Don’t Pass on Chain Messages or Send Warnings to Everyone You Know

Chain messages are a burden on email systems and to the vast majority of the people who receive them. The simple response is to not pass them on.

You may get messages from friends, warning you about a new virus, health scare, charity appeal or con trick. These are very likely to be hoaxes or just plain wrong.

Be very suspicious of messages that ask you to pass them to "everyone you know". That leads to an endless chain of forwarded messages that go on long past any real or imagined threat.

If it is really convincing, pass it to your IT Helpdesk for them to consider.