

Instructions for Self-Managed Application

University of Rochester Post-baccalaureate Pre-medical Program

Applications to the University of Rochester's Post-baccalaureate Pre-medical Program are self-managed. You are responsible for gathering together all of the information and materials required to complete this application, and to submit them in a single envelope.

Application form: Please complete all questions on the application form. This is a PDF form that permits you to complete it on your computer. Print the form when you have finished, and be sure to sign and date the form before sending it.

Essay: Write a 1-2 page essay concerning your decision to enter the health professions. Please discuss any experiences that may have influenced this decision, and address your goals for the future.

Health care experience: Describe on a separate page any volunteer work or employment you have undertaken in a health care setting.

Background in science courses: Describe on a separate page your experiences in math and science courses.

Comprehensive résumé: Your résumé should include education, employment, relevant volunteer experiences, and any awards or honors you may have received.

Official transcripts: Include an official transcript from every college and graduate school that you have attended. (These schools should also be listed on the application form.) Transcripts must be in sealed envelopes, with official school certification across the flap.

SAT, ACT, or GRE scores: We will accept SAT or ACT scores that appear on a photocopy of your high school transcript. If you request your scores directly from ETS, they need to be sent to you and then enclosed with your application.

Two letters of recommendation: At least one of these letters should be from a faculty member in your major area of study as an undergraduate or graduate student. The other letter can be from an instructor who knows you well, or from a work supervisor. Please use the recommendation forms that appear with the application form. Letters should be written on letterhead, signed, and given to you, with the recommendation forms, in envelopes that the recommenders have signed across the flap. These letters should be enclosed with the rest of your application materials.

Application fee of \$60: The check or money order should be made payable to the University of Rochester. This fee is non-refundable.