Celebrate Valentine’s Day WITH A CONVERSATION ABOUT SEXUAL HEALTH

“The awkward conversation beforehand can prevent the really awkward conversation after.”
—Recent graduate, Northern Illinois University

“No glove, no love.”
—Third-year undergraduate, Pittsburgh State University, Kansas

“I’ll share my fries with you but not my STI.”
—Fourth-year undergraduate, Chadron State College, Nebraska

“I just ask: What is your status?”
—Second-year graduate student, University of West Alabama

“My current partner told me early on in a casual conversation that he regularly gets tested and always uses condoms. We were sitting on a bench outside of a Starbucks. It wasn’t an intimate moment and we didn’t have to make a decision right then. It has made subsequent conversations much easier.”
—First-year graduate student, Clemson University, South Carolina

“There are many myths about STIs, which has resulted from people feeling uncomfortable talking about this openly. So reading health magazines like Student Health 101 and talking to a health care professional is a good idea to get to know the facts.”
—Second-year graduate student, University of Massachusetts, Lowell

Need to get comfortable talking about condoms, latex dams, STIs, and multiple partners?
See Student Health 101, February 2016.