UR HEALTH

MATTERS
Let your voice be heard.

TAKE THE NATIONAL COLLEGE HEALTH ASSESSMENT

Check your email for a personal invitation to complete the National College Health Assessment. Results from this survey will help UHS better understand student health needs and will be used to develop new student wellness programming.

- Complete it on any computer, mobile device, or tablet.
- Only takes 20—25 minutes.
- Start and stop anytime—your data saves automatically.
- Your responses are confidential and voluntary.

Raffle Prizes!

- Gift cards to Starbucks, iTunes, or Amazon.
- UR Merchandise / UR movie, concert, & special event tickets.
- Fitness Kit including a Fit Bit, yoga mat, and more!

open the email
complete the survey
win prizes

It’s Easy!