

Instructions for Incoming Full-time Students

Completing the Health History Form & the Online Health Insurance Enrollment/Waiver Process

Health History Form – This envelope contains the Health History Form. Please complete and return this form to University Health Service (UHS) by the deadline below. The original form must be returned. The form is scannable and cannot be faxed. It is a good idea to make a copy of the form before you mail the original to the University Health Service.

- New York State Law and the University of Rochester mandate completion of this form and all requirements. Required tests and immunizations must be completed and verified by a health practitioner or public health official as specified within this packet.
- Students not in compliance with all requirements by the first day of classes will be subject to a late fee, may be withdrawn from the University, and may have subsequent semester registrations blocked.
- If you need assistance, call (585) 275-0697 or toll free at (888) 363-2519. You may also contact the office by e-mail at hfh@uhs.rochester.edu.

Also included in this packet –

- *Notice of Privacy Practices* – The Health Insurance Portability & Accountability Act (HIPAA) requires all health care institutions to provide patients with information about privacy practices. You are asked to indicate your receipt of the Notice of Privacy Practices on the Health History Form.
- *Meningococcus Disease Information Sheet* – Colleges and universities are now required by New York State law to provide students with information about the risks, benefits, availability, and alternatives to Meningococcal vaccination. You are asked to indicate your receipt of this information on the Health History Form.
- *Information on HPV Vaccine* – The HPV vaccine has been added to the Health History Form as a recommended vaccine for students. A fact sheet from the Centers for Disease Control (CDC) provides information about this vaccine that is effective for the prevention of cervical cancer & other diseases caused by HPV.
- *Use of Email for Communication of Non-Urgent Health Concerns* – Your consent is required for you and your health care provider to use email for communication of personal health information. Please review the enclosed blue form for information.

Form Due Dates:

Fall Entering Students
Spring Entering Students
Simon School, Summer & Other Acceptance

RETURN BY:

June 30
December 31
Within 4 weeks of acceptance

Online Health Insurance Enrollment/Waiver Process – Every year, all full-time students must complete the online Health Insurance Enrollment/Waiver Process to let the University know if they will be enrolling in the insurance offered by the University or if they will be remaining on their own parent's or spouse's insurance. Completing the process by the dates above will help assure accurate billing and coverage by the start of classes.

- To select your insurance, click on "For 2011-2012" in the pink box on the UHS home page (www.rochester.edu/uhs). The link to the enrollment/waiver process will be available for students by June 30, 2011. Selecting health insurance is required for all full-time students to assure accurate billing and coverage.
- Students can enroll in the University-sponsored Aetna Student Health insurance, or they can choose to remain covered by their own (or their parent's or spouse's) insurance. Information about the University-sponsored insurance is available on the UHS web site in "Health Insurance for Full-time Students."
- If you have questions about health insurance and/or completing the Health Insurance Enrollment / Waiver Process, contact the UHS Insurance Advisor at insurance@uhs.rochester.edu or by phone (585-275-2637).

Mandatory Health Fee – In addition to health insurance, all full-time students must pay the mandatory health fee. This fee covers primary care visits to UHS, time-limited therapy at the University Counseling Center (UCC), and health promotion services. This fee will be included on your tuition bill.

For more information – For information about services provided by the University Health Service (UHS) and the University Counseling Center (UCC), check the UHS and UCC web sites (www.rochester.edu/uhs and www.rochester.edu/ucc).