Scrambled Eggs  
Serving Size: ½ cup  
Calories: 140, Calories From Fat: 80, Total Fat: 9g, Sodium: 310mg, Protein: 12g  
Contains: EGG

Bacon  
Serving Size: 2 slices  
Calories: 90, Calories From Fat: 60, Total Fat: 7g, Sodium: 320mg, Protein: 5g

Turkey Sausage Patty  
Serving Size: 1 each  
Calories: 70, Calories From Fat: 50, Total Fat: 5g, Sodium: 200mg, Protein: 6g

Hash Brown Potatoes  
Serving Size: ½ cup  
Calories: 130, Calories From Fat: 40, Total Fat: 5g, Sodium: 140mg, Protein: 2g  
Contains: SOY

Sausage & Egg Pizza  
Serving Size: 1 slice  
Calories: 380, Calories From Fat: 180, Total Fat: 20g, Sodium: 820mg, Protein: 18g  
Contains: GLUTEN, SOY, DAIRY, EGG

Buttermilk Pancakes  
Serving Size: 1 each  
Calories: 100, Calories From Fat: 20, Total Fat: 2g, Sodium: 220mg, Protein: 3g  
Contains: GLUTEN, SOY, DAIRY, EGG

Pancake Syrup  
Serving Size: 2 tbsp  
Calories: 70, Calories From Fat: 0, Total Fat: 0g, Sodium: 60mg, Protein: 0g
Powdered Sugar Donut

Serving Size: 1 each
Calories: 220, Calories From Fat: 110, Total Fat: 12g, Sodium: 300mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG

Apple Crumb Cake

Serving Size: 1 each
Calories: 160, Calories From Fat: 40, Total Fat: 5g, Sodium: 170mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG

Pink Lady Smoothie

Serving Size: 8oz
Calories: 70, Calories From Fat: 0, Total Fat: 0, Sodium: 0mg, Protein: 2g
Bacon, Egg, and Cheese Muffin
Serving Size: 1 each
Calories: 310, Calories From Fat: 140, Total Fat: 16g, Sodium: 670mg, Protein: 18g
Contains: GLUTEN, SOY, DAIRY, EGG

Crispy Tater Puffs
Serving Size: 1 cup
Calories: 140, Calories From Fat: 80, Total Fat: 9g, Sodium: 240mg, Protein: 2g
Contains: GLUTEN, SOY