

University Committee on Interdisciplinary Studies

**Family Roundtable
Spring Symposium
April 2, 2024**

**Saunders Research Building
Room 1412
9:00am-10:30am**



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**“The Biobehavioral Family Model: Map and GPS for Family
Research, Training, and Practice**

One of the most challenging aspects of assessing and intervening with patients and their families is learning how to observe patterns of relationship among family members, and then understanding how these patterns affect the patient, for better and worse. I will introduce and discuss with you, the Biobehavioral Family Model which is a simple method that describes types of family interaction, and identifies through observation, approaches to intervention.