Services for Full-Time Students
The University Health Service (UHS) provides a full range of confidential, high-quality primary health care services for full-time University of Rochester students. The UHS clinical staff includes registered nurses, nurse practitioners, and physicians. To provide students with a more personal and effective interaction, all students are assigned a primary care provider (PCP) at UHS when they begin studies at the University. Students are encouraged to schedule appointments with their PCP.

Confidentiality
All visits to UHS are confidential. UHS will not share any information about the fact or nature of a student's visit to UHS without the student's permission. Notification of others, including parents, friends, and University faculty and administrators, is considered the student's responsibility unless the condition is serious and the student is unable to assume responsibility for informing others. Parental notification and consent will be obtained for students under age 18, as required by law.

Hours & Locations
UHS has offices on the River Campus, in the Medical Center, and at the Eastman School of Music. The UHS Building, located next to Susan B. Anthony Halls on the River Campus, is open seven days a week during the academic year and weekdays during the summer and school vacations. The UHS Medical Center Office is open weekdays throughout the year. The Eastman School Office in the ESM Student Living Center is open weekdays during the academic year. (See hours on back.)

Appointments—Call (585) 275-2662
Visits to UHS are by appointment. You can schedule an appointment at any UHS office by calling (585) 275-2662. All students have a primary care provider (PCP) at UHS. When you call to schedule your appointment, the receptionist will offer you an appointment with your PCP. Seeing your primary care provider whenever you need health care will lead to a more personal and effective interaction.

Health Care Services
UHS provides a full range of primary care services, including the treatment of illnesses and injuries, women's health care, management of ongoing medical problems, and advice and treatment for any health concern. Prevention of illness is a major focus of the care provided at UHS. During your visit to UHS, your primary care provider (PCP) will help you learn to manage your health care needs.

Additional Services Include
Allergy Injections & Immunizations: You can arrange to receive your allergy injections at any UHS office. Immunizations for travel, study abroad, and other vaccines (e.g., flu shot, hepatitis B vaccine) are also given at UHS.

Counseling: The University Counseling Center (UCC) provides time-limited individual and couples therapy and yearlong group therapy to members of the University of Rochester community who pay the mandatory health fee.

Laboratory Tests & X-Rays:* Most laboratory tests are completed during a visit to UHS. Patients needing X-rays are referred to the Department of Radiology at Strong Memorial Hospital.

Medications:* Several nonprescription and prescription medications prescribed by UHS providers are available for purchase at UHS offices, often at a lower cost than at a pharmacy.

Physical Therapy:* UHS offers physical therapy services on the River Campus and at the Eastman School of Music.

Referrals to Specialists:* If you need to see a specialist for a consultation, your UHS health care provider will refer you to a specialist in the area.

When UHS Is Closed—Call (585) 275-2662
Whenever UHS offices are closed, a UHS physician is on call and available by phone for urgent concerns that cannot wait until the offices reopen. Please contact UHS before going to the emergency department of a local hospital unless you are critically ill, have been in a serious accident, or have been referred there by a UHS provider.

*The mandatory health fee covers the cost of visits with a UHS health care provider. It does not cover the cost of laboratory tests, X-rays, medications, physical therapy, and visits with specialists. Health insurance may cover some of these fees.
Health Information/Advice
UHS has a health information/advice line for patients who would like to speak with a registered nurse about a health concern. Call (585) 275-1160 about any health concern or to renew a prescription. You can also use the UHS website to ask a question. Click Locations & Hours, Contact UHS (www.rochester.edu/uhs) to submit your question. A UHS staff member will respond. Fact sheets on numerous health topics are available on the UHS website. In addition, the website provides links to reputable health-related websites.

Health Promotion
The UHS Health Promotion Office helps students make informed decisions about their personal health. The office provides opportunities for students to become involved by taking the Peer Health Advocacy course, joining the UR Student Health Advisory Committee, co-sponsoring health programs and events, or collaborating with staff members on a specific health promotion project. Call (585) 273-5775 for information about programs and services.

Paying for Services
All full-time students pay the mandatory health fee. This fee covers unlimited visits with UHS physicians, nurse practitioners, and registered nurses; time-limited therapy with mental health professionals at the University Counseling Center (UCC); the availability of a physician and a mental health professional on call 24 hours/day; and health promotion services.

In addition to the mandatory health fee, all full-time students must have health insurance. The University Health Service offers a health insurance plan for students. Students enrolled in the plan may also enroll their spouse and dependent children under age 26. All full-time students must complete the online Health Insurance Enrollment/Waiver process every year. Students with their own insurance coverage that meets University standards may choose to waive the University-sponsored health insurance.

Health insurance generally covers services such as hospitalization, diagnostic laboratory tests and X-rays, and surgical procedures. The specific benefits will depend on your insurance plan. It is important to carry your insurance card with you and to know the basics about your health insurance plan (i.e., company name, how to file a claim, when a referral is necessary).

The UHS Insurance Advisors are available to assist you with questions about the University-sponsored health insurance and the mandatory health fee. They can be reached at insurance@uhs.rochester.edu or (585) 275-2637.

For more information about UHS services check www.rochester.edu/uhs

UHS Locations & Hours
UHS has clinical offices on the River Campus, in the Medical Center, and at the Eastman School of Music. Students can schedule appointments by calling (585) 275-2662.

River Campus Office ............... (585) 275-2662
UHS Building, 1st floor

During the academic year
Mon., Wed., Thurs., 8 a.m.–9 p.m.
Tuesday, 9 a.m.–9 p.m.
Friday, 8 a.m.–5 p.m.
Saturday, 9 a.m.–5 p.m.
Sunday, 1 p.m.–6 p.m.

Summer and school breaks
Mon., Wed., Thurs., Fri., 8 a.m.–5 p.m.
Tuesday, 9 a.m.–5 p.m.

Medical Center Office ............... (585) 275-2662
1-5077 in the Medical Center

Mon., Wed., Thurs., Fri., 8 a.m.–noon and 12:30–5 p.m.
Tuesday, 9 a.m.–noon and 12:30–5 p.m.
This office is open all year.

Eastman School Office ............... (585) 275-2662
Room 106, ESM Student Living Center

During the academic year
Mon.–Fri., 9:30 a.m.–4:30 p.m.
This office is closed during the summer and breaks.

Important Phone Numbers
Appointments. ......................... (585) 275-2662
Health Information .................... (585) 275-1160
Insurance Advisor ...................... (585) 275-2637
Health Promotion Office ............. (585) 273-5775
Patient Advocate ....................... (585) 273-5770
University Counseling Center .......... (585) 275-3113

In a Health Emergency
If serious or life-threatening emergency:
On campus—Call Public Safety at (585) 275-3333
Off campus—Call 911
If not life-threatening:
Call UHS at (585) 275-2662