



SUPPORT FOR STUDENTS @ SIMON AND UNIVERSITY OF ROCHESTER

1. How to Connect
2. Basic Needs, Food, and Financial Support
3. Academic
4. Equity Diversity & Inclusion
5. Mental Health & Wellness
6. Title IX
7. Additional Support Resources at the University

CONNECTION

- Simon Business School Office of Student Engagement
 - Get involved with student led clubs and organizations
 - Join weekly club meetings, GBC Coffee Hours, EDI events, KSS, and social events
 - Explore events and activities:
 - [Simon Google Calendars](#)
 - Slack #Events channel
 - Individual Slack club channels (all club channels are public and you can join even if you are not a paid member of the club!)
 - Weekly OSE Events Newsletter sent to the Simon community every Monday morning
- Connect with classmates directly through Slack, via Zoom, or in-person while practicing social distancing and NYS, Monroe County, and UR COVID guidelines
- Utilize #MBACommunity and #MSCommunity Slack channels to interact with your classmates
- Mentorship Program through [Meliora Collective](#)
- [UR Connected Peer Coach](#)



CONNECTION

- Looking to get involved, connect with classmates, create programming, join clubs and organizations at Simon....
- Reach out to the Office of Student Engagement Student Life Team anytime!
 - [Nate Kadar](#), Director of Student Life
 - 202J Schlegel Hall, Office of Student Engagement
 - 585-330-3446 (cell)
 - DM me on Slack!
 - [Brittany Grace](#), Associate Director of Student Life
 - 202H Schlegel Hall, Office of Student Engagement
 - 585-275-2811 (office)
 - DM me on Slack!
 - [Kameron McMillian](#), Associate Director of Student Life - MS
 - 202N Schlegel Hall, Office of Student Engagement
 - 585-275-8177 (office)
 - DM me on Slack!



BASIC NEEDS & FINANCIAL SUPPORT

- Basic Needs Hub - short-term, temporary financial assistance in unanticipated or emergency situations; priority is given to students with the highest financial need.
 - <https://www.rochester.edu/students/support/form/>
- Food Pantry – The Food Pantry should be used by any student or postdoc who:
 - a) is food insecure
 - b) may be facing a change in employment status
 - c) is currently in quarantine or isolation without the financial means to order food
- University of Rochester Financial Aid
 - Allison Warner, Simon Financial Aid Liaison

the
FOOD
pantry
Feed the Hive

ACADEMIC

- Simon Business School Office of Student Engagement Advising Team
 - [Karen Mach](#), Director of Advising
 - [Jennica Dupra](#), Associate Director of MS Advising (MSBA & MSMA)
 - [Victoria Waldron](#), Associate Director of MS Advising (MSA & MSF)
 - [Brad Rosenbaum](#), Associate Director of MBA Advising (A – L)
 - [Clarissa Baston](#), Associate Director of MBA Advising (M – Z)
- Faculty & TA Office Hours (please refer to your individual course syllabus for specific Faculty Office Hour schedules) – we highly recommend utilizing either or both Faculty & TA Office Hours!! Office Hours are time reserved by faculty to offer additional support on course content.
- [Simon Tutoring Portal](#)
 - To begin scheduling appointments with a tutor, click the “Find a Tutor” link in [MySimon](#), and follow the link to “Register for an Account”
 - Choose the class you would like a tutor for in the drop down screen
 - Please only schedule appointments with tutors that are available to tutor that particular class
 - When you make an appointment with a tutor, make sure you coordinate with them directly on how, when, and where to meet!

ACADEMIC

- [Center for Excellence in Teaching and Learning \(CETL\)](#)
 - CETL serves graduate students in a variety of roles, providing resources for them as students, teaching assistants, and instructors
 - [CETL for Grad Students](#)
 - [Support for Learning](#)
 - [CETL FAQ](#)
- [River Campus Libraries](#)
 - [Robert Berkman](#), River Campus Business Librarian
 - [iZone](#)
- To report an Academic Integrity / Misconduct issue at Simon, please reach out to [Brad Rosenbaum](#), Associate Director of MBA Advising

ACADEMIC

- Disability Resources / Academic Accommodations are available for students at the Simon Business School, University of Rochester:
- *The University of Rochester is committed to fostering a welcoming, inclusive, and empowering environment where students with disabilities can thrive in their studies. The Office of Disability Resources works with students to identify barriers and establish reasonable accommodations in order to ensure students with disabilities have equal access and equal opportunity to fully participate in the University experience. Students who would like to request accommodations, register as a student with a disability, or learn more about available resources are encouraged to submit an application on the [Disability Resources website](#) or contact the office at (585) 276-5075 or disability@rochester.edu.*

EQUITY, DIVERSITY & INCLUSION

- [Janet Mejias](#), Director, Equity & Inclusion and Staff Equity Officer, Simon Business School
 - [Click Here to schedule a meeting with Janet](#)
- Janet was named Simon's first ever Director of Equity & Inclusion in July 2020, formerly Diversity & Inclusion Liaison for All Simon Students and heavily active and involved with diversity, equity, and inclusion initiatives at Simon and across the University since joining Simon in April 2020. As Director of Equity and Inclusion, Janet works closely with Simon Senior Leadership and the University's Office of Equity & Inclusion to ensure a consistent approach throughout the University. Her work has and will continue to help drive institutional change, create more diverse co-curricular experiences, embrace a diverse student body, and foster a more equitable and inclusive educational and workplace environment. Janet continues to work closely with students and provide direct student support, fostering close collaboration with staff and faculty across the school as well as alumni. Janet leads the Simon Diversity Roundtable and serves as the liaison to our EDI clubs and organizations.



[Simon Business School's Diversity Resources](#)

[University of Rochester Office of Equity and Inclusion](#)

EQUITY, DIVERSITY & INCLUSION

- Simon Business School EDI Clubs & Organizations
 - **Graduate Business Council & Diversity Equity and Inclusion Center of Excellence** (#diversityinclusion)
 - VP of Equity, Diversity, & Inclusion & President of Diversity Equity & Inclusion Center of Excellence – Kristen Alcazaren
 - **Master's Advisory Council (MAC)**
 - President - Marin Kutrolli
 - **Asians in America** (AslAm - #club-asiam)
 - President – Jolly Shi
 - **Simon Black Student Alliance** (SBSA - #club-blackstudentalliance)
 - President – Anika Wright
 - **Simon Women in Business** (SWiB) - #club-swib)
 - President – Tiera Wright



EQUITY, DIVERSITY & INCLUSION

- Simon Business School Clubs & Organizations
 - **Latin American Students of Simon** (LASOS - #club-lasos)
 - President – Mariana Reyes
 - **Simon Spectrum** (#club-spectrum))
 - President – Daniella Smith
 - **Simon Africa Business Club** (SABC - #club-simonafricabiz)
 - President – Olusola Ajibade
 - **Simon Consortium for Graduate Study in Management** (CGSM)
 - CGSM Liaisons – Tiera Wright, Justin Grant, Jazmind Holloman (MBA 2022) Cameron Jones, Dina Atwa, Micaela Ramirez (MBA 2023)
 - **Simon Forte** (#forte)
 - President – Elle Ramsden



EQUITY, DIVERSITY & INCLUSION

- [Paul J. Burgett Intercultural Center](#), University of Rochester

Jessica Guzman-Rea	Director	https://calendly.com/drguzmanrea
Col Raimond	LGBTQ Coordinator	https://calendly.com/col-raimond
Monica Astacio	Administrative Assistant	https://calendly.com/monica-astacio

- Bias Related Incidents & Reporting

- A bias related incident is characterized as a behavior or act – verbal, written, or physical – which is personally directed against targets an individual or group based on perceived or actual characteristics such as race, color, religious belief, sex, marital status, sexual orientation, gender identity or expression, national or ethnic origin, disability, veteran status, or age
- University of Rochester Community members can submit a Bias-Related Incident Report form if they know of any incident motivated by discrimination:

[Submit A Bias-Related Incident Report](#)

WELCOME TO THE
Paul J. Burgett Intercultural Center
WE ARE SO HAPPY TO SEE YOU HERE!

DROP-IN

OFFICE HOURS

MON 7:30PM - 9 PM

TUES 4PM - 5PM
6PM - 9PM


WED 12PM - 3PM

THURS 3PM-5PM

FRI 4PM - 6PM

SAT 12PM - 5PM

Are you Trans, Intersex, Non-Binary, or Two-Spirit? Sign-up here for TINT!



MEET-UPS

WED
Southern Meet-Up
7PM - 8PM

LGBTQ+ First-year Meet-up
8PM - 9PM

FRI
BIPOC Queer Meet-up
6PM - 7PM

Indigenous Latine Meet-up
8PM - 9PM

No Registration is required for Meet-ups but space is limited

MENTAL HEALTH AND WELLNESS

- University Counseling Center

- Drop in groups
- Self-help online
- 1:1 virtual appointments
- Emergency care

- CARE

- Network that helps to identify students in, or heading towards distress with timely and appropriate support

- Health Promotions

- Variety of health education and wellness programs
- Brand new Graduate Student Wellness Committee & Grad Student Focused Wellness Programming

- Mindful University

- Meditation, yoga & more, creating a culture of mindfulness for a campus community ever better

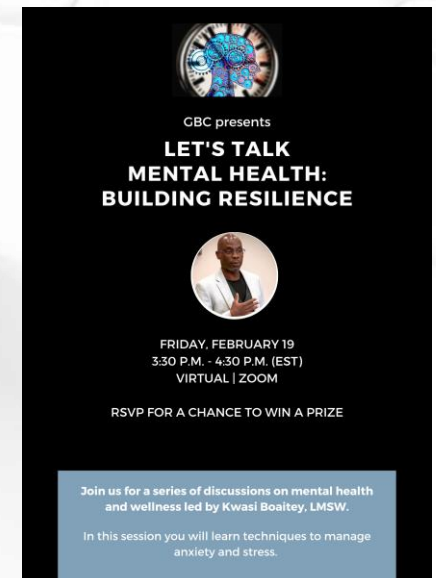
- Interfaith Chapel

- In person services and small groups, 1:1
- Labyrinth walking meditation



MENTAL HEALTH AND WELLNESS

- Goergen Athletic Center
 - All full-time students have access to the Goergen Athletic Center!
 - Fitness Center for individual work out activities
 - Group Fitness Classes
 - Intramural & Recreational Sports
- **Simon Business School Fitness**
 - Physical fitness programs and recreational athletic opportunities with the Simon Sports club beginning Fall A and throughout the 2021 – 2022 academic year. Check the Simon Google Calendar, Slack #Events Channel, or reach out to OSE for more information!
- **Graduate Business Council “Wellness Wednesday Series”**
 - Programming includes DIY activities, campus and outdoor walks, River Campus Tunnel Tours, stress relief and management, and different exercise and physical activities.
 - Additional Mental Health & Wellness focused sessions are set to open in Spring A, stay tuned!



1. **Submit a CARE Referral** at www.rochester.edu/care. Let the student know you submitted a referral and that CARE can help.
2. **Consultation with a mental health professional** is available at any time (including after-hours) by contacting UCC **(585) 275-3113**.
3. If you believe someone is **in serious, immediate danger**, call DPS for crisis response **(585) 275-3333**.

OPTIONS WHEN A STUDENT IS IN DISTRESS

TITLE IX

- [Title IX at the University of Rochester](#)

- The University of Rochester is committed to creating a safe and supportive environment where all members of our community are treated with dignity and respect

- **24-hour Confidential Resources**

- **University Counseling Center**

- Available to all students providing mental health and wellness support 24 hours a day. All calls and meetings with UCC counselors are confidential.
- 585-275-3113

- **RESTORE Sexual Assault Services**

- 585-546-2777
- Call the 24-hour confidential hotline for information and support
- RESTORE is not affiliated with the University of Rochester and reports made to RESTORE are confidential and will not be shared with the University

- [Karen Mach](#) – Simon Business School Director of Advising and Deputy Title IX Coordinator

- 202E Schlegel Hall, Office of Student Engagement
- 585-275-8041

- [University of Rochester Title IX Reporting Options](#)

CAMPUS WIDE RESOURCES & LINKS

SUPPORT

Basic Needs

Basic Needs Hub

rochester.edu/students/support

Food Pantry

rochester.edu/college/wcsa/services/food-pantry

Academic

CETL Graduates

rochester.edu/college/cetl/graduate

WSAP

writing.rochester.edu

iZone

izone.lib.rochester.edu/resources

Subject Librarians

rochester.edu/research/subject-librarians

CONNECTIONS

Wilson Commons Student Activities

rochester.edu/college/wcsa

Events and Organizations

ccc.rochester.edu

Connect to the Hive

rochester.edu/college/wcsa/programs/making-connections

Meliora Collective

Thecollective.rochester.edu

Language Center

Rochester.edu/college/languages/students

WELLNESS

UCC

rochester.edu/uhs/ucc

CARE

rochester.edu/care

Mindful University

rochester.edu/mindful

UR Connected Peer to Peer Coach

rochester.edu/urconnected

Interfaith Chapel

rochester.edu/chapel

Health Promotions

rochester.edu/uhs/healthpromotion

S.A.D. Lamps

Common Connection