

University of Rochester
School of Medicine & Dentistry

Medical Student HEALTH REQUIREMENTS

University Health Service assists students in meeting NYS college student, health professions, and Federal OSHA requirements.

All matriculated School of Medicine and Dentistry Students must fully comply with all applicable health and immunization requirements by August 8th of the year of entry. After August 8th, a late fee will be charged. If not complete by September 15th, the student may be required to discontinue all academic programs. **No religious exemptions accepted for immunizations.**

Initial Requirements upon entry:

1. Completed Health History form.
2. Documented Physical examination within 12 months, of sufficient scope to confirm that there are no health impairments that would be of potential risk to patients or personnel, or which might interfere with the performance of responsibilities, including the habituation or addiction to depressants, stimulants, narcotics, alcohol or other drugs or substances which may alter the individual's behavior.
3. Complete immunization history.
4. Documentation of health insurance coverage. All students will be covered and charged for University-sponsored Aetna Student Health insurance unless they provide evidence of comparable coverage. All students must complete the online Health Insurance Enrollment/Waiver Process every year. The link to this online process is on the UHS web site (www.rochester.edu/uhs). For information about the Aetna Student Health insurance plan, click on the pink box on the UHS home page. This link also links to the enrollment/waiver site.

FEDERAL, NEW YORK STATE & UNIVERSITY HEALTH REQUIREMENTS:

Measles (rubeola): Two (2) doses of live vaccine. The vaccine **must** have been given on or after the first birthday, in 1968 or later, and without immune globulin. A second dose of measles vaccine must meet the same requirement, but should be given no sooner than 30 days after the first dose. Serologic evidence of measles immunity **or** a history of physician diagnosed measles is acceptable for establishing immunity.

Mumps vaccine: Two (2) doses of live vaccine given on or after the first birthday AND on or after 1/1/69. Serologic evidence of mumps immunity is acceptable, or a physician diagnosed history of disease.

Rubella: One (1) dose of live vaccine given on or after the first birthday AND on or after 1/1/69. Serologic evidence of immunity is acceptable.

Meningococcus: One (1) dose of vaccine within the last 10 years, **OR** written acknowledgement of receipt of information concerning vaccination and signature declining vaccination.

Tuberculin Skin Test: Two TST (Mantoux intradermal skin test) and interpretations are **required, the first within one year of the second and the second within 3 months of the start of appointment**, unless history of past positive skin test is reported. **Chest x-ray:** If the TST is positive, a negative chest x-ray report after a positive TST is required. BCG vaccination alone does not meet the requirement.

Tetanus-Diphtheria: Tetanus – Diphtheria (initial series) and booster every 10 years.

OR

Tdap The CDC recommends that health providers who have direct patient contact should receive a single dose of Tdap as soon as feasible they have not previously received it.

TB Respirator – N-95 Fit Test: Fit testing will be done at orientation or promptly thereafter (by 9/15 of the incoming year). If you have been previously fit tested, provide a copy of the certification.

Hepatitis B vaccine: The CDC strongly recommends hepatitis B vaccination for health care professionals. A post vaccine titer is necessary to assure immunity. A signed declination form must be completed if you decline vaccine.

Varicella History: If no documented disease history, serological test is required. If negative, vaccination with 2 Varicella vaccines is strongly recommended. A signed declination form **must be completed** if the applicant declines vaccine.

Annual Requirement: UHS visit to review general health status, tuberculin skin testing and administer other immunizations as needed.