



Friends of Rochester Athletics

Support of the Friends of Rochester Athletics is critical to the University of Rochester's continued pursuit of excellence. With your

help, the University is able to recruit nationally and provide students with special opportunities, such as enhancing team travel or funding an international tour. Technology can make our teams better—enhanced video equipment aids in recruiting, scouting, and preparing our students to compete.

As a Friend of Rochester Athletics, your gift enables student athletes to compete at their best and makes a lasting contribution to their lives. Through your gift to the Friends, you can help the next generation of Rochester students achieve success, at Rochester and beyond.

Go GREEN by making your gift to the Friends of Athletics through our online secure website at www.rochester.edu/annualfunds or you can mail your check to the University of Rochester, Alumni and Advancement Center, Office of Gift and Donor Records, 300 East River Road, P.O. Box 270032, Rochester, New York 14627-0032



UNIVERSITY of ROCHESTER



Department of Athletics and Recreation Spring & Summer 2015

George VanderZwaag

Executive Director of Athletics, Recreation, and Academic Teams

Robert B. Goergen Athletic Center

P.O. Box 270296

Rochester, NY 14627-0296

Goergen Athletic Center: 585-275-7643 Fax: 585-461-5081

www.rochester.edu/athletics



Department Mission Statement

The Department of Athletics and Recreation strives to provide adaptive, high quality, student-oriented programs to meet the educational needs and recreational interests of the members of the University community. The overall goal of the program is to support the educational mission of the University by providing high quality instruction and facilities to attract the best students and provide them a meaningful athletic experience as a part of their overall education. In addition, the department supports others in the community by providing facilities that meet their recreational needs with the goal of establishing a lasting appreciation towards physical activity.

NCAA Champions

- 1986 Women's Soccer
- 1987 Women's Soccer
- 1990 Men's Basketball
- 1991 Men's Cross Country

Important Contact Information

- Website: www.rochester.edu/athletics
- EMS Event Calendar & Reservations: www.calendar.rochester.edu
- Office of the Director: 585-275-4301
- Goergen Athletic Center: 585-275-7643
- R Club Office: 585-275-6277
- Intramural Sports Office: 585-275-4303
- Intramural Hotline: 585-275-5454
- Susan B. Anthony ID Office: 585-275-3975
- Campus Parking Office: 585-275-3983
- Athletic Business Office: 585-275-5135
- Facility Reservation Office: 585-275-9465
- Athletic Communication Director's Office: 585-275-5955
- Friends of Rochester Athletics: 585-275-6698



Student Employment:

The Department of Athletics & Recreation hires in the areas of fitness center monitors, intramural supervisors, aerobic instructors, student trainers, building managers, site supervisors, summer assistants, intercollegiate game managers and office assistants. View available positions on FAJobLink by logging onto blackboard. <https://my.rochester.edu>



Using the River Campus Sports Complex

Membership is required to utilize the facilities and programs offered through the Department of Athletics and Recreation. Matriculated fulltime undergraduate and graduate students as well as R Club members enjoy access to the River Campus Sports Complex.

- A valid UR ID card is required for access into the Goergen Athletic Center. Members who are less than 16 years of age must be accompanied by an adult member.
- Recreational equipment is available for rental with a valid UR ID.
- Guests are welcome when accompanied by a full-time UR student or R Club member. The guest fee for a student guest is \$3.00 and \$5.00 for a R Club member guest.
- Guests between the age of 5—15 must remain with a parent/guardian throughout their visit. Fitness center guests must be 16 years old or older. Guests under the age of 5 are not permitted in the aquatic center or fitness center.
- Lockers are available for rental to full-time students and R Club members. Day use lockers are also available.
- Parking is by permit only on the University of Rochester Campus.
- Reserving Courts: contact the R Club Office for access to the EMS reservation system.
- The Department of Athletics and Recreation is not liable for loss of personal property.
- Recognized student activities organizations may reserve space in the Goergen Athletic Center by calling 585-275-9465.
- Violation of any policy set forth by the Department of Athletics and Recreation or any actions deemed inappropriate may result in the acting participant's membership being suspended or revoked.

Department of Athletics and Recreation Staff Directory

Phone prefix: (585)- 27- email extensions: @ sports.rochester.edu

George VanderZwaag	Director	5-4301	zwaag
Andrea Golden	Associate Director	5-7209	andrea
Terry Gurnett	Associate Director	5-6698	tgurnett
Jane Possee	Associate Director	5-6914	jane
Kristine Shanley	Associate Director	5-6277	kshanley
Julie Piccirillo	Assistant to the Director	5-4301	jpiccirillo
Eric Rozen	Head Athletic Trainer	5-9540	erozen
Shauny Caruso	Athletic Trainer	5-4890	scaruso
Heidi Woika	Athletic Trainer	5-4309	hwoika
Angelo Zegarelli	Athletic Trainer	3-3630	azegarelli
Joe Reina	Baseball/Intramurals	5-6027	jreina
Luke Flockerzi	M. Basketball/Special Programs	5-4306	lflockerzi
Jeff Juron	M. Basketball/Club Sports	5-4302	jjuron
Kaitlin Donahoe	W. Basketball/ Game Management	5-9541	kdonahoe
Jim Scheible	W. Basketball/VSAAC	5-4281	jscheible
Harold Jewel	Business Manager	5-5135	hjewel
Anna Dounce	Department Secretary	5-9480	adounce
Sam Albert	Director of Cross Country, Track & Field	5-4322	salbert
Greg Brandes	Diving/Aquatics Director	5-7948	gbrandes
Dan Provanzano	Equipment Manager	5-3698	provanzano
Wendy Andreatta	Field Hockey/R Club	5-4274	wandreatta
Scott Greene	Football	5-9458	sgreene
Jacob Lees	Football/Fitness Center	5-7841	jlees2
Trevor Terpening	Football/Building Supervisor	5-3064	tterpeni
Dan Wesley	Golf/ Director of Sponsorship & Sales	5-7102	dwesley
Sue Behme	Lacrosse/Fitness Center	5-1030	sbehme
Tracey DeMersman	Reservation Coordinator	5-9465	demersman
John Gaskin	W. Rowing	5-5596	ygaskin
Chris Apple	M. Soccer/Friends	5-5630	capple
Jack Burgasser	M. Soccer/ Intramurals	6-5105	jburgasser
Thomas Dardaganis	W. Soccer/Compliance	6-5101	adardaganis
Ashley VanVechten	W. Soccer/ Intramurals	6-5101	vanvech
Margaret Yerdon-Grange	Softball/Building Supervisor	5-9221	myerdon
Dennis O'Donnell	Sports Information	5-5955	dodonnell
Martin Heath	Squash	3-5184	mheath
Emily Wylam	M/W Swimming	5-4883	ewylam
Renee Rosenkranz	M/W Swimming/ Masters Swim	5-9469	rrosenkranz
Matt Nielsen	M/W Tennis	5-1661	mnielsen
Barbara Hartwig	Track and Field	5-5271	barb
John Izzo	Track and Field	5-5510	jizzo
J. Ladi Iya	Volleyball/R Club	5-9461	liya



Intercollegiate Athletics

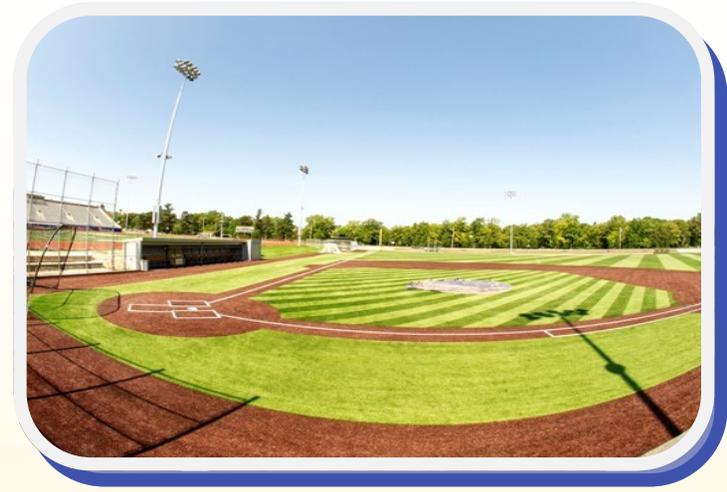
Associate Director: Andrea Golden

585-275-7209

andrea@sports.rochester.edu

The intercollegiate athletics programs provide an environment for specified skill development in a high quality competitive Division III institutional setting. Post season opportunities exist for each varsity program.

Rochester is an NCAA Division III institution offering 23 intercollegiate athletics (11 for men, 12 for women). Rochester competes in 16 of 23 intercollegiate athletics within the University Athletic Association (UAA), which is comprised of seven other leading private national universities: Brandeis University, Case Western Reserve University, New York University, Carnegie Mellon University, Emory University, University of Chicago, and Washington University in St. Louis. The University also belongs to the Liberty League, a group of ten other select colleges: Bard College, Clarkson, Hobart, Rensselaer, Rochester Institute of Technology, St. Lawrence, Skidmore, Union, Vassar, William Smith, with United States Merchant Marine Academy, Springfield and WPI joining for football. Rochester competes for championships in 12 Liberty League sports.

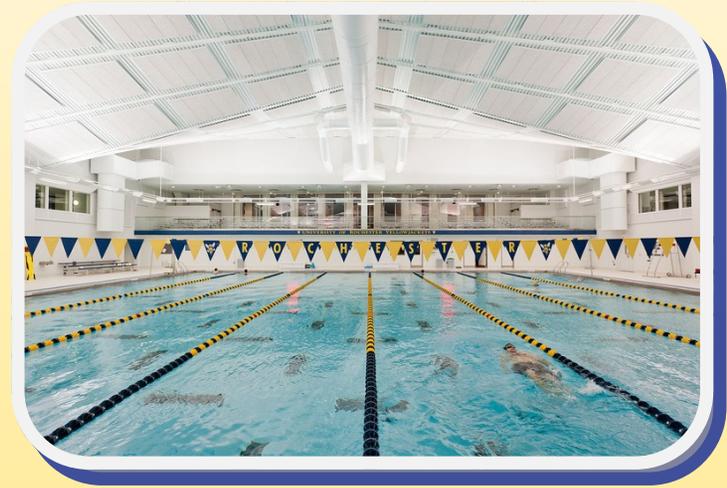


Adjacent Facilities/Fields

Towers Field is located between Fauver Stadium and Anderson/Wilder Residential Towers. North Field is located to the north of the Hill Court Residence Halls. Southside Fields includes a lighted recreation field, the Yellowjacket Softball Complex and a state-of-the-art throwing area for track and field events. Nearby Genesee Valley Park features two 18 hole golf courses, more recreational playing fields, an indoor skating rink, a 50 meter outdoor pool and several paved jogging trails.

Athletic Program Head Coaches: (585)

Baseball	Joe Reina	275-6027
Basketball (M)	Luke Flockerzi	275-4306
Basketball (W)	Jim Scheible	275-4281
Field Hockey	Wendy Andreatta	275-4274
Football	Scott Greene	275-9458
Golf	Dan Wesley	275-7102
Lacrosse	Sue Behme	275-1030
Rowing	John Gaskin	275-5596
Soccer (M)	Chris Apple	275-5630
Soccer (W)	Thomas Dardaganis	276-5101
Softball	Margaret Yerdon-Grange	275-9221
Squash	Martin Heath	273-5184
Swimming (M/W)	Emily Wylam	275-4883
Tennis (M/W)	Matt Nielsen	275-1661
Cross Country, Track & Field	Sam Albert	275-4322
Volleyball	J. Ladi Iya	275-9461



Speegle-Wilbraham Aquatic Center

Director: Greg Brandes, 275-7948

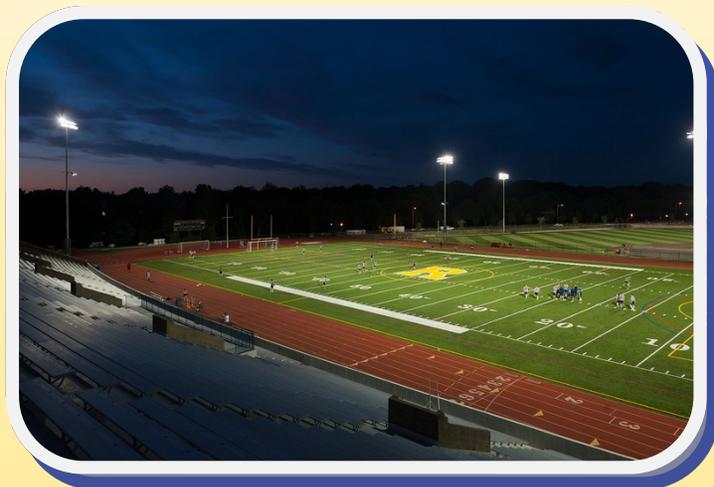
Our mission is to provide a clean and safe environment for the University community to enjoy a variety of water activities. The aquatic center is home to Yellowjacket Swimming and Diving, Masters swim program and open recreation swimming. Please check our website and posted notices for changes in the pool schedule due to varsity practices and meets.



Bloch Fitness Center

Directors: Sue Behme, 275-1030; Jacob Lees, 275-7841

The fitness center boasts a roomful of 28 pieces of selectorized equipment, 12 Life Fitness treadmills, 14 Octane cross-trainers, 5 Life Fitness recumbent bikes, 5 upright bikes, 4 Stairmaster steppers, 4 Cybex arc trainers, 2 AMT trainers, 4 Espresso virtual reality bikes, 2 Concept II Rowers and Cardio Theater. The free weight area holds well over 10,000 lbs. of free weights and supporting equipment.



Fauver Stadium

Fauver Stadium has a lighted FieldTurf™ playing surface surrounded by an eight lane, 400 meter, all weather Benyon® BSS 300 running track. With seating for 5,000 spectators, this facility is one of the finest in Division III athletics.

Recreational Programs

Associate Director: Jane Possee

585-275-6914

jane@sports.rochester.edu

Recreational programs provide a variety of fitness activities and sports which promote personal self-development, social interaction, leadership opportunities, and general participation.

Open Recreation:

Open recreation is an integral part of the department's mission. We encourage and invite spontaneous participation within the River Campus Sports Complex. Whether you choose to play pick-up basketball, toss a Frisbee in the field house, workout in the fitness center, jog on a trail or take a swim in the pool, facilities are available for you to seek out physical activity with your own timetable.

Club Sports: **Jeff Juron** 275-4302
ccc.rochester.edu

The purpose of the Club Sports Program is to offer students the opportunity to organize, advise, coach and participate in sports activities that fall between the scope of varsity athletics and intramurals. Recognized clubs may be organized to compete against club teams from other colleges or universities. Other recognized clubs are formed as instructional or recreational programs where skill development, participation and social interaction are priorities.

Intramural Sports: **Joe Reina** 275-6027
 Jack Burgasser 276-5105
 Ashley VanVechten 276-5101
 Intramural Office 275-4303
 Intramural Hotline 275-5454

Intramural sports programs seek to provide spirited participation in sports for enjoyment, fair play and physical activity. All full-time students and R Club members are eligible to participate. Team sports with open, co-rec and advanced leagues are available. Intramural sports provide group fitness classes taught by certified instructors. Be a team captain and form a team from your hall, sorority or fraternity, or from your lab. Watch for sign-ups outside the Intramural Office in the Goergen Athletic Center.

Masters Swimming: **Renee Rosenkranz** 275-9469

Masters swimming is an organized program for adults interested in swimming for fitness. Participants will be asked to pass a swim test during the first practice. Members can participate in a variety of ways including fitness, competition and for fun.

Facility Reservations: **Tracey DeMersman** 275-9465

The River Campus Sports Complex serves as a multi-purpose facility which accommodates the students, faculty/staff and community. Availability and guidelines may be requested from the Reservation Coordinator or obtained on our website at www.rochester.edu/athletics

R Club Memberships & Facilities

Associate Director: Kristine Shanley

585-275-6277

kristine.shanley@sports.rochester.edu

R Club Memberships

Directors:

Wendy Andreatta 275-4274

Ladi Iya 275-9461

The R Club is an opportunity for faculty, staff, alumni, friends, and part-time students to join as members of the River Campus Sports Complex. Membership includes the use of the entire Sports Complex as well as any of the organized programs offered through Recreational Sports. All R Club members are eligible to participate in intramurals (22 and older), Masters Swimming (19 and older) and other non-varsity programs. For more information regarding the R Club please call Goergen Athletic Center at 275-7643, the R Club Office at 275-6277 or email rclub@sports.rochester.edu

River Campus Sports Complex Facilities

Goergen Athletic Center

Directors:

Margaret Yerdon-Grange 275-9221

Trevor Terpening 275-3064

The Goergen Athletic Center features an 11,000 square foot fitness center, locker rooms, a multi-activities center, a central issue equipment room and all department offices. The Palestra is home to Yellowjacket volleyball and basketball in addition to serving as a venue for University concerts and special events. The field house includes an indoor 200 meter track and a synthetic activity infield. The aquatic center includes a 25 yard by 25 meter pool and a separate diving well with 1 and 3 meter diving boards and a 300 seat spectator balcony. A state of the art athletic training facility is available. The ground floor houses 4 indoor tennis courts, 5 international squash courts, 2 racquetball/handball courts, a small aerobics studio, and 3 combination basketball/volleyball/badminton courts.



Goergen Athletic Center Hours

Spring 2015: January 14 - April 29, 2015

Goergen Athletic Center and Fitness Center

Mon - Thurs: 6:30 AM-11 PM

Fri: 6:30 AM-8 PM

Sat: 8 AM-8 PM

Sun: 8 AM-11 PM

Aquatic Center

Mon & Wed: 6:30 AM-8:30 AM, 11 AM-2 PM, 8:30 PM-10:30 PM

Tues & Thurs: 11 AM-1 PM, 4:30 PM-6:30 PM

Fri: 6:30 AM-8:30 AM, 11 AM-2 PM

Sat: Noon-3 PM

Sun: Noon-3 PM, 8:30 PM-10:30 PM *Sunday Splash**

*Sunday Splash- 8:30-10:30pm we take down the lanes for a recreational pool time with music and games.

Spring Break Week March 7—March 15, 2015

The Goergen Athletic Center will close at 5pm Friday 3/6, Closed 3/7-3/8. Open Mon-Fri 3/9-3/13 10am-2pm. Closed 3/14. Will reopen at 5pm on Sunday 3/15. Aquatic Center open 3/9-3/13 11:00am-1:00pm.

Reading/Exam Week April 30—May 15, 2015*

Goergen Athletic Center and Fitness Center

Mon - Fri: 6:30 AM-8 PM

Sat & Sun: Noon-6 PM

Aquatic Center

Mon - Fri: 6:30 AM-8:30 AM; 11 AM-2 PM

Sat & Sun: Noon-3 PM

*Closed Commencement Weekend Sat 5/16 and Sun 5/17

Summer 2015: May 18-August 24, 2015

Goergen Athletic Center and Fitness Center

Mon- Fri: 6:30 AM-8 PM

Sat: 8 AM - Noon

Sun: Closed

Aquatic Center

Mon - Fri: 6:30 AM-8:30 AM; Noon-2 PM, 4:30 PM-6:30 PM

Sat: 9:30 AM-11:30 AM

Sun: Closed