



# THE MELIORA COLLECTIVE

## **What is The Meliora Collective Mentorship Program?**

This **three-month** program brings enthusiastic undergraduate and graduate students, alumni, faculty, staff and parents together in a unique partnership to prepare mentees for their professional future. By providing real-world context, personal insights, and ongoing support, mentors will help mentees to achieve their short and long-term personal and career goals.

The program is structured to include four to five meetings with your assigned mentee or mentor. Along the way, you'll receive resources that will help you learn more about being a mentor, how to coach mentees to identify short- and long-term goals, and tips for starting meaningful discussions. To maximize the time as mentorship partners, participants are expected to join all scheduled meetings. The timeline and goals are not mandatory, but are recommended to provide structure. It is up to both parties to determine what will work best in terms of a schedule and format.

To learn more about the program, visit the [RESOURCE](#) tab on the blue navigation bar and review the Mentor and Mentee Guides found under [Mentors and Mentees](#).

## **When is The Meliora Collective Mentorship Program available?**

The mentorship program is scheduled twice a year and is typically opens during September or October and in January or February. You can always check the schedule under the [Mentoring Program tab](#) in the blue navigation bar.

## **Who can participate in The Meliora Collective Mentorship Program?**

Alumni, students, graduate students, and others across the University of Rochester community from all schools, including parents and faculty.

### **Who can be a mentor?**

- Alumni, parents, and faculty are invited to be mentors.
- Mentors of all experience levels and in all industries are welcome.

### **Who can be a mentee?**

- Alumni, students, and graduate students are invited to be mentees.

### **How do I sign up?**

Go to the [Mentoring Program](#) tab in the blue navigation bar and click JOIN.

### **Can I sign up as both a mentee and a mentor?**

You may not sign up as both mentee and mentor.

## **How are mentors and mentees matched?**

Many factors play a part in our matching process. Mentees are encouraged to note ‘favorite’ mentors during a special mentor profile review phase, and questions on the registration form such as industry, career trajectory, location, degree, and other factors help to make appropriate matches. We pay very close attention to all of the registration question responses so it is important to be thorough when completing the form. It is also helpful to have a complete profile on [The Meliora Collective](#). Check out the [RESOURCE](#) section in the blue navigation bar for short videos that explain how to strengthen your profile.

## **Will I be matched with one of my ‘favorited’ mentors?**

Although they are strongly considered and factored in, we are not able to guarantee that a mentee will be matched with a ‘favorited’ mentor.

## **Do we have to communicate with our mentor/mentee using The Meliora Collective platform?**

Once both a mentor and mentee have sent each other a message through the Mentorship Program on the platform, they are free to communicate in any other way they choose as long as both parties are in agreement.

## **What happens if I sign up and then realize that I’m too busy to continue with the program?**

Registering for this three-month program means you are making a commitment, and we ask that you be respectful of the time and effort of everyone involved. Please do not sign up until you are able to fully participate in the program.

We understand that circumstances can change unexpectedly, but it is important for you to communicate any challenges or concerns with your mentor or mentee in a timely manner. Please keep the administrators informed of any changes by messaging [Michelle Cavalcanti](#) and [Rebecca Picone](#) directly.