

2018 Wellness Program Eligibility

The University of Rochester offers health and wellness programs for employees. This document provides a brief overview of those programs and their corresponding eligibility.

PROGRAMS	Faculty, staff, residents, fellows and spouses/domestic partners enrolled in a University Health Care Plan †	Postdocs and spouses/ domestic partners enrolled in a University-Sponsored Health Care Plan	Regular full-time/part-time faculty and staff (including SEIU members not enrolled in a University Health Care Plan)
Personal Health Assessment (PHA) & Biometric Screening	Eligible (plus incentive)		
Lifestyle Management Programs	Eligible (plus incentive)		
Life-WorkConnections/EAP*	Eligible		
Wellness Programs**	Eligible		
Weight Watchers (at-work & online)**	Eligible (plus incentive)		
Condition Management Programs	Eligible (plus incentive)		
Condition Management Rx/Dx Discount	Eligible		
Nurse Lines	Eligible		
Flu Shots	Eligible		
Behavioral Health Partners (BHP)***	Eligible		

† Including non-Medicare eligible retirees and spouses/domestic partners enrolled in a University Health Care Plan.

*Eligibility for Life-Work Connections/EAP includes all employees and their immediate family members.

**Eligibility for Wellness programs and Weight Watchers (at-work & online) includes regular full-time, part-time faculty, staff and residents.

***Eligibility for Behavioral Health Partners (BHP) includes regular full-time and part-time faculty and staff age 18 and older and non-Medicare eligible retirees enrolled in a University Health Care Plan, as well as spouses/domestic partners and dependent children of active employees or non-Medicare eligible retirees who are 18 or older and are enrolled in a University Health Care Plan.

The Employee Assistance Plan for faculty and staff of the University of Rochester includes only Life-Work Connections/EAP. The Personal Health Assessment, Biometric Screenings, lifestyle management programs, condition management programs, Behavioral Health Partners, flu shots, and the 24/7 Nurse Line are part of the University Health Care Plans.

This document provides only a summary of some of the features of these plans. Detailed information on the plans is available on the Total Rewards website www.rochester.edu/totalrewards or a paper copy of the information is available for free from the Office of Total Rewards. The University reserves the right to modify, amend or terminate the plans or programs at any time, including actions that may affect coverage, cost-sharing or covered benefits, as well as benefits that are provided to current and future retirees.

