

**University Health Service, University of Rochester**  
**IMMUNIZATION REQUIREMENTS**

**for Entering Health Profession Students (Nursing, PT/OT, Food & Nutrition)**

All matriculated students born on or after January 1, 1957 attending a college or university in New York State must provide the following information with verification from the student's physician or an appropriate school official. New York State Law mandates that students not in compliance with the requirements 30-45 days after the start of classes are to be withdrawn from school and required to leave campus. **No religious exemptions accepted for immunizations.**

**New York State Department of Health Requirements**

**Measles (Rubeola):** A student must demonstrate receipt of two doses of live measles vaccine<sup>1</sup> through one of the following ways:

- The first dose given on or after the student's first birthday and the second on or after 15 months of age and at least 30 days after the first dose, OR
- Serological evidence of immunity through a blood test performed by an approved medical laboratory, OR
- Statement from the diagnosing physician that the student has had measles disease, OR
- Proof of honorable discharge from the armed services within 10 years from the date of application to the institution. The proof of honorable discharge shall qualify as a certificate enabling the student to attend the institution pending actual receipt of immunization records from the armed services.

**Mumps:** The student must submit evidence of two (2) doses of live mumps vaccine<sup>2</sup> through one of the following:

- Two (2) doses of live mumps vaccine given on or after the first birthday, OR
- Serological evidence of mumps immunity through a blood test performed by an approved medical laboratory, OR
- Statement from the diagnosing physician that the student has had mumps disease, OR
- Proof of honorable discharge from the armed services within 10 years from the date of application to the institution.

**Rubella:** The student must submit evidence of a single dose of live rubella virus vaccine<sup>2</sup> through one of the following:

- Single dose of live rubella virus vaccine given on or after the first birthday, OR
- Serological evidence of rubella antibodies through a blood test performed by an approved medical laboratory, OR
- Proof of honorable discharge from the armed services within 10 years from the date of application to the institution.

**Physical examination:** History and physical examination performed within 12 months of appointment, of sufficient scope to confirm that there are not health impairments including the habituation or addiction to depressants, stimulants, narcotics, alcohol or other drugs or substances that would be of potential risk to patients or personnel, or which might interfere with the performance of responsibilities.

**Meningococcus:** At this time, **Meningococcus Vaccination is not required.** However, colleges and universities are now required by New York State law to distribute information about meningococcal meningitis (also called meningococcal disease) and vaccine availability to students. You are asked to **indicate your receipt of this information** on the Health History Form and document vaccination date, if already received.

**University of Rochester/Strong Memorial Hospital Requirements for Health Profession Students:**

**Tetanus/Diphtheria:** The student must have received Tetanus/Diphtheria (Td) vaccination within 9 years prior to entering the University **OR** one dose of Tdap. **CDC recommends that health providers who have direct patient contact should receive a single dose of Tdap as soon as feasible if they have not previously received it.**

**Tuberculin Skin Test:** **Two TST (Mantoux intradermal skin tests) and interpretations within one year of each other** are required unless a history of past positive TST is reported. **One TST must be within 3 months** of starting the program. Tine tests or history of BCG do not meet the requirement. If a positive TST or history of past positive TST is reported, a chest x-ray must be obtained after positive TST and a copy of the report attached.

**Hepatitis B:** The Centers for Disease Control and Prevention strongly recommend vaccination with Hepatitis B Vaccine for health care professionals.

**Varicella Vaccine:** When there is no history of chicken pox disease and susceptibility is verified by serologic screening, vaccination with Varicella Vaccine is strongly recommended.

All immunization dates, history of disease, and serological evidence must be verified by the signature of a health practitioner; or as an immunization record submitted by a doctor's office, an institution, or school previously attended by the student. The signature of the certifying physician or school official must appear on the form. New York State law mandates that students not in compliance with the requirements 30-45 days after the start of classes are to be withdrawn from school and required to leave campus.

MMR (measles/mumps/rubella) vaccine may be used to satisfy a single dose of measles/mumps/ rubella.<sup>1</sup> Students born prior to January 1, 1957 need not provide proof of immunity for measles, mumps, and rubella; however, we ask that if they recall having had measles, mumps, or rubella to please note that on their form.

<sup>1</sup> The law specifies that only *live* virus measles vaccine is acceptable. Both inactivated and live virus measles vaccine was licensed in 1963. The inactivated (killed) vaccine was withdrawn in 1967. Measles immunizations given after January 1, 1968, constitute acceptable doses of vaccine since all measles vaccine given after that time was live virus vaccine. Immunizations given before 1968 technically meet legal requirements if the medical record clearly indicates that the vaccine was *live* virus vaccine.

<sup>2</sup> The law specifies that only *live* mumps and *live* rubella vaccine are acceptable. Mumps and rubella immunizations given after January 1, 1969 constitute acceptable doses of vaccine since all mumps and rubella vaccine given after that time was *live* virus vaccine.