A Musical Coming of Age

Collectors and musicians, Catharina Meints ’66E and her late husband helped revive a baroque instrument, giving it a new heyday.

By Karen McCally ’02 (PhD)

WHEN CATHARINA MEINTS ’66E AND HER late husband, James Caldwell, began teaching at the Oberlin Conservatory of Music in the 1970s, the viola da gamba might reasonably have been described as instrumental music’s version of an endangered species. A fretted, bowed string instrument, it was popular in the royal courts of Europe from the 16th to the 18th centuries. After that, interest in the baroque instrument was sustained largely as a rarefied hobby of a relative few.

James Caldwell, an acclaimed oboist, was among those few. In the fall of 1966, when he and cellist Meints met as colleagues in the Chamber Symphony of Philadelphia, the viola da gamba was one of his several side interests. He owned six of the instruments. They weren’t collectors’ items (that would come later), but rather, instruments he acquired and loaned out to entice others to play.

“Our first date was his showing me his gambas and teaching me to play a little bit,” recalls Meints. They were married five months later, in February 1967.

It was the beginning of a 40-year partnership during which Meints and Caldwell became leaders in a revival of the viola da gamba or, in English translation, the viol (pronounced VYE-ole). They spent summers in Europe studying the instrument together.

They established the Baroque Performance Institute at Oberlin to help build a new generation of players. And they built one of the most significant private collections of viols in the world.

This year, Meints released The Caldwell Collection of Viols: A Life Together in the Pursuit of Beauty (Music Word Media Group). A book in print and iPad editions, the work showcases the more than 20 viols, from 250 to 400 years old, in a collection that she and Caldwell built over the course of their marriage, through travels and dogged pursuit.

Meints, who performed with the Cleveland Orchestra from 1971 to 2006, the same year that Caldwell died, is now an associate professor of viola da gamba and cello at Oberlin. She says that her interest in the viol “had more to do, frankly, with the literature written for it than with the instrument itself.”

Music for the viol is often polyphonic, which is to say that it involves several viol parts, all of which are relatively equal in importance. Each of the parts may be technically simple, says Meints. But when you put them together—up to five or six
parts—“they are as complex as a Mahler symphony.”

That also makes the music “conversational,” says Meints. “It’s music written for the pleasure of the players themselves.”

Meints and Caldwell built their collection with musical conversation in mind. “We decided that as we got to know more about instruments and the music we were playing, that we really wanted to have two English instruments and two French instruments and two German instruments, because there was a lot of music for two viols from each of those countries and we wanted to play together,” says Meints.

The Caldwell Collection of Viols features audio supplements of Meints playing each of the instruments in the collection solo. It’s bittersweet. But Kenneth Slowik, artistic director of the Smithsonian Chamber Music Society, and a musician who played many times with Caldwell and Meints, says Meints “brings tremendous cello virtuosity to the viol.” And her solos on each of the instruments make a valuable contribution to musical history.

“Hearing them is important for understanding the difference from one school to the next,” he says, referring to distinct English, French, and German viols and viol music.

The book includes photographs, musical notes, and notes by a contemporary viol maker on each instrument, as well as Meints’s personal story of each acquisition. Slowik, who first met the couple in the early 1970s, describes the book as “an homage by Meints to Caldwell and to their joint quest, as described in the book’s subtitle.

Their “life together in the pursuit of beauty” wasn’t just significant to Meints and Caldwell, but to the revival of the viol itself. Meints can take pride that the viol enjoys a higher stature among serious musicians in the United States today than it did 40 years ago.

“There was an active community of amateur players” a half century ago, Slowik says. The growth of professional players is a more recent development, and “the [Baroque] Performance Institute counts among its alums most of the professionals in the early music community.

“Or I should say a certain generation of professionals,” he adds. “In the ‘60s and ‘70s, there was a real sense of pioneering. Now we’re to the point where a number of younger players can benefit.”

**BIG TIME: The classically trained bassist Levin (left) is the preferred bass player of Gabriel (right) among other rock legends. The October concert in San Jose, Calif., was part of a tour to mark the 25th anniversary re-release of Gabriel’s album So.**

### IN THE NEWS

**So... On Tour with Peter Gabriel**

For 30-plus years, Peter Gabriel, the British art rock master who became a megastar in the 1980s with the release of the platinum album So, has consistently relied on bassist **Tony Levin** ’68E.

This fall, Levin joined Gabriel on his “Back to Front” tour, which accompanies a 25th anniversary remastered edition of So (Geffen Records). The album melded catchy pop melodies and rhythms with stirring Wolof vocals from Senegalese singer Youssou N’Dour, Levin’s signature “funk-fingering” bass-playing technique, and other flourishes that were strikingly new in 1980s pop.

Levin, whose first major gig was with the Rochester Philharmonic Orchestra, has released six solo albums, several of which feature his work on the Chapman stick, an instrument consisting of a long, wide fretboard with 8, 10, or 12 strings, named for its creator, jazz musician Emmett Chapman.

Levin has worked with many celebrated popular musicians in addition to Gabriel, including John Lennon, who nicknamed the shorn and mustached bassist “Kojak” during the recording sessions of what would be his final album, Double Fantasy, written and recorded with Yoko Ono in 1980.

Levin has returned to Rochester several times over the years, including to visit the Eastman School. He returned to the school most recently in June 2007 to perform with **Chuck Mangione** ’63E, **Steve Gadd** ’68E, the late **Gerry Niewood** ’70E, and several other original performers in a re-creation of the 1970 “Friends and Love” concert that helped launch Mangione’s career.

This month, in the wake of his tour with Gabriel, Levin is in Europe with his band, the Stick Men. He keeps an up-to-date “Road Diary” on his website, www.papabear.com.

—Karen McCally