Packing 101

NOW THAT YOU HAVE YOUR ROOM ASSIGNMENT, YOU’RE PROBABLY STARTING TO THINK ABOUT PACKING FOR UR. SINCE YOU CAN’T PACK YOUR WHOLE HOME INTO A SUITCASE, WE MADE A QUICK GUIDE FOR YOU.

**Basic Freshman Housing Info**

**Bed Height** is adjustable by Facilities staff up to 31 inches. This height allows you to put your dresser under your bed.

You may bring a **refrigerator** up to 4.3 cubic feet in size as well as a **microwave** 900W or less. Please remember all appliances must be plugged directly into the wall. Not into a surge protector.

In every freshman residence hall there is a full size **kitchen** equipped with a stove, oven, and sink.

**Cleaning supplies**, including brooms and vacuums, etc. are available upon request. Talk to your RA or go to your Area Office for more information. You just need your UR ID to borrow them.

Every residence hall and academic building has wireless internet access. However, if you prefer wired internet, each room is equipped with one Ethernet port per person.

Make sure you are covered under your family’s homeowners or **renters insurance**. If not, look into purchasing some extra.

**Helpful Tips**

- Don’t bring everything you own! Leave some things at home as storage in your room is limited.
- Talk to your roommate before you arrive so you can coordinate what you’re bringing. You probably don’t need two of everything.
- Don’t pack your bags and boxes too heavy: your RA, D’lion, and Freshman Fellow will be helping you move in all of your stuff.
- Move-in day can be hectic. Remember to be upbeat and focus on the positives.

**Label all your belongings with your name and room number.**

As other students will be helping you move your stuff, this will ensure nothing gets lost or left behind.

**What’s in my room?**

In each room, each student gets...

- Bed with a mattress
- Desk with drawers, hutch, and light.
- Desk chair
- Dresser (3 drawers)
- Wardrobe (freestanding closet)
- Ethernet port
- Wastebasket & recycle bin
- One Cable TV Outlet
- Window Coverings (no curtains allowed)

**General Room Dimensions:**

*Please note some room sizes may vary based on location within building. These are averages.*

**Susan B Anthony Hall**

Single Room: 12’6” x 9’7”
Double Room: 15’2” x 13’10”

**Freshman Quad**

(Hoeing, Lovejoy, Tiernan, Gilbert)

Single Room: 14’ x 8’
Double Room: 15’8” x 14’

**All**

Wardrobe
24”L x 36”W x 75”H
All Mattresses are Twin XL
**What To Bring**

- **Bedding:** This includes pillows, sheets (Extra-long twin: the beds are 36” x 80”), and a comforter/blanket.
- **Clothes, Winter Coat, Hat, Gloves, Scarf, Boots, Shoes**
- **Hangers.**
- **Shower Flip Flops & Bathrobe.** Remember there are corridor bathrooms
- **Shower tote & supplies.** Don’t forget deodorant, lotion, shampoo/conditioner, toothbrush and paste, hair dryer, etc.
- **Towels.** How many depends on how often you do laundry.
- **Laundry basket/ bag and detergent.** In a size you can carry when packed with dirty laundry. Our laundry rooms are equipped with HIGH EFFICIENCY washers, so you will not need the 180 oz. bargain jug-o-detergent.
- **Decorations.** Posters and other items to personalize your room. Please bring adhesive that is removable and does not damage the walls, such as Poster Putty, or Tac Adhesive Putty. Read the fine print…students will be charged for any damages to University property. The New York State Fire Code mandates that no more than 20% of the wall can be covered.
- **“Student Health Kit”** Recommendations from a UHS Nurse Practitioner include: cold medication (antihistamine, decongestant, saline nasal spray, cough suppressant), headache medication, allergy medication, hand sanitizer, sunscreen, and medications for stomach distress. Remember to include supplies, such as bandages, a thermometer, a heating pad (for muscle soreness and sports injuries), and a room humidifier (for the dry winter months and treatment of colds).
- **Headphones.** Like loud music at 3am? Headphones are an easy way to avoid roommate conflict.
- **School Supplies.** Pens, binders, notebooks, calculator

No extension cords are allowed. Only surge protection devices that meet the following criteria:

- Multiple plug power adapter
- Over-current protection (switch, usually reset button)
- Grounded (3-prog plug)

The following items are allowed only if they have automatic shut off:

- Coffee makers, rice cookers, crock pots, Clothes irons, Hair dryers, curling irons, food processors, blenders

**What Not To Bring**

- Cooking appliances such as George Forman grills, toasters, toaster ovens, electric skillets, crock pots, hot plates and similar cooking appliances are prohibited.
- Any lighting that has an upward facing lamp or that has a movable “octopus” arm so that lamps can be faced upward are prohibited.
- String Lights or rope lights.
- Any portable heating or cooling devices such as space heaters or air conditioners.
- All lightweight extension cords or multi plug outlet adapters. Heavy weight power strips or extension cords **without** safety circuit breakers (this is usually indicated by the word reset); flexible (twisty) power strips. This includes bed lofts with outlets. *Also, cords cannot be affixed to walls, across corridors, or under floor coverings
- Candles, lantern, lamps incense or any other item that produces an open flame.*Please note this includes unburned candles. Candles found in rooms can carry fines if found
- Multiple approved power strips connected together (“chaining”) *Also, all fridges and microwaves must be plugged directly into a wall and not into a power strip.
- **All decorations covering more than 20% of the walls**
- Crepe paper, plastic or Mylar decorations
- Anything covering the ceiling
- Curtains or drapes.
- Pets
- Weapons

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**Be Careful!**

If you hang up hooks or posters in your room make sure you use a removable adhesives such as white poster putty, command strips, or 3M Hooks. Please note that command and 3M products can cause damage to the walls if not used and removed correctly.

You are responsible for all damage in your room.

**Forget something?**

Don’t worry! There are a lot of nearby shops including Target, Best Buy, Walmart, grocery stores and more. The University provides shuttles during Fall and Spring Semesters to all of these stores a few times a week.

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**When you arrive and need something fixed…**

Call 585.273.4567