

# SECURITY

TIP OF THE WEEK

**Protect Yourself**

## Mobile Computing Device Safety Tips

- Don't communicate with strangers.
- Encrypt your mobile device if it contains PHI (Protected Health Information) or PII (Personally Identifiable Info).
- Think before you text.
- Ask permission before taking pictures/videos of others.
- Do not allow others to take pictures or videos of you without your permission.
- Be careful if you meet someone in real life who you only "know" through text messaging.

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For more information, please visit:  
[www.rochester.edu/it/security](http://www.rochester.edu/it/security)

