

**UNIVERSITY OF ROCHESTER  
CLUB SPORTS PROGRAM**

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**SAFETY GUIDELINES**

All Club sports must provide a safe environment for their participants. All participants must have knowledge of their personal insurance coverage and the Club Sports Program Emergency Action Plan. All Club Sports Presidents must discuss and distribute the Safety Guidelines relative to their sport to all members. All members must sign the Statement of Risk & Liability Form (see Appendix F). The following space should be completed by each club sport.

A. Safety Equipment (i.e. helmets, mouth guards, shin guards):

B. Procedures for Immediate Injury Care (i.e., ice, first aid):

C. Restrictions for Various Members (i.e., skill levels, travel):

D. General Rules and Regulations for a Safe Environment (i.e., water breaks, first aid supplies)

E. Please list those club members who are certified in CPR and Emergency First Aid:

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