



Shaquana Divers, University of Rochester Office of Human Resources, Senior Health Project Coordinator, Well-U was one of six finalist for the American Heart Association's Go For Red for Women – Woman of Distinction Award. Ms. Divers was nominated by her colleagues in the Office of Human Resources-Multicultural Affairs & Inclusion. The Go Red for Women Luncheon honored those nominated and the recipient on May 13, 2010. Kathy Parrinello is the Chair for the American Heart Association's Go For Red.

The Woman of Distinction Awards seek to recognize and celebrate women who are making sustained, unique or extraordinary efforts to improve cardiovascular health in our community and who are making a difference in the lives of women by raising awareness and helping to make changes in the way women view their cardiovascular health.

The nominees must reside in the Rochester area and meet four (4) of the following six (6) criteria. The accomplishments must have occurred in the past 18 months.

1. Raises awareness of cardiovascular health among women by promoting exercise, healthy diet or an overall healthy lifestyle;
2. Empowers women with resources, information and hope, to live longer, stronger lives;
3. Improves the health of the community or makes a difference in the lives of women in the community;
4. Raises funds to support awareness, education or research for women;
5. Demonstrates commitment to the Go For Red Women movement to further the mission of the American Heart Association; and
6. Actively supports or advances women's issues in Rochester, New York.