**Books**

**The Needle**  
*By Jennifer Grotz*  
*Houghton Mifflin, 2011*

In her second book of poems, Grotz, a prize-winning poet and assistant professor of English at Rochester, presents a collection set in Krakow.

**Sweatshops at Sea: Merchant Seamen in the World’s First Globalized Industry**  
*By Leon Fink ’77 (PhD)*  
*University of North Carolina, 2011*

Fink, the Distinguished Professor of History at the University of Illinois at Chicago, explores the evolution of labor relations and labor law in the world’s first globalized industry, merchant shipping.

**I Take Off My Hat: Respectful Yet Pertinent End-of-the-Age Essays**  
*By Julian Hartzell ’66*  
*Dorrance Publishing, 2010*

In letters and essays, San Francisco author Hartzell argues that Americans need “a shared national vision, enabled by and rooted in our history.” He relays inspiring and relevant examples from the Founding Era.

**Visions of the Multiverse**  
*By Steven Manly*  
*Career Press, 2011*

Drawing from research in quantum mechanics, cosmology, and string theory, Manly, a professor of physics at Rochester, explains for a popular audience why many physicists believe in the existence of multiple universes.

**Buglette the Messy Sleeper**  
*By Bethanie Deeney Murguia ‘93*  
*Random House, 2011*

In her debut picture book, Murguia introduces a ladybug, Buglette, who “tosses, turns and kicks while she dreams of doing big things.”

**Smart Time**  
*By Rick Kremer ’78*  
*iUniverse, 2011*

Kremer’s first novel is the story of Paulie Weston, a developmentally disabled adult with a limited ability to speak, who’s chosen as the subject of a groundbreaking research project that gives him the ability to communicate for a limited time.

**Pathfinder: An Action Plan**  
*By Frank Leana ’74 (PhD)*  
*iUniverse, 2010*

Leana, a lecturer and counselor with practices in Manhattan and Cambridge, Mass., offers a guide for parents and educators to help students make the most out of high school.

**Nonviolent People**  
*By David Atwood ’63*  
*PeaceCenter Books, 2010*

Atwood, the founder of the Texas Coalition to Abolish the Death Penalty, reflects on the lives of Jesus, Mahatma Gandhi, Martin Luther King Jr., Dorothy Day, Caesar Chavez, and other figures whose nonviolent teachings and actions have inspired him.

**Hal Hartley**  
*By Mark L. Berrettini ’00 (PhD)*  
*University of Illinois, 2011*

Berrettini, an assistant professor of film studies at Portland State University, offers a critical overview of the realist narrative filmmaker Hartley.

**Defamation, Libel Tourism, and the SPEECH Act of 2010: The First Amendment Colliding with the Common Law**  
*By Harry Melkonian ’71*  
*Cambria Press, 2010*

Melkonian, a senior lecturer at the University of Sydney’s United States Studies Centre, offers a critical examination of the federal legislation passed in 2010 to prevent “libel tourism,” in which defamation suits against American media companies are initiated in foreign countries without an established tradition of free speech.
Multicultural Perspectives in Music Education (Third Edition)  
By William Anderson '63E, '65E (MM)  
Rowman & Littlefield, 2010  
Anderson, a professor emeritus and founding director of the Center for the Study of World Musics at Kent State University, edits an updated and expanded edition of the collection of essays and lesson plans for music educators.

Octogenarians Say the Darndest Things!  
By David L. Anders and Rebekah Yates Anders '53M (MD)  
David Anders, 2011  
Rebekah Yates Anders, a retired physician, and her son, David, a geriatrician, recall the humor, wisdom, pathos and surprises they’ve experienced while caring for older patients.

The Wellspring Weight Loss Plan  
By Daniel Kirschenbaum ’71  
BenBella Books, 2011  
Kirschenbaum, the vice president of clinical services at Wellspring, a nonprofit provider of weight loss support, presents a weight loss program based on “science, simplicity, and sustainability” to help overweight adults and youths make behavioral changes to lose weight.

Camelot, Inc.: Leadership and Management Insights from King Arthur and the Round Table  
By Paul Oestreicher ’79  
ABC-CLIO/Praeger, 2011  
Entrepreneur and communications expert Oestreicher explores leadership challenges by relating contemporary examples to the lessons of Arthurian legends.

Image Ethics in Shakespeare and Spenser  
By James A. Knapp ’98 (PhD)  
Palgrave Macmillan, 2011  
Knapp, the Edward Surtz, S.J., Professor of Shakespeare and Textual Studies at Loyola University Chicago, examines the relationship between visual perception and ethical action in early modern English literature.

Terror in a Troubled Land  
By Mario Sparagana '51, '55M (MD)  
Peppertree Press, 2010  
In the murder mystery by Sparagana, a retired professor of medicine at Loyola Stritch School of Medicine, an investigation follows a 1980 bomb explosion in a Bologna, Italy, train station.

Edited by Valery I. Chirkov ‘01 (PhD), Richard M. Ryan ’81 (PhD), and Kennon M. Sheldon  
Springer, 2011  
Chirkov, Ryan, and Sheldon coedit a collection of essays exploring the nature of personal autonomy, self-determination, and agency, building on self-determination theory developed by Ryan and Edward Deci, professors in the Department of Clinical and Social Sciences in Psychology at Rochester. Chirkov is an associate professor of psychology at the University of Saskatchewan.

You Are Not Your Brain: The 4-Step Solution for Changing Bad Habits, Ending Unhealthy Thinking, and Taking Control of Your Life  
By Rebecca Gladding and Jeffrey Schwartz ’73  
Avery, 2011  
Schwartz, a research psychiart at the University of California at Los Angeles, demonstrates how we can “rewire” our brains through the techniques of mindfulness.

Ben Graham Was a Quant: Raising the IQ of the Intelligent Investor  
By Steven Greiner ’87 (PhD), ’89 (Flw)  
John Wiley & Sons, 2011  
Greiner, the head of risk research for FactSet Research Systems, shows investors how to create models based on the ideas of value investing pioneer Ben Graham.

Final Mercy  
By Frank Edwards ’79M (MD)  
Zumaya Publications, 2010  
Edwards, the founder and medical director of Delphi Emergency Physicians and a clinical assistant professor of emergency medicine at the School of Medicine and Dentistry, presents his first thriller.

The Depression Code: Deciphering the Purposes of Neurotic Depression  
By Roger Di Pietro ’04M (Pdc)  
Lulu, 2010  
Clinical psychologist Di Pietro explores the low-level depression known as dysthymic disorder, arguing that it’s a personality-based condition in which depressive symptoms may be used by sufferers to achieve goals within a social context.

Recordings  

Piano Praise 2  
By Todd Beaney ’85E (MM)  
Self-published, 2010  
In a follow-up to Piano Praise (Self-published, 2005), the pianist and composer performs original arrangements of classic hymns in a variety of musical styles. Beaney is also the author of “We Have Met to Worship”: Captivating Expressions of Praise for Piano (Lorenz, 2010), a collection of arrangements and compositions for solo piano.

String Quartets and Trio  
By Katherine Hoover ’59E  
Parnassus Records, 2010  
The composer Hoover presents performances of her compositions String Quartet 1 and String Quartet 2, by the Colorado Quartet, and Trio, by the Rogeri Trio.

Books & Recordings is a compilation of recent work by University alumni, faculty, and staff. For inclusion in an upcoming issue, send the work’s title, publisher information, author, and author’s class year, along with a brief description, to Books & Recordings, Rochester Review, 22 Wallis Hall, P. O. Box 270044, University of Rochester, Rochester, NY 14627-0044; or by e-mail to rochrev@rochester.edu.