• Always lock your bike with a quality U-lock.
• Place the lock through the frame, front or rear wheel, and a bike rack.
• Be sure to remove a quick-release front wheel and secure it through the frame and rail.
• Do not leave your bike unlocked.
• Stay aware of your surroundings. Be watchful of people at or around bicycle racks who appear to be “checking out” the bicycles. A bike owner normally will walk directly to his or her bike, whereas a thief will approach all the bikes, looking for an easy target. Call Public Safety (275-3333) right away to report any suspicious activity you observe.
• Engrave your driver’s license number or State ID Number on the bike frame starting with the two-letter initials for the issuing state. This is recognized nationally and can help recovery of your bike if it is stolen.

University Looks: In the city of Rochester, the bike rack is located at the intersection of the campus area where bicycles can be seen. The campus area is a popular location for students to ride their bikes. The bike rack is located near the Medical Center Annex.

Lehigh Valley Trail: The Lehigh Valley Trail is a popular trail for bike riders. It runs through the campus area and provides a convenient route for students and faculty to commute. The trail is well-maintained and offers beautiful views of the surrounding area.

Erie Canal Heritage Trail: The Erie Canal Heritage Trail is another popular trail for bike riders. It runs through the campus area and provides a convenient route for students and faculty to commute. The trail is well-maintained and offers beautiful views of the surrounding area.

Keep your bike safe:

- Place the lock through the frame, front or rear wheel, and a bike rack.
- Be sure to remove a quick-release front wheel and secure it through the frame and rail.
- Do not leave your bike unlocked.
- Stay aware of your surroundings. Be watchful of people at or around bicycle racks who appear to be “checking out” the bicycles. A bike owner normally will walk directly to his or her bike, whereas a thief will approach all the bikes, looking for an easy target. Call Public Safety (275-3333) right away to report any suspicious activity you observe.
- Engrave your driver’s license number or State ID Number on the bike frame starting with the two-letter initials for the issuing state. This is recognized nationally and can help recovery of your bike if it is stolen.
The need for various conversations may have inspired the 1962 photograph of President Allen V. Lovejoy, who would have been accustomed to bicycle riding from his days at Oxford.

Safety First!

1. **Ride with traffic and obey the same laws as motorists.**
2. **Use the right lane that best meets the traffic conditions you are traveling.**
3. **Obey all traffic control devices, such as stop signs, lights, pedestrian crossings, and lane markers.**
4. **Always look back and use hand and arm signals to indicate your intention to stop, start, or turn.**
5. **Watch for Pedestrians.**
6. **If people are on the sidewalk, be patient and polite.**
7. **Be aware of traffic around you and be prepared to take appropriate action.**
8. **Watch for Pedestrians.**
9. **Walk in a straight line and don’t overtake between parked cars.**
10. **Make sure you maintain your lane.**
11. **Don’t ride on the sidewalk.**
12. **Don’t ride distracted or with headphones.**

**Active Listening:**
- Be aware of traffic around you and be prepared to take appropriate action.
- Conserve your energy and be ready to absorb sudden stops.
- Be extra alert at intersections.

**Wear a Helmet:**
- Make sure that the helmet fits on top of your head, not flipped back or forward.
- After a collision or any impact that affects your helmet, replace it immediately—another or not there is serious damage.