

Aguilar. “But I missed singing so much,” he adds, alluding to his years as a member of the River Campus a cappella group the Midnight Ramblers.

Over two months, *Popstars* judges Fernanda Brandao, a Brazilian-German dancer and pop star, and Detlef D! Soost, a storied German choreographer and street dancer, went on a casting tour, holding auditions in all eight provinces of Austria. Over the course of a television season, 50 callbacks were whittled down to nine women and nine men, shown living, training, and competing against one another at a mountain resort. The object was to make—and then to stay in—either the three-member girl band, BFF, or the boy band counterpart, Kilmokit. Aguilar not only made it into the final Kilmokit, but helped the band prevail over BFF in a season finale contest decided by viewer votes. The victorious trio of “Chris, Flo, and Patrick” came away with a Sony recording contract, a series of promotional gigs on radio and television, and 100,000 Euros.

Each band member had his own challenge. For Aguilar, who was born in Mexico and raised bilingually in the United States, it was singing in his newest language. “Anything with an umlaut is really hard,” says Aguilar, who struggled through his lead vocal role in the band’s single “Keine Träne.” “I sang with a very thick accent, and there was a lot of laughter in the studio.”

Aguilar overcame that challenge in part because he can be a bit of a taskmaster. “They used to call me Mr. Perfect on the show, because I’m very—I want discipline a lot. I want to do a very good job with the choreo, with the voice, with everything.”

The camera-friendly former Rambler is enjoying overnight fame. “When I ride the metro, it’s an adventure. I’ve had people from an older couple to young children recognize me. One little girl was really cute. She didn’t think I was real,” he says, chuckling.

While Kilmokit is a pop group, with a drummer and guitarists, Aguilar says they often sing a cappella. “We’re doing photo shoots, we’re doing autograph signings,” he says. “We always want to perform at these events, so we often do a cappella. Being with the Ramblers, I learned so much about group dynamics, about leading, about a cappella blending, harmony, and melody.”

In fact, says Aguilar, “So many things from Rochester really prepared me. It’s ridiculous. It’s like the best training school for life.” **R**



#### MELIORA MOMENTS

## Kate Gruschow '11S (MS)

### Staff member, Simon School Advancement

HOW MANY OF US HAVE THOUGHT TWICE about getting a paper cut? Simply slap a Band-Aid on it, maybe some Neosporin, and off you go. If it were not for the care I received in the Kessler Burn & Trauma Center at Strong Memorial Hospital, a paper cut would have killed me. A paper cut.

While working for the Simon School of Business and staffing an alumni event in Charlotte, N.C., in late January 2011, I received a paper cut while setting out our nametags. A week later, it became infected. A week or so after that, I was in the Kessler Burn & Trauma Center fighting for my life.

I had developed toxic epidermal necrolysis (TENS, also known as Stevens Johnson Syndrome), an incredibly rare and potentially fatal allergic reaction to the antibiotic I was prescribed. I was given a 50 percent chance of survival, and my epidermis “burned” off over 95 percent of my body.

My *Meliora* Moment is threefold.

First, the care I received from Dr. Derek Bell and the staff at the Kessler Burn & Trauma Center literally saved my life. They healed this then 29-year-old mother of two and returned me to my family. It is truly medicine of the highest order.

Second, I am incredibly grateful to Dennis and Larry Kessler for their support of the unit at the Medical Center. I had visited another local hospital (closer to my home) three times before going to Strong with no diagnosis. At Strong, they knew immediately what it was and how to treat it.

Lastly, the outpouring of concern from the staff at the Simon School and University Advancement was overwhelming. A constant stream of cards was delivered to me at Strong (many eager visitors were declined due to my condition). Meals were arranged for my family upon my discharge. Everyone’s concern and thoughtfulness motivates me to be an “ever better” colleague.

At the time of my hospital stay, I was also a part-time student at Simon, and the faculty worked with me to get caught up. I am happy to report that a mere three months after discharge I walked across the stage at Eastman Theatre and received my master of science degree in business administration.

I am now a grateful patient, staff member, and alumna. **R**

For more *Meliora* Moments, and to submit your own, visit <http://meliora.rochester.edu>.