

Allergy Injection Services at UHS

University of Rochester students and other UHS patients can receive their allergy injections at UHS subject to review and approval by UHS. Allergy injections are given by appointment during specified times when a physician or nurse practitioner is on-site.

Please Note: Patients receiving allergy injections at UHS are **required to wait at least twenty minutes** after receiving their injection to be monitored for a possible allergic reaction.

Initial Consultation: Before you begin receiving allergy injections at UHS, please schedule an appointment for an initial consultation. This appointment should be scheduled at the UHS office where you will receive your allergy injections. You can receive your allergy injections at either our River Campus Office or Eastman School Office. You are asked to come to the same office each time you receive allergy injections.

When you come for your initial appointment, please bring the following:

- *Your allergen extracts* in bottles labeled clearly with type and concentration of allergen. We will store your serum in a refrigerator in the UHS office you choose.
- *Explicit instructions from your physician* that provide a list of individual antigens in each vial and a complete regimen for their administration.
- You may be asked to return to your allergist at the discretion of the UHS nurse due to missed injections, failure to wait the required time after your injection, and/or several local or systemic reactions.
- This service is also available for employees. See below.

NOTE: If possible, drop off serum a day or so early so the nurse can check over orders and make necessary calls to your allergist to prevent any delays in getting allergy injections.

Scheduling an Appointment: Call UHS at 585-275-2662 to schedule an appointment. Please let the receptionist know which UHS office you prefer. You will receive your allergy injections at the same UHS office every time. Please note appointments for allergy injections can be scheduled only when a physician or advanced practice provider (NP or PA) is on-site.

INSURANCE COVERAGE

For Full-time Students:

The mandatory health fee covers the cost of your visit to UHS. You will, however, need to provide your own allergen extracts and peak flow meter, which will be stored at UHS for you.

For Employees & Other Members of the University Community: You may be able to obtain your allergy injections at the River Campus office of UHS.

- You must receive your first two allergy injections at your allergist's office.
- You will be charged for the initial consultation and for your visits to receive your allergy injections. The cost to receive two or more injections at a time is slightly higher than the cost to receive one injection.
- You will be asked to verify your insurance at each visit. If applicable, our reception staff will also collect your copay. Please notify UHS of any changes to your insurance, and contact your insurance plan directly with any questions regarding coverage and benefits for allergy injections.
- You may be asked to return to your allergist at the discretion of the UHS nurse due to missed injections, failure to wait the required time after your injection, and/or several local or systemic reactions.