, Class of 2020

*Adrian Harwood*  
Orientation Leader, Class of 2019