University of Rochester
Rochester Network News

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Meet new Rochester Network Leadership Council Co-Chair Caitlin Maystrovsky ’12

Volunteering reconnected Caitlin to the University—now she's ready to inspire other Rochester area alumni to get involved in new and creative ways as co-chair.

Read Caitlin’s story
Meet science buff, storyteller, and seasoned mentor Robin Williamson ’98, ’19W (MS)
Her time at Rochester encouraged Robin to explore her various interests in deep and meaningful ways—now she is encouraging her students curiosity in the very same way.

Read Robin’s story

News from your network

• “I have always had an innate passion for healing others and wanted a hands-on job where I could do just that.” Christina Mather ’17, ’18N participated in neurovirology research studies as an undergraduate but craved more personal connections in her daily work. She knew the School of Nursing would be an excellent fit.

• Check out the new podcast, The Next Step, featuring local School of Medicine and Dentistry alumni Carissa Childs ’02M (MS), ’05M (PhD) and Cassandra Houser ’20M (MS), ’22M (PhD) as they share stories from the job hunt, lessons learned along the way, and their top tips for those hitting the job market.

Tell us about your career updates, family news, and more by submitting a class note.

Share your news

Global Days of Service

This worldwide effort invites University of Rochester alumni, parents, and friends to make a
difference through a variety of service opportunities led by Rochester volunteers. Continue the tradition of giving back throughout the month of September with volunteer opportunities in-person and online.

This year’s Rochester-based sites are:
  • Hope Cemetery Clean-Up
  • National Multiple Sclerosis Society Flyer Handout and Event Prepping
    • EquiCenter
    • Flower City Pickers
    • Bake A Difference
    • RocMaidan
  • Wilmot Warrior Weekend

Join a project near you!

The Meliora Collective’s University-wide mentorship program has brought hundreds of participants together to encourage professional development, career exploration, and personal growth. Meet
your match as part of this unique and incredibly rewarding partnership by signing up as a mentor or a mentee. The next cycle opens in September!

Raise your hand

Meliora Weekend 2023

Exciting keynote speakers, celebrity headliners, innovative academic sessions, and world-class music to soothe your soul. Not to mention the #Roc comfort food you know and love. Join us on all our campuses for an unforgettable celebration!

Be among our many special guests including:

- Two-time Peabody Award-winning comedian Hasan Minhaj
- Senior correspondent for the PBS NewsHour Judy Woodruff
- Author Chimamanda Ngozi Adichie
- Fleetwood Mac tribute band, The Seven Wonders
- Tony Award-winning star of Broadway’s Hamilton, Renée Elise Goldsberry

Experience the boundless possibilities, register now!

Upcoming events

Global Days of Service
September 1 through September 30
In-person & virtual

University of Rochester at Fringe Fest
Saturday, September 23
In-person
Wilmot Warrior Weekend
September 29 through October 1
In-person

Meliora Weekend
October 5 through October 8
In-person

Full events listing

Stay connected

(from left to right) Rochester staff liaison Alyssa Shoup ’10, ’11W (MS), ’20W (EdD) and Rochester Network Leadership Council co-chairs Matthew Spielmann ’09, ’20S (MBA) and Caitlin Maystrovsky ’12.

Regional network leaders help plan events, build social media presence, and connect the University of Rochester community in Rochester. If you’re interested in getting involved, please contact Alyssa Shoup ’10, ’11W (MS), ’20W (EdD) at alyssa.shoup@rochester.edu.

Did you know? The Rochester Network is on Facebook!

Rochester online

Questions
alumni@rochester.edu