





# A message from the Executive Director of Athletics **George VanderZwaag**

During the second year of the pandemic, we've put into practice what sport teaches us: perseverance, leadership, collaboration, and teamwork. We've endured challenging times and leaned into what our roles provide us, an opportunity to enrich the overall experiences of our students.

We've also returned to more normalcy as it relates to program activity. Our rosters are full, and our students continue to benefit from what athletics offer, including the camaraderie and community we have all come to savor during this stretch of history. We are practicing and competing as usual, and we remain vigilant about protocols. The health, wellness, and safety of our students are always our top priority.

Over the last few months, we've hired new head coaches for women's soccer, women's lacrosse, women's rowing, and men's squash. We are excited to welcome them to the department, and they have already hit the ground running. Each coach brings unique experience, tremendous enthusiasm, and a distinct understanding and appreciation for the University's approach to education through athletics.

The University has just announced a milestone that we are all proud of here, too. Fauver Stadium at the Brian F. Prince Athletic Complex will be the site for the 2022 University-wide Commencement ceremony on May 13. Holding the institution's most important event of the year here, within our facilities, is a great tribute to what we've done to upgrade our spaces and is a reflection of the excellence expected. We are grateful to Brian for his vision, partnership, and philanthropy, and to all of you for your continued support.

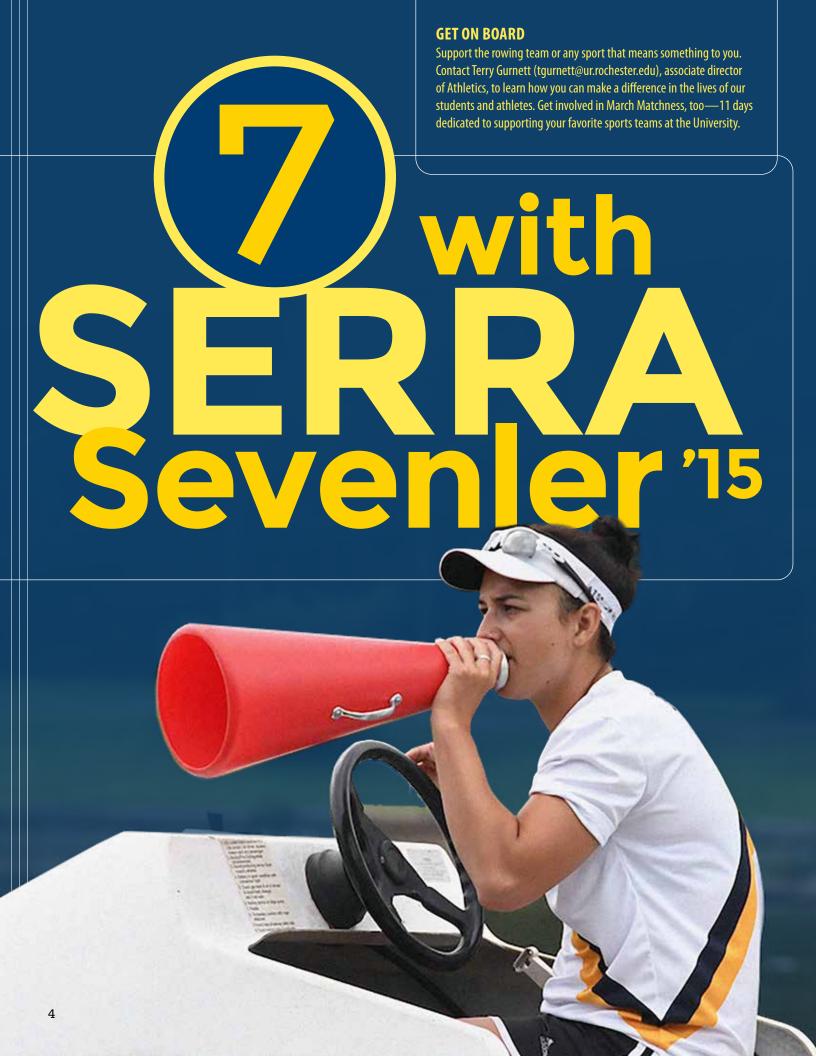
Because of such generosity, we are nearing completion of the Prince Athletic Complex, which we started nearly 10 years ago. In the coming months, we will finish the North Field conversion to turf, and we will complete the grandstand and press box projects for our baseball and softball fields.

March Matchness will take place soon as well—an 11-day campaign that will rally Rochester athletes, alumni, parents, and fans around their favorite teams. Every dollar goes toward our Annual Fund—the lifeblood of our programs. Your participation will help us continue to provide our students with the exemplary athletic experiences they count on from a top-tier national research university. Continue to check your email and social media for more information.

Thank you for being part of the Friends of Rochester Athletics. It's amazing what we've all done together for our students and campus community over these last few years.

Meliora!





When rowing season is in full swing, Serra Sevenler '15—the new director of rowing and head coach for women's rowing—wakes up at about 5 a.m. to get to the boathouse at least 20 minutes before the 55 members of the women's varsity and men's club teams show up. That's when she checks over the team's equipment, which includes seven eight-person boats, five four-person boats, and three doubles. Sevenler relishes that quiet time as she soaks in the earliest moments of the day when the sun starts to rise over the Genesee River. Here, she delves into who she is and why she loves rowing and coaching.

### What's the best part about coaching at your alma mater?

Coaching and mentoring athletes to reach their full potential has always been my greatest passion and doing so at my alma mater has been really fulfilling. But the most rewarding aspect of my job at the University is coming back as my authentic self, which includes being openly gay. This is something that I struggled to come to terms with when I was a student-athlete here, so I feel a sense of responsibility to be an example of someone that is now very comfortable in their own skin, embraces their queerness, and absolutely loves being a part of the LGBTQ+ community. I hope that by being out I encourage my team to also be their true selves.

### What's a favorite coaching moment so far?

This past fall, at the Head of the Genesee—our home regatta—we had three 8s that all took gold in their races. In rowing, it's customary for coaches to hand out the medals to each boat, so you can imagine how surprised I was when after races ended, I saw the athletes randomly distributing medals to each other. It was a really funny sight for me and spoke to how young our team currently is—and how enthusiastic they are.

### How do you describe the Rochester athlete?

I would describe the Rochester athlete as being curious, dedicated, and gritty. Our rowing team has always prided themselves on working not only harder but also smarter than other teams. Rowing is a repetitive sport; one small technical change to a rower's stroke, when repeated over and over during

### What would surprise people to know about you?

I'm a big goofball. Also, I am a dual citizen of the US and Turkey. Growing up, I rowed with a Turkish team every summer. I also spent some time coaching in Hong Kong right after I graduated from college—it was a great experience, and I learned a lot from my boss, a British Olympian.



a 250-stroke race, can make a big difference overall. I love that our rowers want to understand the reasoning behind each technical change. It makes them more effective rowers because they aren't just taking direction, they are actually students of the sport.

### What did being a studentathlete teach you?

I learned the importance of having a set routine and time management. For me, being an athlete here helped me also understand the value of having a support system within the team and being there for each other through ups and downs. I also really liked how demanding it was (and is) and that if you put in the effort, it will show. In rowing, you are as good as your effort.

Who/what inspires you?
I once heard a fellow coach say
that as soon as coaches start focusing
on themselves and what they can
accomplish personally versus
prioritizing and listening to what
the team wants, they lose all of their
influence. This idea has really stuck with
me, and I try to remind myself of this on
a regular basis—it's definitely a source
of inspiration and helps me stay focused
on what's best for the team.

### What's life like outside of coaching?

I'm still trying to perfect the work and life balance. I really enjoy racing with my friends on a local rowing team called Flower City Rowing. I also recently became a 46er in the Adirondacks and enjoy spending as much time outside as possible with my little dog, Ham.



### University of Rochester

Athletic endowments provide ongoing financial resources for the coaches and their teams. Giving to these funds is a commitment that supports varsity sports in perpetuity. The following is a list of these endowments and the programs they support:

**Alumni Endowment for Women's Basketball**—created in 2015 with a gift from Louise Stapleton '89 and Larry Williams to support the Women's Basketball program.

Alumni Endowment for Rowing—created in 2015 with a gift from the Widra family to support the Men's and Women's Rowing programs.

**Alumni Endowment for Women's Volleyball**—created in 2015 with a gift from Jennifer A. Swift '84 and Gary Stockman '83 to support the Women's Volleyball program.

**Swimming**—created in 2016 with a gift from Todd '84 and Carin Barth to support the programmatic needs of the Swimming program.

Blanck Family Endowment for Squash—created in 2006 with a gift from Peter D.
Blanck, MD, '79 and Wendy Jo Kislik-Blanck'80 to support the Squash program.

William "Buzz" Boomer Endowment for Swimming—created in 2006 by former swimmers, family, and friends to honor Boomer and support the Swimming program.

**Peter S. DiPasquale '52 Male Scholar Award**—created in 2015 with a gift from
Peter '52 and Virginia DiPasquale to fund
the award given annually to the top male
scholar for academic excellence.

**Terry Gurnett Endowment for Women's Soccer**—created in 2002 with gifts from former players, family, and friends to support the Women's Soccer program.

**Terrence L. Gurnett '77 Female Scholar Award**—created in 2017 with gifts from Mark Goldstein and other friends to fund the award given annually to the top female scholar for academic excellence.

**Timothy G. Hale Endowment for Competitive Excellence**—created in 2012 with gifts from his former athletes to honor Tim and support the Cross Country and Track programs.

Peter Lyman Endowed Fund for Tennis and Squash—created with a gift from Peter Lyman '47 and continued to be built in memory of Peter by his former players to support the Squash and Tennis programs.

Maybaum Men's Soccer Travel Endowment—created in 2017 with a gift from Richard '85 and Lauren Maybaum to support the team's international and domestic travel occurring outside the regular season.

### **Athletic Endowments**

McAllister Fund for Basketball Travel—created in 2016 with a gift from Brendan '05 and Julie '02 McAllister to support the Men's Basketball team's international and domestic travel occurring outside the regular season.

Mark Nunge Endowment for Men's
Basketball—created in 2021 with support
from Tyler Zachem '88 and Adrian Smalls
'88 to honor the memory of teammate
Mark Nunge '89 and to support the
programmatic needs of the men's
Basketball program.

**Peyton Family Team Academic Award**—created in 2019 with a gift from the Peyton family to fund the award given annually to the team with the highest cumulative GPA.

Jane Possee Endowment for Women's Athletics—created in 2011 by an anonymous donor and later supported by former players, family, and friends to honor Jane and support Women's Athletics.

**Prince Family Endowment for Men's Soccer**—created in 2003 with a gift from Brian F. Prince '86, '89S (MBA) to support the Men's Soccer program.

**Recny Football Endowment**—created in 2019 with a gift from Michael Recny, MD, '79 and Cate Sullivan to support the programmatic needs of the Football program.

**Rochester Baseball Endowment**— created in 2010 with a gift by the Guzski Family to support the Baseball program.

#### **Rochester Football Alumni**

**Endowment**—created in 2009 with a gift from Samuel Shatkin Jr., MD, '79, P'17 and Joni M. Shatkin P'17 to support the Football program.

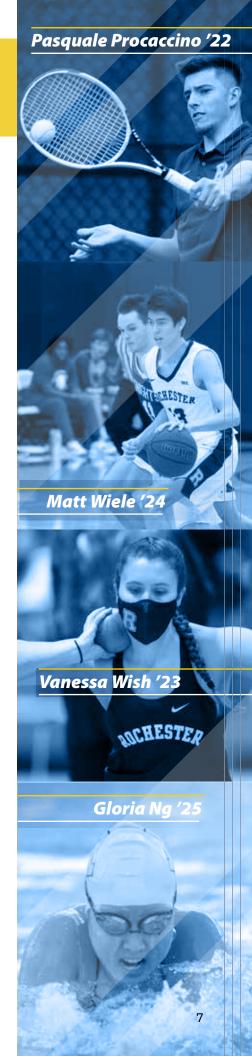
Don Smith Golf Endowment Fund—created in 2000 by Donald C. Smith and Penelope T. Smith '58 (MS) to support the Golf program. Subsequently supported by former members and friends of the golf team in memory of Coach Don Smith.

Pat Stark Endowed Fund for Football—created in 2014 with a gift from Kathleen E. Stark Landers '82 and Peter J. Landers '83 (MS) in honor of Coach Pat Stark to support the Football program.

**Nancy Melvin Taylor Field Hockey Fund**—created in 2004 with gifts from former teammates and family in memory of Nancy to support the Field Hockey program.

Zachem Family Endowed Fund for Men's Basketball—created in 2008 with a gift from Tyler T. Zachem '88 and Karen Zachem to support the Men's Basketball program.

Please contact Terry Gurnett '77 at tgurnett@sports.rochester.edu if you are interested in making a gift to any of these endowments.



## **Transitions**



As a four-year starter at the University of Rochester, Ashley Van Vechten '08 was one of the most decorated players in the history of the women's soccer program—both on the field and in the classroom. She has returned to the River Campus to continue the legacy of success. Van Vechten has been named as the head coach of the women's soccer program.

She is the fourth head coach in the history of the women's soccer program and the third alumnus, following Terry Gurnett '77, Thomas "Sike" Dardaganis '92, and Gabriel Kleinert (interim 2021). Rochester has one of the nation's finest traditions in women's soccer.

"I am honored to lead our Rochester women's soccer program as head coach and would like to thank Executive Director of Athletics George VanderZwaag for providing me with this incredible opportunity," said Van Vechten. "As a Rochester alumna. I know firsthand

how committed
our students are to
achieving excellence in
the classroom, on field,
within their campus
community, and beyond.
I cannot wait to get
started and am eager

to have our current and future studentathletes, alumni, and UR supporters of all generations join us on this journey."

Van Vechten returns to the University after coaching at Suffolk University in Boston for the past four years, where she led her teams to a program record for shutouts (20 in 48 games), qualified for the GNAC playoffs by her second season, and was named the GNAC Coach of the Year. She was the first female coach at Suffolk to attain that honor. Under Van Vechten's tutelage, three players earned United Soccer Coaches All-Region honors in 2021, and six players garnered All-Conference accolades during her time at Suffolk.

She served as an assistant coach at Rochester from 2014–17. As an undergrad she was named an NCAA Division III All-American for three consecutive years where she was twice named the NYS Defensive Player of the Year. Academically, she was elected as an ESPN the Magazine Academic All-American in women's soccer by members of the College Sports Information Directors of America. Additionally, she was named as a National Soccer Coaches Association of America/ adidas (NSCAA) Scholar All-American, Van Vechten was also a Renaissance Scholar and a Fulbright Scholar, was named as a Lysle "Spike" Garnish Scholar, and was a member of the Keidaeans Senior Honor Society.

She holds a Level C coaching certification from the United States Soccer Federation. She graduated from the University in 2008 with a Bachelor of Arts with dual majors in history and German language and culture. She studied at Rochester's Warner School of Education doing coursework for an MS in educational administration, student affairs, and academic and career advising. She is completing work on an MEd in higher education administration at Suffolk University.

### Ashley Van Vechten '08 Named Head Coach of Women's Soccer Program



Women's soccer head coach Sike Dardaganis announced his retirement effective June 30, 2021.

Dardaganis, a 1992 Rochester graduate, spent nine seasons leading the Yellowjackets women's soccer program and overall has been with team for 24 years, formerly serving as assistant coach to Terry Gurnett for 14 seasons while also practicing law as an attorney.

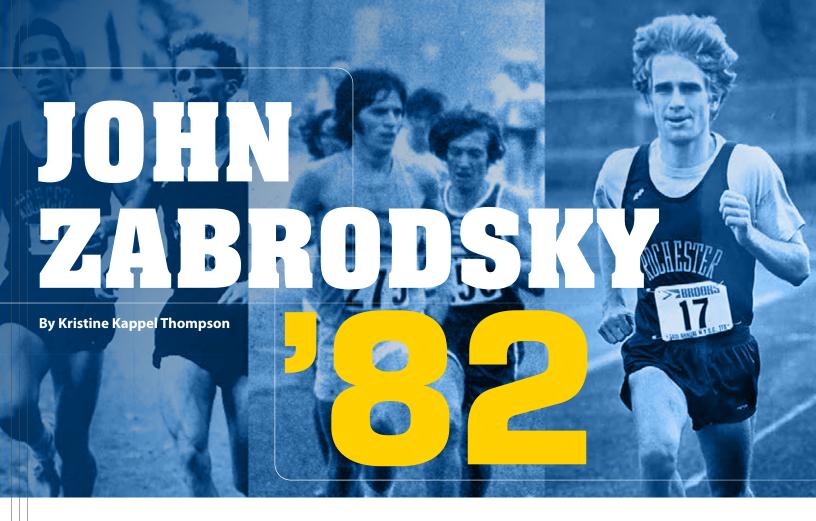
"In reflecting on the many years at Rochester, I've cherished each opportunity to hopefully help our students in meaningful ways. The opportunity to help others in their journey is the greatest gift I believe anyone could receive in life. I couldn't have been more fortunate to coach the remarkable women who joined our Yellowjacket family and continue to celebrate their accomplishments. As fellow alumni now, I look forward to supporting our current and future 'Jackets with the same immense pride and caring that they have always shown me."

Dardaganis led his teams to 61 victories and an NCAA Division III Tournament appearance in 2018; he helped lead his players to a total of 40 All-University Athletic Association honors. His impact as an educator was evidenced by the academic success of his program. His teams earned nine Team Academic Awards from the United Soccer Coaches Association, six individual CoSIDA Academic All-District selections, three United Soccer Coaches Scholar All-Region honorees, one Scholar All-American, five Rochester Student Life Awards athletic

leadership honorees, and six UR Garnish Scholar recipients. He also served as national chair of the United Soccer Coaches Association ranking committee.

Dardaganis has moved to the position of regional director of advancement for the University of Rochester.







Alumnus and former Rochester athlete talks about the impact of running on his life and why he helped establish the Timothy G. Hale Endowment for Competitive Excellence

As a college student, John Zabrodsky '82 a chemical engineering major—spent a lot of time running around. Literally. His always-full schedule of classes focused on materials and engineering principles, labs, and internships. Much of the rest of his time was spent on both the cross country and track teams. Zabrodsky loved running, being a part of those teams, and being coached by Tim Hale.

A few years ago, Zabrodsky started rallying former teammates with an idea—to establish the Timothy G. Hale Endowment for Competitive Excellence as a way to honor a man who influenced so many lives. Now established, the fund honors Coach Hale's legacy while providing programmatic support—in perpetuity—for both the track and field and cross country teams. The Athletics department uses it to build upon a tradition of excellence within these programs and to support the opportunity for our athletes to compete against high-level competition at meets such as the Penn Relays, Raleigh Relays, and Colonial Relays.

"Coach Hale helped put these running programs on the map, and today Coach Sam Albert is continuing that legacy," says Zabrodsky, managing director of Advanced Manufacturing Technology, a Jamestown, New York–based manufacturing systems company that he founded in 1989. "This fund helps the women's and men's teams remain competitive and viable."

Zabrodsky, who was inducted into the Rochester Athletics Hall of Fame in 1999, encourages alumni to get involved. "The more we can collectively contribute to the fund, the more we can do for Rochester's students," he adds. "Our combined generosity directly impacts these programs, their future, and the experiences these young athletes will have. I'm sincerely honored to be a part of it."

Zabrodsky, who has cultivated a love for running among his family members,

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offers the following insights on this competitive and individual sport.

### **A FAMILY AFFAIR**

Zabrodsky's daughter Abby '14, '19S (MBA) ran for the University of Rochester as an undergraduate. Daughter Olivia ran for Case Western. Zabrodsky's wife, Kristy, is a lifelong runner, too. "Olivia always liked to run far, while Abby liked to go fast," he says, remembering family vacations that always involved running on the beach. "I'd always be trying to keep pace with the kids while Kristy tried to keep the peace."

#### THE RUN AROUND

For the longest time, Zabrodsky would wake up around 5:30 a.m. and run part of the distance close to Chautauqua Lake near his home. An ankle injury

during COVID has taken him off that path and onto his indoor trainer, which still gets his heart pumping. Always active, he and his family enjoy running, hiking, and backpacking. In 2019, they adventured rim-to-rim in the Grand Canyon, and in 2016 they trekked throughout Iceland.

#### **GETTING STARTED**

Zabrodsky started running as a kid. "If you're fast, it happens," he says. In high school, he ran track and cross country as well as played organized baseball. At Rochester, he was part of the team that ranked in the top 10 at the NCAA Division III National Cross Country meet hosted by the University. Zabrodsky was also captain of both teams for two years. He had the distinct experience of running events from the 100 meters through the 10K for Rochester, too—but not on the same day, he underscores.

#### **TEAM SPIRIT**

Zabrodsky notes how the fund has created a strong alumni team spirit. "This fund has brought together many of us who ran together years ago, and it has created a link among us all, as we share the common experience of having been coached by Coach Hale," he says. "Whether we knew each other as classmates back in the day or we met in the years since, it doesn't matter—there's a bond here now. And we all want to do something for the coach and the teams that did so much for us."

#### REMEMBERING WHEN

"Everyone has their own Coach Hale memories," Zabrodsky says. "We weren't scholarship athletes, and everyone always knew that academics came first. Coach Hale made running fun, yet he always got right down to business, and his successes were legendary. We knew what he expected from us, which

included focus, discipline, performance, and excellence. To this day, I draw on all I learned from running and from Coach Hale."

#### **GOOD TIMES**

Coach Hale always had an opendoor policy; throughout all hours of the day, students engaged in lively discussions in his office, says Zabrodsky. He notes that they pondered far-ranging questions such as "Who's better: Coe or Ovett?" which is often debated in running circles—and "What is the probability that we weren't really behind the wheel of the team van according to the Heisenberg Uncertainty Principle?" Adds Zabrodsky, "When the topics were more serious in nature, Coach Hale consistently demonstrated his exceptional skills as a wise and trusted advisor. He always had an entertaining and insightful story or lesson or coaching point to add, too."

#### STYLE AND SUBSTANCE

Coach Hale's conversational style and wit were memorable, calming, and legendary, especially for young people who were likely away from home for the first times in their lives. "He demanded a lot from his athletes," Zabrodsky says. "At the same time, he gave so much to the people he coached and—just as importantly—mentored. For all of these rare qualities, we continue to honor him and his legacy with the Hale Endowment Fund."

### Join us

Contact Terry Gurnett (tgurnett@sports.rochester.edu), associate director of Athletics, to learn how you can support the Timothy G. Hale Endowment for Competitive Excellence.



Meliora Weekend 2022 is scheduled for September 30–October 2. We are very excited to have a full lineup of events this year after Meliora Weekend 2020 was canceled and Meliora Weekend 2021 was abbreviated. Below is the preliminary schedule for the weekend.

### Friday, September 30

6–9:30 p.m. Hall of Fame Dinner

### Saturday, October 1

8 a.m.–1 p.m.	Head of the Genesee Regatta	Genesee Waterways Center
9–10 a.m.	Cross Country/Track Alumni Fun Run	Fauver Stadium (PAC)
10–11 a.m.	Men's/Women's Swimming Open Swim	Aquatic Center
10 a.m.–Noon	Rowing Alumni Regatta	Genesee Waterways Center
10:30 a.m.–Noon	Women's Softball Alumni	GLC Softball (PAC)
11 a.m.–12:30 p.m.	Men's/Women's Soccer Alumni	North Field (PAC)
11:30 a.m.–1 p.m.	All-Varsity Alumni Pre-Game Tailgate	Fauver Event Space (PAC)
1–4 p.m.	Football vs. RPI	Fauver Stadium (PAC)

### Sunday, October 2

10 a.m.	Field Hockey Alumni Game	Baseball (PAC)
11 a.m.	Men's Soccer vs. U-Chicago	Fauver Stadium (PAC)
Noon	Field Hockey Locker Room Dedication	Genesee Hall (PAC)
1:30 p.m.	Women's Soccer vs. U-Chicago	Fauver Stadium (PAC)



### **MILESTONES**

### Women's Basketball—Jim Scheible

Women's basketball coach Jim Scheible earned his 400th career win at Rochester by defeating William Smith College, 82-55 in the Palestra on November 23, 2021. This is Scheible's 23rd season at Rochester and his 31st season overall. At Rochester, he is 406-189 and 547-256 overall.

### Field Hockey—Wendy Andreatta

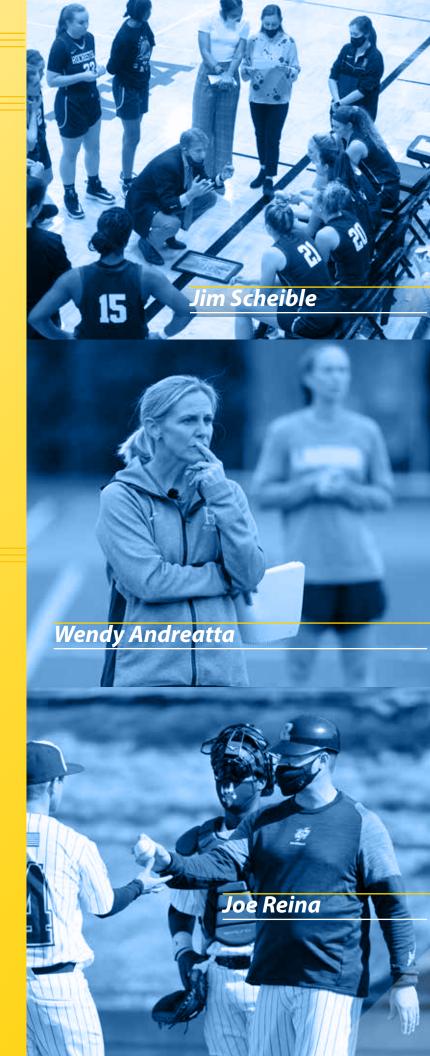
Field hockey head coach Wendy Andreatta picked up her 200th career victory in a 3-2 win over Skidmore College at Fauver Stadium on October 15, 2021. She just completed her 13th season at Rochester with a career record of 202-89.

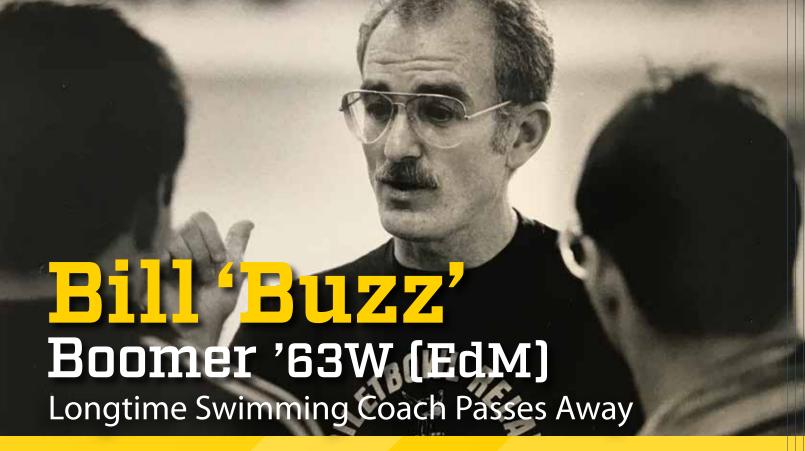
#### Baseball—Joe Reina

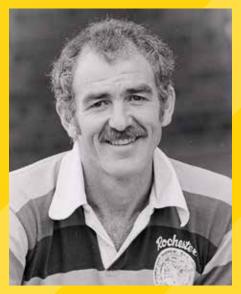
Joe Reina earned his 400th career victory with a 9-4 win over RPI on April 24, 2021. Reina is in his 21st season at the helm for the Yellowjackets and has a career record of 409-327-2.

### Baseball and Softball Fields Upgrade

George VanderZwaag, the executive director of athletics and recreation, announced plans to finish the renovation to Towers Field and upgrade some items around the field. The upgrades will include a new turf field installed to replace the existing turf field as well as MUSCO uplighting installed in the outfield for better baseball tracking. VanderZwaag also announced plans to build a grandstand and press box behind the home plate area. "We already have a great place to practice and play, but these upgrades and renovations make Towers Field one of the best facilities around, period," says head baseball coach Joe Reina. "Mr. VanderZwaag's vision has never wavered. He is a true advocate for our students, and we are all excited about this project and look forward to its completion." Start date is slated for the end of May. Naming opportunities are available. Please contact either Jared Longmore at jared.longmore@rochester.edu or Terry Gurnett at tgurnett@sports.rochester.edu.







Longtime Rochester coach and administrator William "Buzz" Boomer, who was considered one of the world's leading authorities on swimming technique, died on January 9 at age 84. At Rochester, he was the head coach of the swimming and diving team and the men's soccer team. He also served as an assistant coach for field events with the track and field team. He was inducted into the University's Athletic Hall of Fame in 2007.

He coached the swimming team from 1962 to 1990 with a record of 168-107. From 1984–87, he directed Rochester to four consecutive New York State Championships. Fifty-seven swimmers won 118 All-America honors under his tutelage. He received the 25-Year Distinguished College Swimming Coach award from the College Swim Coaches Association in 1988. Two years later, the CSCA bestowed its Master Coach award on him. He coached with the track and field team from 1962 to 1969 and served as head coach of the men's soccer team from 1964 to 1969.

Boomer contributed internationally as well. He was the technique coach for the United States Olympic Men's and Women's Swimming Teams. The 2008 games were his fourth Olympiad in that position. He was an assistant coach and technical assistant at Stanford University in the 1990s. He worked as a volunteer assistant at Princeton University and the University of Tennessee.

His contributions continued away from the water at Rochester. He was part of the design team for the Speegle Wilbraham Aquatic Center in 1982. From 1976 to 1980, he was the faculty representative to the All-Campus Student Judicial Council. He was the associate dean of undergraduate students for Judicial Affairs from 1990 to 1992. He served as associate director of athletics for Recreation and Wellness until 1992, as the University's director of recreation and intramurals from 1970 to 1992, and director of the University's physical education program from 1975 to 1979.

Boomer earned his BS from Springfield College in 1961. He earned a master's degree in education from Rochester's Warner School of Education in 1963.

The William "Buzz" Boomer Endowment for Swimming was established in his honor in 2008 to support Rochester's men's and women's swimming and diving program and the recreation program. For more information on the fund or to contribute, contact Terry Gurnett '77, associate director of Athletics, at (585) 275-6698 or tgurnett@sports.rochester.edu.

# LEAVE A LEGACY.

Make your mark on the future of Rochester Athletics by sponsoring a locker within the new Boehning Varsity House. With a gift of just \$1,500, we will inscribe your name on a plaque placed inside a locker room of your choice.





Name your locker at rochester.edu/giving/locker. Contact jared.longmore@rochester.edu for more information.

POCARSTER

This opportunity is only available on a firstcome, first-served basis. The Boehning Varsity House is the latest addition to the Brian F. Prince Athletic Complex.







### GAME ON, ROCHESTER.

### March Matchness is coming.

University of Rochester varsity athletics teams are gearing up to compete for the top spot—a **prize of \$17,500.** 

The team with the highest percentage of participation from alumni donors, parents, and fans earns **bragging rights AND additional funding for their program.** 

To find out more ways you can help lead your team to victory, please contact Terry Gurnett by email at tgurnett@UR.Rochester.edu or by phone at 585.275.6698.

Make a gift and watch the competition play out at rochester.edu/marchmatchness

### SAVE THE DATES

### March 21st – March 31st

**#URMarchMatchness** 





UNIVERSITY of ROCHESTER

## **2021 Fall Sports Wrap-Up**



### MEN'S SOCCER (9-4-4, 3-3-1 UAA)

### **Team Accomplishments**

- Earned 5th straight berth to the NCAA tournament and 14th in last 16 years
- Earned program's 20th straight United Soccer Coaches Team Academic Award
- Lost to #16 Calvin College in NCAA Tournament

### **Individual Accomplishments**

- United Soccer Coaches 1st Team All-East Region—Will Eisold '22
- United Soccer Coaches 3rd Team All-East Region—Nick Swanger '24 and Santiago Ponce Ocampo '24
- 1st Team All-UAA—Will Eisold '22
- 2nd Team All-UAA—Nick Swanger '24
- Honorable Mention All-UAA— Santino Lupica-Tondo '24 and Santiago Ponce Ocampo '24
- O'Brien Book Award—Santino Lupica-Tondo '24 and Charlie Shanks '24
- CoSIDA 1st Team Academic All-District—Tommy Nelson '22
- UAA All-Academic –Joe Anderson '24, Othman Belhseine '24, Tejan Borchers '23, Ryan Cacace '23, Matt Cosentino '23, Caden Dowd '22, Ryan Hecker '23, Jayson Ho '22, Tony Hypsher '23, Santino Lupica-Tondo '24, Andrew Moglianesi '23, Tommy Nelson '22, Sam O'Connor '23, Shray Parimoo '23, Ian Poe '24, Charlie Shanks '24, Max Shubert '24, and Nick Swanger '24
- Garnish Scholar—Will Eisold '22

### **WOMEN'S SOCCER** (6-5-5, 0-3-4 UAA)

### **Team Accomplishments**

 Regionally Ranked Top 8 for entire 2021 season in NCAA and United Soccer Coaches Ranking

- Tied #2, #7, #8, #15, and #21
   Nationally Ranked Opponents (four
   of them shutouts); four of those
   opponents advanced to the NCAA
   Tournament Sweet 16
- Played nine opponents ranked in top 25 during the season (half our schedule)
- United Soccer Coaches Team Academic Award—Team GPA 3.70
- Most shutouts in a season since 2009–8
- Fewest goals conceded in a season since 2009–15
- Second most goals scored in a season since 2010–18

#### **Individual Accomplishments**

- United Soccer Coaches 1st Team All-East Region—Emma Schechter '22
- United Soccer Coaches 3rd Team All-East Region—Megan Pung '24
- 2nd Team All-UAA—Emma Schechter '22, Megan Pung '24
- All-UAA Honorable Mention—Natalie Kocsis '25
- UAA Defensive Player of the Week— Emma Schechter '22 (Twice) and Megan Pung '24
- 1st Team CoSIDA Academic All-District—Emma Schechter '22 and Kailee Sowers '22
- United Soccer Coaches 3rd Team Scholar All-America—Emma Schechter '22
- Garnish Scholar Athletes—Emma Schechter '22 and Kailee Sowers '22
- Suzanne J. O'Brien Book Award Recipients—Mia McGinty '24, Cali Courtney '24, and Carly Fields '24
- UAA All-Academic Team—Claire Grover '24, Cali Courtney '24, Carly Fields '24, Sarah Martin '24, Mia McGinty '24, Hailee Mitchell '24, Tess Peterson '24, Megan Pung '24, Savannah Berry '23, Torrie Welch '23, Becca Rust '23, Sam Hawkins '23,

Anna Frizzell '23, Robin De Jong '23, Carolyn Richards '22, Lexi Bostley '22, Maeve Bostley '22, Emma Saubermann '22, Emma Schechter '22, Cesca Sheppard '22, and Kailee Sowers '22

### VOLLEYBALL (7-19, 0-7 UAA)

### **Team Accomplishments**

- Went 5-2 at home with wins over Elmira, Buffalo State, Oneonta State, and Medaille
- Defeated Brandeis in 7th-place match at UAA Championships
- Raised over \$1,000 for the local homeless shelter House of Mercy

### **Individual Accomplishments**

- All-UAA Honorable Mention—Megan Gatz '25 and Sonia McGaffigan '23
- UAA All Academic—Megan Hauer'22, Diana Karosas '24, Kellie McCrea '23 Sonia McGaffigan '23, Isabelle Miranda '23, Gillian Reeder '23, and Kaylin Williams '22

### **WOMEN'S ROWING**

Rowing had an incredible season coming out on top at both Head of the Genesee and Head of the Schuylkill. At Head of the Genesee, the varsity 8+, second varsity 8+, and novice 8+ all finished first. This was the first time in history that the varsity 8+ has won at their home regatta. At the prestigious Head of the Schuylkill Regatta, every athlete walked away with a medal, and the team finished as the fastest DIII school that attended. The

varsity 8+ finished an impressive 6th out of 41 boats entered, beating a number of DI schools. The team is excited to see what can be accomplished this spring.

### **MEN'S TENNIS (0-0)**

- At the St. Lawrence Invitational, Krish Vennam '25 captured the A flight singles championship
- Kai Yuminaga '23 reached the A flight singles semifinals of the St. Lawrence Invitational
- At the ITA Northeast Regional Championships, hosted by Hobart College, Krish Vennam '25 won two matches to finish in the top 16 of the tournament. Vennam earned a fall singles record of 6-1
- Team Captain Pasquale Procaccino
   '22 and Kai Yuminaga '23 both won
   first round singles matches at the ITA
   Northeast Regional Championships

### **WOMEN'S TENNIS (0-0)**

- At the Mary Hosking Invitational, hosted by William Smith College, Josie Libby '25 and team captain Camila Ruiz Vega '22 reached the finals of the A flight doubles draw
- Camila Ruiz Vega '22 fell in the A flight singles semifinals of the Mary Hosking Invitational
- Stephanie Kim '25 was a semifinalist in the C flight singles
- At the ITA Northeast Regional Championships, Camila Ruiz Vega '22 and Josie Libby '25 won three rounds

- to finish as semifinalists in the doubles
- To conclude the fall season, Josie Libby '25 and Camila Ruiz Vega '22 ranked 9th in the doubles ITA Northeast Regional Rankings
- Olivia Waysack '22 was awarded the Lysle "Spike" Garnish Scholar Athlete Award

### FIELD HOCKEY (12-7, 4-3 LIBERTY LEAGUE)

### **Team Accomplishments**

- Participated in the Liberty League Tournament for the 9th consecutive season
- 17th straight season with 10+ victories

#### **Individual Accomplishments**

- NFHCA 1st Team All-American— Amanda Strenk '22
- NFHCA Region III Player of the Year— Amanda Strenk '22
- NFHCA Region III 1st Team—Amanda Strenk '22
- NFHCA Region III 2nd Team—Juney Lee '22
- NFHCA Division III Senior All-Star— Amanda Strenk '22 and Juney Lee '22
- Liberty League Conference Player of the Year—Amanda Strenk '22
- Liberty League 1st Team—Amanda Strenk '22 and Juney Lee '22
- Liberty League 2nd Team—Vivienne Tucker (graduate student) and Abigail Walrond '22
- Liberty League Honorable Mention— Karina Bridger '23 and Mara Heppard '24



### Fall Sports Wrap-Up

- Liberty League Fall All-Academic Team—17 Team Members:
   '22—Leona Fisher, Juney Lee, Julia McDonough, Alex Pritchard, Savannah Schisler, and Amanda Strenk
   '23—Susan Bansbach, Karina Bridger, Lesley Leatherman, and Elisabeth Sidorski
- '24—Vivianna Arnold, Kayla Ballas, Grace Chrochiere, Delainey Hebble, Mara Heppard, Bella Militi, and Jodie Zeng
- Garnish Scholar—Amanda Strenk '22
- Transfer Student Award—Savannah Schisler '22

### **WOMEN'S CROSS COUNTRY**

#### **Team Accomplishments**

- The Rochester women finished 2nd of 25 teams at the NCAA Niagara Regional, the program's best regional finish since 1987
- The Yellowjackets finished 7th at the UAA Championships behind six NCAAqualifying teams
- Rochester finished 6th of 35 teams at the Rowan Inter-Regional Border Battle in October
- The team finished 3rd at the Harry Anderson Invitational and 4th of 18 schools at the Yellowjacket Invitational in September

### **Individual Accomplishments**

- Three Yellowjackets qualified to the 2021 NCAA Division III Cross Country Championships in Louisville, Kentucky—graduate student Lisa Pink, Rachel Dennis '23, and Ella Wise Bellin '22
- Dennis was Rochester's top finisher at the NCAA Championships, finishing 196th in a lifetime-best time of 23:06 for 6K
- Rochester had six runners earn All-Region honors—Pink (9th), Dennis (11th), Wise Bellin (13th), Kelley Foley '23 (16th), Icel Sukovaty '23 (21st), and

- Sab Lin '25 (24th)
- Six different athletes finished as the team's top runner during the 2021 season—Dennis, Pink, Wise Bellin, Sukovaty, Lin, and Ellie Ponko '25
- Fourteen student-athletes were named to the UAA All-Academic team: Amanda Adams, Kat Benninger, Rachel Dennis, Bonnie Dong, Sarah Farid, Kelley Foley, Claudia Garcia, Teghan Murray, Kyra Sandercock, Caroline Stockwell, Icel Sukovaty, Sabrina Terando, Sennett Turner, and Ella Wise Bellin

### **MEN'S CROSS COUNTRY**

### **Team Accomplishments**

- The Yellowjackets finished 2nd of 26 teams at the NCAA Niagara Regional, the team's best finish at Regionals since 1996
- Rochester was 6th at the UAA
   Championships for the second year
   in a row, finishing behind five NCAA-qualifying teams
- The UR men finished 10th of 33 teams at the Rowan Inter-Regional Border Battle in mid-October
- The Yellowjackets were 3rd and finished as the top Division III team at the Harry Anderson Invitational in September

#### **Individual Accomplishments**

- Scott Sikorski '23 qualified to the NCAA Division III Cross Country Championships in Louisville, where he finished 195th in a career best 25:26 for 8K
- Sikorski finished 11th at the NCAA Niagara Regional in 25:39 to earn the individual berth to Nationals
- Sikorski was one of five Yellowjackets to earn All-Region honors. He was joined on the All-Region team by Zach Spergel '24 (22nd), James Catania '25 (26th), Oliver Kelley '23 (29th), and Daniel Ford '24 (34th)
- Six Rochester student-athletes were

named to the UAA Fall All-Academic team: Konstantin Dits, Nick Gaitanis, Alec Glazier, Scott Sikorski, Zach Spergel, and Griffin Weiner

### FOOTBALL (3-7, 1-5 LIBERTY LEAGUE)

### **Team Accomplishments**

- Beat Alfred St. in 1 point win in late rally with last minute touchdown
- Shut down Buffalo St. offense with 14-7 defensive gem
- Beat Hartwick with highest offensive output of season 48-27
- Strong schedule: At one point, seven of 10 opponents ranked in either media poll (D3football.com) or coaches' poll (AFCA). Five opponents played in postseason competition (NCAAs, ECACs)

#### **Individual Accomplishments**

- D3football.com All-Region Team: Nicholas Petruzziello '22
- All-Liberty League: Caden Cole '22, Nicholas Petruzziello'22, Daniel
   Papantonis '24, Ryan Pasquali '23, Luke Wilson '24, Simon Weeren '24, and Alex Wing '25
- CoSIDA Academic All-America Division III Football Team: Nicholas Petruzziello '22
- CoSIDA Academic All-District 3 First Team: Nicholas Annechino '23, Bradley Beckwith '23, Braydon Bush '23, Caden Cole '22, Jack Dippolito '22, and Nicholas Petruzziello '22
- Garnish Award winner—Caden Cole '22
- O'Brien Book Award—Anthony lannacci '24
- D3football.com Team of the Week: Jack Yensel '25 and Alex Wing '25
- Three players named Liberty League Rookies of the week: Daniel Papantonis '24, Alex Ortiz '25, and Will Varney '24
- 35 players named UAA and Liberty League All-Academic

### Winter Sports Results at the time of publication

### **MEN'S GOLF**

#### **Team Highlights**

- Competed in NCAA Preview at Mission Inn Resort representing the Northeast region, finishing 16th out of the top 24 teams in the country.
- Finished 3rd at Liberty League Fall Preview
- Completed the fall season ranked 2nd in the Northeast region
- It was announced in August that our 2020-21 team earned the President's Special Recognition Honor as one of only 12 Division III programs nationally with a team GPA of 3.5 or higher

### **Individual Highlights**

- Nishant Datta '22 finished 25th out of 125 at NCAA Preview
- Brendan Frain '23 won the Nazareth Fall Invitational with rounds of 74-74 for a 148 total
- Kerry Wang '24 finished 5th at Liberty League Fall Preview
- Lewis Raboy '22 finished 15th at the Carnegie Mellon Invitational at Laurel Valley GC with rounds of 74-81

### MEN'S BASKETBALL 16-7 (8-5 UAA)

### **WOMEN'S BASKETBALL 15-9 (7-6 UAA)**

### MEN'S INDOOR TRACK AND FIELD

- Two new school records have been set so far during the indoor season, coming in the mile by Scott Sikorski '23 and the triple jump by Cole Goodman '25.
- Rochester has six top-20 marks on the NCAA Division III performance list. Goodman ranks 8th in the triple jump (14.75 meters), Gabe Lundy '23 is 13th in the 400 meters (49.60 seconds), Sikorski is 13th in the mile (4:08.23) and 18th in the 800 meters (1:54.21). Aeden Angelone '24 is #17 in the heptathlon (4,529 points) and Alex Opsahl '23 is 19th in the heptathlon (4,521 points).

### **WOMEN'S INDOOR TRACK AND FIELD**

- Two new school records were established during the winter season, set by Susan Bansbach '23 in the 400 meters and Madeline O'Connell '23 in the pole
- In seven events, Rochester's women have athletes or relays ranked inside the top-50 on the NCAA Division III Performance List. Those inside the top-20 include Bansbach ranking #2 in the 400 meters (55.70 seconds), Eileen Bequette at #7 in the pentathlon (3,322 points), Kristin Hardy #14 in the 400 meters (57.20 seconds), O'Connell at #19 in the pole vault (3.60 meters) and Rochester's 4x400 meter relay team of Hardy, Lisa Pink (graduate student), Bansbach, and Bequette which is #5 (3:51.83).

**WOMEN'S SWIMMING AND DIVING (6-5)** 

**MEN'S SWIMMING AND DIVING (6-4)** 

*SQUASH (8-8, 4-0 LIBERTY LEAGUE)* 





### **SAVE THE DATE!**

Reserve Thursday, June 16, 2022 for the 14th Annual Friends of Rochester Athletics Golf Classic at beautiful Ravenwood Golf Club in Victor, New York.

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