



## University of Rochester

### Rochester Network News

In this issue: **Congratulate recently admitted students / Professional Support by *Headhunter on Tap* / Upcoming events / Stay connected**



### Sir Rocha Says

In 2014, **Linh Phillips '13S (MBA)** combined her passion for food with the marketing know-how she gained at the Simon Business School to launch her blog Sir Rocha Says. The goal: to help others discover new food and drink experiences and fall in love with Rochester. Since then, she has become a social media force.

[Discover Rochester's food scene](#)



### Meet the University's Alumni Board

Representing all of the University's schools and the College, this diverse group of 22 alumni—including Rochester Network members **Bill Clark '10N**, **Michael Schneider '73**, **'77M (MD)**, **Raquel Ruiz '99**, **'20S (MBA)**, and **Kayleigh Stampfler '08**—is keenly interested in issues such as career placement, professional development, and identifying opportunities to create a more equitable and inclusive University community.

[Meet the Alumni Board](#)



### Congratulate recently admitted students

Over the next few months, students from around the world will make decisions on where to learn, live, and grow throughout their college experiences. Share your perspectives and Meliora pride as a *UR Involved* volunteer to help welcome these future Yellowjackets to Rochester.

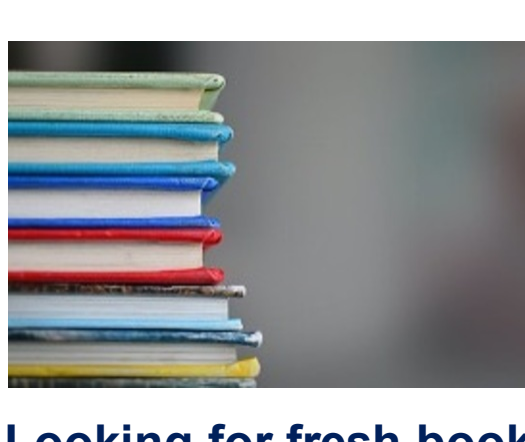
[Raise your hand](#)



### Career help where and when you need it most

Introducing Professional Support by *Headhunter on Tap*, a comprehensive career development resource designed to guide you through a job search or career transition. Complete with interactive webinars, ask us anything forums, and personal access to career experts, it provides actionable answers and not just more information. Explore the program offerings and sign up for the sessions that interest you to create a customized experience.

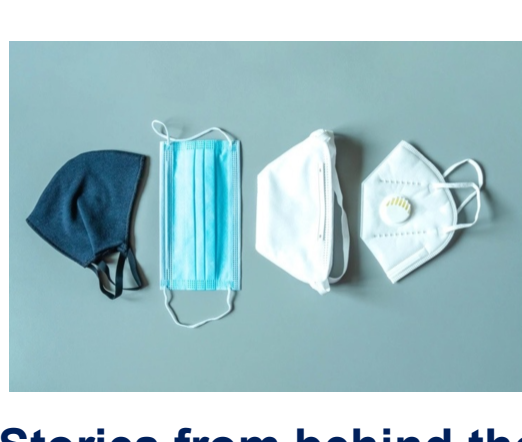
[Get started](#)



### Looking for fresh book ideas?

Explore titles published by University alumni and faculty, including Rochester author **Nicole “Nykki” Matthews '10W (MS)**, who wrote *The Truth About Me*, an adventurous story about a normal kid who finds strength in who he is, just as he is.

[Browse the bookshelf](#)



### Stories from behind the masks

What keeps you moving forward in the face of extreme difficulty? The *OUR* Calling campaign is a new video series featuring documentary-style stories of victory, struggle, pain, and pride. Recently, two TV ads aired locally during the Super Bowl.

[Listen to the stories](#)

## Upcoming events

### The Intersection of Faith, Spirituality, and EDI Efforts

*presented as part of the REAL Conversations series*

Tuesday, February 22 | 6–7:30 p.m. (ET)

### February Meet and Eat with the Women's Network in Rochester

Friday, February 25 | 8:30–9:30 a.m. (ET)

### UR Night at the Rochester Amerks

Saturday, February 26 | 3:05 p.m. (ET)

### Coral Creations: A Guided Painting Experience

Thursday, March 3 | 7:30–8:45 p.m.

### March Meet and Eat with the Women's Network in Rochester

Friday, March 25 | 8:30–9:30 a.m. (ET)

### Day of Giving

Thursday, May 5

### Reunion Weekend

*Especially for Arts, Sciences & Engineering, School of Nursing, and School of Medicine and Dentistry graduates from class years ending in 0, 1, 5, or 6*

Friday, June 10–Saturday, June 11

[Full events listing](#)

**In case you missed it:** Thank you to those who attended our holiday celebration at the George Eastman Museum on December 17 and created cards for the healthcare heroes at Strong Memorial Hospital. To participate from home throughout the year, mail to:

**Friends of Strong Memorial Hospital**

601 Elmwood Avenue, Box 660, Rochester NY 14642

## Stay connected



*Rochester Network Council chair **Matt Spielmann '09**, '20S (MBA)*

**Did you know?** Regional network leaders help plan events, build social media presence, and connect the local University of Rochester community. If you're interested in getting involved, please contact **Alyssa Shoup '10**, **'11W (MS)**, **'20W (EdD)** at [alyssa.shoup@rochester.edu](mailto:alyssa.shoup@rochester.edu).

[Rochester online](#)



UNIVERSITY of ROCHESTER

### QUICK LINKS

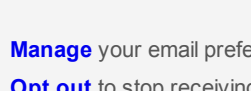
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