Roasted Herbed Turkey Breast

Serving Size: 3ozw
Calories: 130, Calories From Fat: 90, Total Fat: 7g, Sodium: 420mg, Protein: 19g

Roasted Brussels Sprouts

Serving Size: ½ cup
Calories: 60, Calories From Fat: 20, Total Fat: 1g, Sodium: 5mg, Protein: 2g

Roasted Honey Sage Sweet Potatoes

Serving Size: 3ozw
Calories: 80, Calories From Fat: 30, Total Fat: 4g, Sodium: 90mg, Protein: 3g
BBQ Chicken
Serving Size: 2 pieces
Calories: 570, Calories From Fat: 290, Total Fat: 32g, Sodium: 1560mg, Protein: 25g

Baked Macaroni and Cheese
Serving Size: ½ cup
Calories: 340, Calories From Fat: 180, Total Fat: 20g, Sodium: 700mg, Protein: 3g
Contains: GLUTEN, SOY, DAIRY

Balsamic Roasted Carrots
Serving Size: ½ cup
Calories: 90, Calories From Fat: 20, Total Fat: 3g, Sodium: 200mg, Protein: 1g
Chocolate Chip Cookies
Serving Size: 1 each
Calories: 130, Calories From Fat: 50, Total Fat: 6g, Sodium: 100mg, Protein: 1g
Contains: GLUTEN, SOY, DAIRY, EGG

Peanut Butter Cookies
Serving Size: 1 each
Calories: 130, Calories From Fat: 50, Total Fat: 6g, Sodium: 140mg, Protein: 2g
Contains: GLUTEN, SOY, DAIRY, EGG, PEANUTS

Brownie Ice Cream Sundaes
Serving Size: 1 each
Calories: 550, Calories From Fat: 160, Total Fat: 17g, Sodium: 900mg, Protein: 9g
Contains: GLUTEN, SOY, DAIRY, EGG, PEANUTS

Red Velvet Cream Cheese Bars
Serving Size: 1 each
Calories: 280, Calories From Fat: 110, Total Fat: 12g, Sodium: 260mg, Protein: 3g
Contains: GLUTEN, SOY, DAIRY, EGG

**ALLERGEN NOTE:** Items at this station may have come into cross-contact with any of the Top 8 allergens, including peanuts and tree nuts.
Brownie Ice Cream Sundae
Top your own sundae with a choice of syrups, fruits, peanuts, cookies and whipped topping

Serving Size: 1 each
Calories: 550, Calories From Fat: 160, Total Fat: 17g, Sodium: 900mg, Protein: 9g
Contains: GLUTEN, SOY, DAIRY, EGG, PEANUTS

ALLERGEN NOTE: Items at this station may have come in cross-contact with any of the Top 8 allergens, including peanuts and tree nuts
Cheese Pizza

Serving Size: 1 slice
Calories: 250, Calories From Fat: 70, Total Fat: 7g, Sodium: 580mg, Protein: 13g

Contains: GLUTEN, SOY, DAIRY

Meatball Stromboli
Serving Size: 1 slice
Calories: 460, Calories From Fat: 200, Total Fat: 22g, Sodium: 910mg, Protein: 20g

Contains: GLUTEN, SOY, DAIRY, EGG

Caesar Salad
Serving Size: ½ cup
Calories: 80, Calories From Fat: 60, Total Fat: 6g, Sodium: 180mg, Protein: 2g

Contains: GLUTEN, SOY, DAIRY, EGG, FISH (Caesar dressing)

Quinoa & Edamame Salad

Serving Size: ½ cup
Calories: 100, Calories From Fat: 20, Total Fat: 2g, Sodium: 60mg, Protein: 5g

Contains: GLUTEN, SOY
Split Pea and Kale

Serving Size: 8ozv
Calories: 150, Calories From Fat: 14, Total Fat: 1.5g, Sodium: 390mg, Protein: 10g
Contains: GLUTEN

Chicken Chili

Serving Size: 8ozv
Calories: 300, Calories From Fat: 117, Total Fat: 13g, Sodium: 650mg, Protein: 21g
Contains: DAIRY