E-mail Message from UR Communications

April 9, 2016

The following message was sent to students and River Campus and Eastman School faculty and staff by UR Communications:

In the last 48 hours, the University Health Service (UHS) has become aware of approximately 20 River Campus students who have had sudden onset of nausea, vomiting and diarrhea. Some have gone to the Strong Memorial or Highland Hospital Emergency Departments, some have been seen at UHS and some have had only phone contact with us. We have been working with Environmental Health and Safety and the Monroe County Health Department to determine the cause of this outbreak. So far, it does not appear to be food borne, but the investigation is ongoing. The most likely explanation is a Norovirus infection, similar to outbreaks that happen on cruise ships. However, this has not been confirmed either.

UHS advises all students and others who spend time on the River Campus to pay extra attention to hand hygiene. While alcohol-based hand sanitizers may offer some protection, washing your hands with soap and water is the most important way to avoid acquiring this type of infection. A link to the CDC website’s Norovirus prevention information is listed below.

Students who develop nausea, vomiting and/or diarrhea should follow standard self-care guidelines: do not put anything in your stomach for 2 hours after vomiting, then start drinking clear liquids such as ginger ale or a sports drink. If you’re feeling lightheaded, have a high fever, see blood in the vomit or diarrhea, have abdominal pain or still having symptoms after 48 hours, call UHS at 585-275-2662. This number is answered at all times; a physician is on call when the office is not open.

http://www.cdc.gov/norovirus/preventing-infection.html

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