What is Zika infection?
Zika infection is caused by the Zika virus. The virus is spread mostly by the bite of a certain type of mosquito. These mosquitoes bite during the day and at night.

Besides mosquitoes, how does Zika spread?
- A pregnant woman can give the infection to her unborn baby. This might cause serious birth defects.
- One person with Zika infection can give the virus to another person through sex. This can happen even if the infected person has no signs of illness.
- If you receive a blood transfusion from an infected person, you can get the infection.

Is there Zika virus in New York State?
- Zika has been found only in people who were infected while traveling to Zika-affected areas, or by having sex with someone who had traveled to those areas. So far, no one has gotten Zika infection from a mosquito bite in New York State.
- Zika outbreaks have occurred in South and Central America, Mexico, the Caribbean, and Puerto Rico. An outbreak also occurred in south Florida during the summer of 2016. Many areas of the U.S. have mosquitoes that can spread Zika.

What are the symptoms of Zika?
- When Zika causes illness, it is usually mild. Most adults with Zika won’t even know they have it.
- You may have a fever, rash, red eyes, and joint pains for several days.
- **PREGNANCY:** If a woman is infected during pregnancy, the Zika virus can affect the unborn baby. The illness can cause damage to the baby’s developing brain. Microcephaly (having an abnormally small head) is one of the most serious birth defects caused by Zika.

What about traveling to an area with Zika?

<table>
<thead>
<tr>
<th>If you are pregnant:</th>
<th>Do not travel to areas with Zika.</th>
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</thead>
<tbody>
<tr>
<td>If your partner is pregnant, and you have traveled to an area with Zika:</td>
<td>Use condoms correctly, every time you have sex, or do not have sex for the entire pregnancy.</td>
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<tr>
<td>If you and your partner are planning a pregnancy, and you have traveled to an area with Zika:</td>
<td>Talk with your healthcare provider before trying to become pregnant.</td>
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</table>

**Zika Testing:** Any pregnant woman should be tested for Zika if she or her sexual partner has traveled to an area where Zika is found. You can ask for testing any time during your pregnancy, even if you have no signs of the sickness. Speak to your healthcare provider about testing for Zika infection.

Is there a vaccine for Zika? Is there a medication to treat Zika infection?
- There is currently no vaccine to prevent Zika infection.
- There is no medicine to treat Zika infection, except taking medicine to lower fever and lessen pain.

Where can I find more information on Zika?
- Talk with your healthcare provider.
- Here are some good web sites:
  - Zika: What you need to know and Top 10 questions: [http://www.cdc.gov/Zika/about/index.html](http://www.cdc.gov/Zika/about/index.html)
  - Areas with Zika: [http://www.cdc.gov/Zika/geo/index.html](http://www.cdc.gov/Zika/geo/index.html)
  - New York Zika Info: [https://www.health.ny.gov/diseases/Zika_virus/](https://www.health.ny.gov/diseases/Zika_virus/)