Scrambled Eggs
Serving Size: ½ cup
Calories: 140, Calories From Fat: 80, Total Fat: 9g, Sodium: 310mg, Protein: 12g
Contains: EGG

Bacon
Serving Size: 2 slices
Calories: 90, Calories From Fat: 60, Total Fat: 7g, Sodium: 320mg, Protein: 5g

Turkey Sausage Links
Serving Size: 2 each
Calories: 100, Calories From Fat: 60, Total Fat: 7g, Sodium: 330mg, Protein: 9g

Herbed Roasted Red Potatoes
Serving Size: ½ cup
Calories: 100, Calories From Fat: 10, Total Fat: 1g, Sodium: 110mg, Protein: 2g

Bacon Breakfast Pizza
Serving Size: 1 slice
Calories: 410, Calories From Fat: 200, Total Fat: 23g, Sodium: 760mg, Protein: 18g
Contains: GLUTEN, SOY, DAIRY, EGG

Blueberry Buttermilk Pancakes
Serving Size: 2 each
Calories: 230, Calories From Fat: 40, Total Fat: 4g, Sodium: 480mg, Protein: 6g
Contains: GLUTEN, SOY, DAIRY, EGG

Pancake Syrup
Serving Size: 2 tbsp
Calories: 70, Calories From Fat: 0, Total Fat: 0g, Sodium: 60mg, Protein: 0g
Pumpkin & Cheese Mini Muffin

Serving Size: 1 each
Calories: 100, Calories From Fat: 30, Total Fat: 4g, Sodium: 130mg, Protein: 2g

Contains: GLUTEN, SOY, DAIRY, EGG

Chocolate Chip Crumb Cupcakes

Serving Size: 1 each
Calories: 190, Calories From Fat: 60, Total Fat: 6g, Sodium: 220mg, Protein: 2g

Contains: GLUTEN, SOY, DAIRY, EGG

Apple Cinnamon Breakfast Smoothie

Serving Size: 8oz
Calories: 180, Calories From Fat: 110, Total Fat: 12g, Sodium: 10mg, Protein: 2g

Contains: DAIRY
Egg and Cheese Croissant
Serving Size: 1 each
Calories: 360, Calories From Fat: 200, Total Fat: 22g, Sodium: 480mg, Protein: 13g
Contains: GLUTEN, SOY, DAIRY, EGG

Crispy Tater Puffs
Serving Size: 1 cup
Calories: 140, Calories From Fat: 80, Total Fat: 9g, Sodium: 240mg, Protein: 2g
Contains: GLUTEN, SOY