Scrambled Eggs
Serving Size: ½ cup
Calories: 140, Calories From Fat: 80, Total Fat: 9g, Sodium: 310mg, Protein: 12g
Contains: EGG

Turkey Bacon
Serving Size: 2 slices
Calories: 60, Calories From Fat: 40, Total Fat: 4g, Sodium: 230mg, Protein: 6g

Pork Sausage Patty
Serving Size: 1 each
Calories: 200, Calories From Fat: 190, Total Fat: 20g, Sodium: 250mg, Protein: 5g

Herbed Roasted Red Potatoes
Serving Size: ½ cup
Calories: 100, Calories From Fat: 10, Total Fat: 1g, Sodium: 110mg, Protein: 2g

Ham and Cheddar Breakfast Stromboli
Serving Size: 1 slice
Calories: 330, Calories From Fat: 130, Total Fat: 15g, Sodium: 720mg, Protein: 15g
Contains: GLUTEN, SOY, DAIRY, EGG

French Toast
Serving Size: 1 slice
Calories: 170, Calories From Fat: 40, Total Fat: 4g, Sodium: 280mg, Protein: 8g
Contains: GLUTEN, SOY, DAIRY, EGG

Pancake Syrup
Serving Size: 2 tbsp
Calories: 70, Calories From Fat: 0, Total Fat: 0g, Sodium: 60mg, Protein: 0g
Cinnamon Donut Bites

Serving Size: 1 each
Calories: 210, Calories From Fat: 110, Total Fat: 12g, Sodium: 300mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG

Cranberry-Peach Mini Muffins

Serving Size: 1 each
Calories: 90, Calories From Fat: 20, Total Fat: 2g, Sodium: 110mg, Protein: 1g
Contains: GLUTEN, SOY, DAIRY, EGG

Carrot Cake Smoothie

Serving Size: 8oz
Calories: 160, Calories From Fat: 120, Total Fat: 14g, Sodium: 110mg, Protein: 5g
Sausage, Egg, and Cheese Croissant
Serving Size: 1 each
Calories: 470, Calories From Fat: 290, Total Fat: 32g, Sodium: 780mg, Protein: 19g
Contains: GLUTEN, SOY, DAIRY, EGG

Crispy Tater Puffs
Serving Size: 1 cup
Calories: 140, Calories From Fat: 80, Total Fat: 9g, Sodium: 240mg, Protein: 2g
Contains: GLUTEN, SOY