Chicken Parmesan
Serving Size: 1 piece
Calories: 350, Calories From Fat: 230, Total Fat: 25g, Sodium: 690mg, Protein: 17g
Contains: GLUTEN, SOY, DAIRY, EGG

Penne Pasta
Serving Size: 1 cup
Calories: 200, Calories From Fat: 10, Total Fat: 1g, Sodium: 15mg, Protein: 3g
Contains: GLUTEN

Garlic Roasted Broccoli
Serving Size: ½ cup
Calories: 20, Calories From Fat: 0, Total Fat: 0g, Sodium: 70mg, Protein: 2g
Honey BBQ Grilled Salmon

Serving Size: 3.25ozw
Calories: 300, Calories From Fat: 70, Total Fat: 8g, Sodium: 480mg, Protein: 28g
Contains: GLUTEN, SOY, FISH

BBQ Tofu

Serving Size: 1 piece
Calories: 140, Calories From Fat: 40, Total Fat: 5g, Sodium: 200mg, Protein: 10g
Contains: GLUTEN, SOY

Brown Rice

Serving Size: ½ cup
Calories: 110, Calories From Fat: 10, Total Fat: 1g, Sodium: 10mg, Protein: 3g
Baked Mojo Chicken Wings

Serving Size: 2 each
Calories: 280, Calories From Fat: 230, Total Fat: 25g, Sodium: 410mg, Protein: 6g

Coconut Jasmine Rice

Serving Size: ½ cup
Calories: 170, Calories From Fat: 30, Total Fat: 4g, Sodium: 110mg, Protein: 3g

Pickled Red Onion

Serving Size: 1ozw
Calories: 20, Calories From Fat: 0, Total Fat: 0g, Sodium: 40mg, Protein: 0g
Chocolate Chip Cookies
Serving Size: 1 each
Calories: 130, Calories From Fat: 50, Total Fat: 6g, Sodium: 100mg, Protein: 1g
Contains: GLUTEN, SOY, DAIRY, EGG

Peanut Butter Cookies
Serving Size: 1 each
Calories: 130, Calories From Fat: 50, Total Fat: 6g, Sodium: 140mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG, PEANUTS

Belgian Waffle Ice Cream Sundaes
Serving Size: 1 each
Calories: 550, Calories From Fat: 160, Total Fat: 17g, Sodium: 900mg, Protein: 9g
Contains: GLUTEN, SOY, DAIRY, EGG, PEANUTS

Chocolate Brownie
Serving Size: 1 each
Calories: 190, Calories From Fat: 50, Total Fat: 6g, Sodium: 170mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG

Cherry Cobbler
Serving Size: 1 each
Calories: 190, Calories From Fat: 30, Total Fat: 3g, Sodium: 120mg, Protein: 3g
Contains: GLUTEN, SOY, DAIRY, EGG

ALLERGEN NOTE: Items at this station may have come in cross-contact with any of the Top 8 allergens, including peanuts and tree nuts
Cheese Pizza

Serving Size: 1 slice
Calories: 250, Calories From Fat: 70, Total Fat: 7g, Sodium: 580mg, Protein: 13g
Contains: GLUTEN, SOY, DAIRY

Pepperoni Pizza
Serving Size: 1 slice
Calories: 280, Calories From Fat: 90, Total Fat: 10g, Sodium: 680mg, Protein: 14g
Contains: GLUTEN, SOY, DAIRY

Caesar Salad
Serving Size: ½ cup
Calories: 80, Calories From Fat: 60, Total Fat: 6g, Sodium: 180mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG, FISH (Caesar dressing)

Cranberry Apple Couscous Salad

Serving Size: ½ cup
Calories: 180, Calories From Fat: 50, Total Fat: 5g, Sodium: 150mg, Protein: 5g
Contains: GLUTEN, SOY, TREE NUTS
Moroccan Chickpea Soup

Serving Size: 8ozv
Calories: 120, Calories From Fat: 40, Total Fat: 4g, Sodium: 300mg, Protein: 5g
Contains: SOY

Baked Potato Chowder with Bacon
Serving Size: 8ozv
Calories: 210, Calories From Fat: 70, Total Fat: 8g, Sodium: 450mg, Protein: 10g
Contains: GLUTEN, SOY, DAIRY
Thai Red Curry Beef
Serving Size: 1 cup
Calories: 360, Calories From Fat: 220, Total Fat: 25g, Sodium: 600mg, Protein: 22g
Contains: SOY, FISH (Fish Sauce)

Curried Sesame Green Beans and Brown Rice
Serving Size: ½ cup
Calories: 130, Calories From Fat: 30, Total Fat: 4g, Sodium: 120mg, Protein: 3g
Contains: SOY, SESAME

Sesame Ginger Slaw
Serving Size: ½ cup
Calories: 70, Calories From Fat: 40, Total Fat: 5g, Sodium: 20mg, Protein: 1g
Contains: SESAME, SOY