ROCapalooza

UNIVERSITY OF ROCHESTER

ORIENTATION 2018

INTERNATIONAL PROGRAM
Greetings,

Congratulations you made it! The International Orientation Team is extremely excited to welcome you to campus and to the city of Rochester. The International Student Orientation Program (ISOP) has been designed to provide you with the information and tools necessary to navigate your new home as smoothly as possible. We ask you to be present, attentive, and engaged during all sessions and events as during these sessions you will meet and connect with many campus professionals and peer who will play an important role in your success.

Please share the invitation with your family to attend special events on Tuesday, August 21st.

Also make sure to connect with your ISM (International Student Mentor) and introduce yourself! Over the course of the semester you will have the opportunity to take advantage of all the events, activities, and resources your ISM has planned for you.

Once again, we are excited to welcome you to Rochester! The International Orientation Team has been working very hard to create an interactive schedule to maximize your ability to connect with college professionals and students. We hope you take this time to collect all the information you need but most importantly to connect with your peers, staff members, and college professionals to begin making this campus your new home.

Go Yellowjackets!

Molly Jolliff  
Director, International Student Engagement  
Associate Director, College Center for Advising Services

Qiuyi Wang  
Program Manager of International Student Engagement

Karina Vasquez ‘21  
Orientation Committee Member

Seke Mkhabela ‘21  
Orientation Committee Member
**Monday**

**Arrive and Move In**

9:00 AM to 4:30 PM

*Residence Halls*

Take the airport shuttle, hotel shuttle, car or taxi directly to your ResLife Area Office at the Quad or Susan B. Anthony Building to move in to your room. *Note: If you are not living on campus come to Rush Rhees Library between 9:00-4:30pm*

**Immigration Check-In With International Services Office (ISO)**

9:00 AM to 5:30 PM

*Rush Rhees Library*

Come to Lam Square in Rush Rhees Library to complete your immigration check-in. Enter through the front door of Rush Rhees Library, from Eastman Quad. If an accessibility entrance is needed, enter through the back door of the library near the bus stop. Be sure to bring I-20/DS-2019 and Passport. Check-in is required for student visa holders.

**International Student Mini-Expo**

9:00 AM to 4:30 PM

*Lam Square Rush Rhees Library*

Once you check in with ISO, explore the mini expo with offices and resources that will help you while you’re here! Be sure to check in for Orientation, get your University ID, complete forms for University Health Service (UHS), and pick up a key for your Campus Mail Center Box. There will also be banks and cell phone vendors.

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**Some Evening Fun!**

**International Student Dinner in Dining Halls**

5:00 PM to 6:00 PM

*Dining Halls*

Bring your ID card to use your meal plan!

**Sundaes on Monday!**

6:00 PM to 7:00 PM

*Feldman Ballroom*

Enjoy desserts as we celebrate your arrival! Students, families, and hosts are all welcome!

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**Important Contact Information**

**Orientation Programs**

(585) 275-4414
orientation@rochester.edu
rochester.edu/college/orientation

**Public Safety**

(585) 275-3333 or pick up any blue light phone
publicsafety.rochester.edu

**Registrar’s Office**

(585) 275-8131
registrar@rochester.edu
rochester.edu/registrar

**The Common Connection in Wilson Commons**

(585) 275-5911
wcsa@rochester.edu
rochester.edu/college/wcsa

**College Center for Advising Services**

(585) 275-2354
cascas@ur.rochester.edu
rochester.edu/college/CCAS

**Residential Life**

Freshman Quad: (585) 275-5685
Freshman Hill: (585) 275-8764
Main Office: (585) 275-3166
rochester.edu/reslife
Tuesday  
August 21st

**BREAKFAST**  
7:00 AM to 9:00 AM  
Douglass Dining Hall  
Bring your ID card to use your meal plan!

**LUNCH**  
12:00 PM to 1:00 PM  
Dining Halls  
Bring your ID card to use your meal plan! Go to the dining halls located in Frederick Douglass building and Susan B Anthony Hall.

**ISO SESSIONS:**  
**INTERNATIONAL STUDENT ORIENTATION PROGRAM**  
9:30 AM to 12:00 PM  
Strong Auditorium

**Groups:**

For the ISO sessions today and tomorrow, you will be split into groups, so look below to find which group you are in:

**BLUE:**  
- Susan B.Anthony: Floors 1,3,5,6  
- Genesee Hall: Floors 5 & 7  
- Gilbert: Floors 1 & 3  
- Tiernan: Floors 1 & 3  
- Hoeing 3  
- Third Culture Students

**YELLOW:**  
- Susan B.Anthony: Floors 2 & 4  
- Genesee Hall: Floors 4 & 6  
- Gilbert: Floors 2 & 4  
- Tiernan: Floors 2 & 4  
- Hoeing 2 & 4  
- Transfer Students  
- Exchange Students

If you are in the **BLUE** Group  
**SSN INFORMATION SESSION**  
1:30 PM to 5:00 PM  
Hoyt Auditorium

If you are in the **YELLOW** Group  
**SUCCESS IN THE AMERICAN CLASSROOM**  
1:30 PM to 3:30 PM  
Interfaith Chapel: Sanctuary Level
Shopping Trips
3:00 PM to 8:00 PM
Rush Rhees Bus Stop
Shuttles will run throughout the evening to Target and Walmart (department stores). Please consider taking a later shuttle back to avoid overcrowding. Buses will depart from the back of Rush Rhees Library (ITS).
*If you miss the last bus from Target or Walmart you will need to call a taxi service, Uber or Lyft.*

**Bus Schedules:**

<table>
<thead>
<tr>
<th>Bus Number</th>
<th>Bus Leaves Rush Rhees Library</th>
<th>Bus Leaves Target</th>
<th>Bus Leaves Walmart</th>
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<td>1</td>
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<td>2</td>
<td>7:30 PM</td>
<td>7:55 PM</td>
<td>8:05 PM</td>
</tr>
</tbody>
</table>

Note: The last buses tend to be crowded so plan accordingly.

Sidewalk Chalk
7:15 PM to 8:30 PM
Wilson Quad
Swing by Wilson Commons for some sidewalk art fun! Enjoy great tunes and create a colorful greeting for the rest of the Class of 2022 arriving tomorrow!

Movie Night: Coco
9:00 PM to 10:45 PM
Wilson Quad
Join us for an outdoor production of Coco! This movie is a festival of fun for everyone. Popcorn will be provided!
CAMPUS EXPO
9:00 AM to 4:00 PM
Lam Square/Rush Rhees Library
Enter through the front doors of Rush Rhees Library, from Eastman Quad. If an accessibility entrance is needed, enter through the back of the library near the bus stop - look for volunteers in yellow shirts.
Information regarding local banks, email accounts, and other University services will be available.

If you are in the YELLOW Group

SSN INFORMATION SESSION
1:00 PM to 4:30 PM
Hoyt Auditorium
*Exchange students go to Douglas 401*

If you are in the BLUE Group

SUCCESS IN THE AMERICAN CLASSROOM
1:00 PM to 3:00 PM
Interfaith Chapel: Sanctuary Level

Congratulations!
You have now completed the International Student Orientation Program. For the rest of the week, please follow the schedule in the Student Orientation Booklet that you were given.
Enjoy the rest of Orientation!

Tuesday, August 28th

INTERNATIONAL STUDENT LEADERSHIP PANEL
6:00 PM to 7:00 PM
Gowen Room
Getting involved in clubs and organizations is a great way to meet people! Going the next step and becoming a leader in these clubs and organizations can provide you with the opportunities to develop professional skills like leading meetings, putting together events, and networking. Come hear from international students who have become leaders in their clubs and organizations and begin mapping out your way to the top.

Upcoming Opportunities!

Saturday, September 8th

DURAND EASTMAN PARK WITH OUTING CLUB
The Outing Club is traveling to Durand Eastman Park on beautiful Lake Ontario the morning of September 8th. All International Students are welcome to join their trip and hike along the lake to see the beautiful Summer sights of Western New York. Transportation is free for club members or $5 for non-members (If you decide to join after the trip, $5 will be taken off your membership fee).
CAS 170 U.S. LIFE: CUSTOMS & PRACTICES

CAS 170 is a course offered by the University of Rochester for international students. Through this course students will explore campus, community and American culture, enhance their intercultural competence, and build academic skills to improve their success in the American classroom. Students will compare cultures through a variety of readings, in class discussions, blogs and outside class activities. Topics include verbal and nonverbal communication, education systems, ethics, relationships, perception, beliefs, values and norms. Open to first semester and first year international students.

*Note: All international students are expected to enroll in the Fall or Spring semester of their first year.
COLLEGE CENTER FOR ADVISING SERVICES (CCAS)

CCAS is available to assist undergraduate students in the college with their academic needs. Whether you talk to a member of the support staff or a professional advisor, you will meet an individual committed to helping you access accurate information, solutions to your academic problems and or opportunities that may highlight your undergraduate years.

office: 312 Lattimore Hall
phone number: (585) 275 - 2354
website: www.rochester.edu/college/CCAS/index.html

PUBLIC SAFETY

Public Safety officers patrol University properties 24 hours a day, seven days a week. The University has an extensive network of over 500 interior and exterior public access telephones. You can call Public Safety for assistance any time of the day or night from any of these phones. Included are over 185 direct-dial Blue Light Emergency Phones, more than 165 elevator phones, and over 125 interior and exterior telephones.

In an emergency:
- Dial x13 from any University phone
- Pick up a Blue Light Emergency Phone
- Dial #413 from AT&T or Verizon cell phones.

An officer will be sent to your location right away. Local police, fire, or ambulance agencies will be notified as needed.

To request one of our non-emergency services, call (585) 275-3333; a dispatcher is on hand 24 hours a day to answer calls.
THE GREENE CENTER

The Gwen M. Greene Career for Career Education and Connections is a great resource to help students explore careers and internships. The Hyman J. V. Goldberg Career Library contains online and published resources that can assist those seeking to set goals, explore career and internship options, and enhance job search skills. Counselors can address questions pertaining to careers, internships, or job searches.

office: 4-200 Dewey Hall
phone number: (585) 275 - 2366
website: www.rochester.edu/careercenter

OFFICE OF THE BURSAR

How will I pay my bill to the University?

The Office of the Bursar handles billing and tuition payment issues for all University students. They can help explain available payment plans, billing procedures, and methods of payment including e pay. Please note that if the necessary forms and information are not submitted to the Bursar’s Office, you may be prohibited from timely course registration, which can cause immigration complications.

office: 330 Meliora Hall
phone number: (585) 275 - 3931
website: www.rochester.edu/adminfinance/bursar
**BUSES**

The University bus service offers free rides to many locations in Rochester, including Eastman, College Town, Marketplace Mall, Wegmans, Target, etc.

Schedules can be found on http://www.rochester.edu/parking/shuttles/

You can also get updates and live information on the UR Mobile app for your smartphone.

**ZIP CAR RENTAL**

Get around town when you need to with ease with Zipcar. Rent a ride by the hour or for a day to get out and about, attend a meeting, or get to an appointment (Gas and insurance are included!). New renters will receive $35 in free-driving credit towards their rental. Vehicles are located at the Medical Center, River Campus and Eastman School. Learn more and sign up at www.zipcar.com/rochester

**BIKE RENTAL**

CityCycles is a bicycle lending library that allows full-time UR River Campus undergraduate students to borrow a bike for recreation, sightseeing, exercise, or shopping. Rentals last for a period of 24 hours or until next day close of business, whichever comes first. Visit citycycles.rochester.edu/
EMPLOYMENT
Am I allowed to work in the U.S?
The International Services Offices (ISO) will provide information on what types of work options are available in the U.S. while you are in student status and will assist you in applying for the authorizations you will need to work. Working without authorization is a severe violation of your status and is a deportable offense. As an international student under UR’s visa sponsorship, you are eligible to work on-campus up to 20 hours per week during the academic year and full-time during annual vacation periods. http://www.iso.rochester.edu/employment/index.html

SOCIAL SECURITY NUMBER
Can I apply for SSN?
Yes you can. A U.S. Social Security Number (SSN) is used to track an employee’s wages for benefits eligibility and tax reporting requirements. This number is assigned permanently, so you do not need to get a new SSN if you already have one. Employment is required for you to be eligible to apply for an SSN. The Admissions Office in collaboration with the International Services Office (ISO) will be hiring you for a short-term focus group position so that you can apply for an SSN right away. The ISO will assist you with this entire process during the SSN session on Tuesday.

TAXES
Will I have to file U.S tax forms?
Yes, as an international student, you will be subject to several tax reporting obligations, even if you do not collect any U.S. earnings. However, to help you navigate the tax system and meet these requirements, the University offers a free software program called GLACIER. After your arrival, you will receive an email from “support@online-tax.net” with instructions to create your GLACIER account. This email is NOT spam! More information on the U.S. tax system and University resources are available at http://iso.rochester.edu/taxes/index.html
Some Advice From Your ISMs

CELL PHONES
I find it extremely cost effective to buy a prepaid phone plan. That way, you don’t have to worry about contracts and you can control the amount of money you spend on calling, text and data. I use AT&T prepaid plan.

GETTING INVOLVED
The activities fair is a great place to see what clubs and activities are available. Sign up to be on the email list of all the clubs you’re interested in, and then narrow it down by attending the first couple of meetings for each.

MAKING FRIENDS
Get to know as many people as possible during Orientation! Everyone will be at his or her friendliest. Definitely try to step out of your comfort zone! Meet people in your classes, join different clubs, etc. You can learn so much by making friends who aren’t from the same place.

BUYING BOOKS
Don’t always buy! Try to rent books from the bookstore, or other sites if possible. Chegg.com and slugbooks.com are great for that.

CLASSES
Take a step out of your comfort zone and take a class you would have never thought of taking.

FOOD
When craving for something close by, take a short walk to the Med center. The food there is pretty great! You can use your declining there too.

PLACES TO VISIT
Rochester has so much to offer, although it doesn’t seem like it at first. There’s so many museums and there’s Letchworth park, there will always be something to do when you get bored of the campus.
10 Things To Do During Your First Year

1. Attend the University’s community weekends—YellowJacket Weekend, Meliora Weekend, Winterfest Weekend, and Springfest Weekend

2. Use the University’s motto “Meliora” properly

3. Cheer on a Yellowjackets sports team

4. Paint the tunnel underneath the Eastman Quad

5. Follow the saga of the student, the scholar, and the wild boar during the “Reading of the Boar” at the Boar’s Head Dinner

6. Put a scarf or hat on the George Eastman statue

7. Get really involved with a club, sport, fraternity, sorority, or student organization

8. Sled down the hill behind Susan B. Anthony Halls

9. Eat a garbage plate from Nick Tahou’s

10. Go to the top of Rush Rhees Library on Halloween or during Senior Week for the best view on campus
**ORIENTATION WEEK**

**August 20 - August 26, 2018**

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**DINING SERVICES**

**THE CAVES**
- Dinner: 5pm-7:30pm
- Lunch: 7pm-9pm
- Breakfast: 6am-10am
- All stations

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**HILLSIDE POD**
- Dinner: 5pm-7:30pm
- Lunch: 7pm-9pm
- Breakfast: 6am-10am
- All stations

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**EASTMAN DINING CENTER**
- Dinner: 5pm-7:30pm
- Lunch: 7pm-9pm
- Breakfast: 6am-10am
- All stations

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**DOUGLAS DANFORTH**
- Dinner: 5pm-7:30pm
- Lunch: 7pm-9pm
- Breakfast: 6am-10am

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**STARBUCKS**
- Closed

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**CLOSING TIMES**
- Closed

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**SOUTHSIDE MARKET**
- Closed

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**GRAB 'N' GO**
- Closed

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**PEET'S**
- Closed

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**OPPLKALE**
- Closed

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**ROCKY'S SUB SHOP**
- Closed

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**SWIPES 8pm-10pm**
- Closed

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**CALIFORNIA ROLLIN' II @ SIMON SCHOOL**
- Closed

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**WHEN TO EAT**

**Monday-Tuesday**
- August 20-21
  - Dinner: 5pm-7:30pm
  - Limited stations

**Wednesday-Thursday**
- August 22-23
  - Dinner: 5pm-7:30pm
  - Limited stations

**Friday-Saturday**
- August 24-25
  - Dinner: 5pm-7:30pm
  - Limited stations

**Sunday**
- August 26
  - Closed

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**HOURS OF OPERATION**

**MONDAY-THURSDAY**
- 8am-2pm

**FRIDAY**
- 8am-7pm

**SATURDAY-SUNDAY**
- 8am-10pm

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**2018 ORIENTATION WEEK**

**AUGUST 20-26**

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**BEGINNING OF THE SEMESTER**

**Monday, August 20**
- 11am-2pm
- Lunch
- 5pm-7pm
- Dinner

**Tuesday, August 21**
- 11am-2pm
- Lunch
- 5pm-7pm
- Dinner

**Wednesday, August 22**
- 11am-2pm
- Lunch
- 5pm-7pm
- Dinner

**Thursday, August 23**
- 11am-2pm
- Lunch
- 5pm-7pm
- Dinner

**Friday, August 24**
- 11am-2pm
- Lunch
- 5pm-7pm
- Dinner

**Saturday-Sunday, August 25-26**
- Closed

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**WELCOME WEEK**

**Monday, August 20**
- 5pm-7:30pm
- Dinner
  - All stations

**Tuesday, August 21**
- 7am-11:30am
- Breakfast
  - Grill/C-Store
- 11:30am-2pm
- Lunch
  - Grill/Salad Bar/C-Store
- 2pm-5pm
- Lunch
  - Grill/Salad Bar/C-Store

**Wednesday, August 22**
- 7am-10:30am
- Breakfast
  - Grill/C-Store
- 10:30am-2pm
- Lunch
  - Grill/Salad Bar/C-Store

**Thursday, August 23**
- Closed

**Friday, August 24**
- Closed

**Saturday, August 25**
- 9am-1am
- Brunch
- 11am-1am
- Dinner

**Sunday, August 26**
- 9am-1am
- Dinner

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**WELLNESS WEEK**

**Monday, August 20**
- 11am-3pm
- Lunch
- 5pm-7pm
- Dinner

**Tuesday, August 21**
- 11am-3pm
- Lunch
- 5pm-7pm
- Dinner

**Wednesday, August 22**
- 11am-3pm
- Lunch
- 5pm-7pm
- Dinner

**Thursday, August 23**
- 11am-3pm
- Lunch
- 5pm-7pm
- Dinner

**Friday, August 24**
- 11am-3pm
- Lunch
- 5pm-7pm
- Dinner

**Saturday, August 25**
- 9am-1am
- Brunch
- 11am-1am
- Dinner

**Sunday, August 26**
- 9am-1am
- Dinner
Please Recycle this Booklet