Asian Pork Stir Fry
(Can be made vegan without pork)
with Napa Cabbage, Bell Peppers, Snow Peas, Sliced Carrots, Water Chestnuts, and Rice Stick Noodles

Serving Size: 1 cup
Calories: 370, Calories From Fat: 110, Total Fat: 12g, Sodium: 330mg, Protein: 52g
Tomato Bacon Grilled Cheese
Serving Size: 1 sandwich
Calories: 420, Calories From Fat: 230, Total Fat: 26g, Sodium: 780mg, Protein: 23g

Sweet Potato Fries
Serving Size: 3ozw
Calories: 220, Calories From Fat: 120, Total Fat: 13g, Sodium: 120mg, Protein: 2g
Contains: GLUTEN, SOY
May have cross-contact with other fryer items.
Chocolate Chip Cookies
Serving Size: 1 each
Calories: 130, Calories From Fat: 50, Total Fat: 6g, Sodium: 100mg, Protein: 1g
Contains: GLUTEN, SOY, DAIRY, EGG

Oatmeal Raisin Cookies
Serving Size: 1 each
Calories: 110, Calories From Fat: 40, Total Fat: 4g, Sodium: 120mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG

Ice Cream Sundaes
With your choice of vanilla, chocolate, green mint chip, or blueberry cheesecake frozen yogurt
Serving Size: 1 each
Calories: 280, Calories From Fat: 120, Total Fat: 13g, Sodium: 100mg, Protein: 4g
Contains: GLUTEN, SOY, DAIRY, EGG, PEANUTS

Vanilla Cake
Serving Size: 1 slice
Calories: 320, Calories From Fat: 90, Total Fat: 10g, Sodium: 310mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG

Cream Cheese Marbled Brownies
Serving Size: 1 each
Calories: 240, Calories From Fat: 90, Total Fat: 10g, Sodium: 210mg, Protein: 3g
Contains: GLUTEN, SOY, DAIRY, EGG

ALLERGEN NOTE: Items at this station may have come in cross-contact with any of the Top 8 allergens, including peanuts and tree nuts
Ice Cream Sundaes

Vanilla, Chocolate, Green Mint Chip, or Blueberry Cheesecake frozen yogurt

Toppings include rainbow sprinkles, chocolate chips, peanuts, and Oreos

Hot Fudge and Caramel Sauce

Serving Size: 1 each

Calories: 280, Calories From Fat: 120, Total Fat: 13g, Sodium: 100mg, Protein: 4g

Contains: GLUTEN, SOY, DAIRY, EGG, PEANUTS

ALLERGEN NOTE: Items at this station may have come in cross-contact with any of the Top 8 allergens, including peanuts and tree nuts
Brisket Tacos
Serving Size: 2 each
Calories: 400, Calories From Fat: 100, Total Fat: 10g, Sodium: 750mg, Protein: 25g
Contains: GLUTEN, SOY, EGG

Grilled Portobello Mushroom
Serving Size: 2¼ oz
Calories: 70, Calories From Fat: 60, Total Fat: 7g, Sodium: 60mg, Protein: 1g
Contains: SOY

Chile Roasted Corn
Serving Size: ½ cup
Calories: 120, Calories From Fat: 30, Total Fat: 3g, Sodium: 170mg, Protein: 3g
Contains: SOY

Refried Beans
Serving Size: ½ cup
Calories: 140, Calories From Fat: 10, Total Fat: 1g, Sodium: 490mg, Protein: 8 g

Matzo Ball Soup
Serving Size: 8oz
Calories: 250, Calories From Fat: 60, Total Fat: 7g, Sodium: 420mg, Protein: 11g
Contains: GLUTEN, SOY, EGG
Poblano and White Cheddar
Serving Size: 8ozv
Calories: 340, Calories From Fat: 243, Total Fat: 27g, Sodium: 860mg, Protein: 9g
Contains: GLUTEN, EGG, DAIRY

Beef Barley
Serving Size: 8ozv
Calories: 110, Calories From Fat: 27, Total Fat: 3g, Sodium: 840mg, Protein: 9g
Contains: WHEAT, DAIRY
Chicken Biryani  
Serving Size: 1 cup  
Calories: 460, Calories From Fat: 230, Total Fat: 25g, Sodium: 620mg, Protein: 24g  
Contains: GLUTEN, SOY, DAIRY

Raita (Cucumber Tomato Salad with Yogurt Dressing)  
Serving Size: 1 ozv  
Calories: 20, Calories From Fat: 0, Total Fat: 0g, Sodium: 70mg, Protein: 1g  
Contains: DAIRY

Saag Aloo (Potatoes and Spinach)  
Serving Size: ½ cup  
Calories: 120, Calories From Fat: 50, Total Fat: 6g, Sodium: 360mg, Protein: 3g  
Contains: SOY

Fatoush Salad  
with Fresh Vegetables and Herbs  
Serving Size: ½ cup  
Calories: 250, Calories From Fat: 190, Total Fat: 21g, Sodium: 310mg, Protein: 3g
Pepperoni Pizza
Serving Size: 1 slice
Calories: 280, Calories From Fat: 90, Total Fat: 10g, Sodium: 680mg, Protein: 14g
Contains: GLUTEN, SOY, DAIRY

Spinach Dip
Serving Size: 1 serving
Calories: 150, Calories From Fat: 120, Total Fat: 14g, Sodium: 220mg, Protein: 3g
Contains: SOY, DAIRY, EGG, GLUTEN

Tortilla Chips
Serving Size: 1ozw
Calories: 100, Calories From Fat: 20, Total Fat: 3g, Sodium: 100mg, Protein: 2g
Contains: GLUTEN, SOY

Caesar Salad
Serving Size: ½ cup
Calories: 80, Calories From Fat: 60, Total Fat: 6g, Sodium: 180mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG, FISH (Caesar dressing)

Cucumber Tomato Salad
Serving Size: ½ cup
Calories: 40, Calories From Fat: 20, Total Fat: 2g, Sodium: 160mg, Protein: 1g
Contains: SOY