

### March 2022

Dear Student Leaders,

We have made it to Spring Break! I hope you are all able to relax and rejuvenate - whether you stay on-campus or travel. We are hopeful the pandemic will continue to decline and with the onset of Spring, we can enjoy more time together with less restrictions. I am so proud of our Yellowjacket Family and how we have weathered the storm.

Continue to stay well,

Anne-Marie Algier, Associate Dean of the Students

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### **SA Government Spring Elections**

It's that time of the year again! In just a few weeks, the University of Rochester Students'
Association Government will be holding their annual Spring elections for the following positions:
Class Council, Senate, President, and Vice-President. As an Organization, here are some of the ways you can become involved:

- Let your Organization members know about the upcoming information sessions, where
  they can learn more information about the positions, the process, and the election rules.
  Information sessions are happening Tuesday, March 15th at 7:30 p.m. in Genesee
  309 and Thursday, March 17th at 7:30 p.m. in Douglass 401. All candidates must
  submit the Candidacy Form by noon on Friday, March 25th.
- Let your Organization members know when voting will be happening! This year, voting will open on Wednesday, April 6th at 10 a.m. and close on Thursday, April 7th at 11:59 p.m. The link to vote will be live on the <u>Students' Association Government website</u> and there will be in-person voting stations available in Hirst Lounge.
- 3. Endorse a candidate as an executive board! Endorsing a candidate can be done through organization-wide emails and in-person or online advertising as long as they abide by the <u>campaign rules</u>, <u>posting policies</u>, and <u>chalking policies</u>. In order to endorse a candidate, your organization's executive board must agree unanimously.

Questions or concerns should be communicated to the Elections Coordinator. Happy voting!

# Temporary Hold on New Organizations with International Travel

As recommended by the Travel Review Committee and with the support of Students' Association Government, Wilson Commons Student Activities has implemented a temporary hold, effective March 1st 2022, on the recognition of any newly proposed Student Organization which involves international travel.

Over the years, the increased risks and costs for groups to travel to foreign countries has grown greatly. Our goal is to create a task force which will review our current Organizations and National Chapters to gain a better understanding of their unique processes and policies.

We are hopeful the task force can complete their report by Thanksgiving Break in November of 2022.

### **Apply to Be a Fall 2022 Welcome Week Volunteer**

Help welcome new students and families to the River Campus in August! The Office of Orientation and First-Year Programs is now recruiting volunteers to help staff and support events and activities during Fall 2022 Welcome Week. This role is a great opportunity to participate without the time commitment required of Orientation Leaders over the summer. It will also give you the opportunity to move in early (if you are living in on-campus housing for the Fall 2022 semester), complimentary limited meals, and a Fall 2022 Welcome Week volunteer shirt.

Training for the position will take place directly before Fall Welcome Week begins, so it's perfect for anyone who may be busy with summer internships or research programs that end mid-August. Learn more about the volunteer role, upcoming information sessions, and how to apply on the Orientation and First-Year Programs website.

### **International Student Mentor Opportunity**

Looking for a way to meet and mentor students from all over the world? Apply to become an International Student Mentor today! Responsibilities include helping with Fall Welcome Week 2022 (about 45 hours in total), and being a mentor throughout the academic year (about 10 hours per week). **Applications are open now through Friday, April 1st.** Apply today!

# **Medallion Program Workshops**

The Medallion Program provides workshops, interactive activities, and personal reflection to develop leadership capabilities through a flexible three-tiered journey. Register on CCC for access to attend. You do not need to be enrolled in the Medallion Program to attend.

Student Organizations can request any workshop for their Organization <u>here</u>. Email the <u>Medallion Program</u> if your Organization is interested in co-sponsoring one of these workshops!

Workshop	Date	Time	Location	Domain
Intercultural Communication and Awareness	Fri, March 18	3-4pm	Douglass 401 - Register	Knowledge Acquisition
Understanding Leadership	Sat, March 19	2-3pm	Genesee 325 - Register	Level 1 Opener
Breaking the Bubble	Mon, March 21	7:30- 8:30pm	Red Tea House (912 Genesee St.) - Register	Civic Engagement
Badass Bystander	Fri, March 25	3- 5:30pm	Genesee 325 - Register	Interpersonal Competence
Values	Fri, March 25	3-4pm	Douglass 401 - Register	Intrapersonal Development
The Practices of Leadership	Sat, March 26	1-2pm	Genesee 325 - Register	Level 2 Opener
Finding Success Through Accountability & Delegation	Mon, March 28	7:30- 8:30pm	Genesee 325 - Register	Cognitive Complexity

## **Advanced Reservations**

The advanced reservations process will begin shortly after Spring Break. To best prepare for advanced reservations for the Fall 2022 semester, please begin to work within your Organization to generate a plan for your major events - including the following details:

- 1. Top 4 date preferences.
- 2. Top 3 location preferences.

Your Organization's VEMS Contact will be receiving a detailed timeline within the next two weeks. Other Officers can view the timeline here.

As a reminder, please verify that your Organization's VEMS Contact is an Officer that will be active in the Fall 2022 semester. <u>Submit this form</u> to update your Organization's VEMS Contact.

### **Administration & Review Committee Updates**

### **Student Organization Annual Review (SOAR)**

Thank you to all College Student Organizations for your participation in this year's SOAR. **Evaluation letters will be uploaded to your Organization's CCC site on Monday, March 14th**. To locate your Organization's letter - navigate to your Organization's CCC dashboard > select "Files" > select the "SOAR Report" folder and review your SOAR 2021 letter.

#### **Constitution Update Requests**

As a reminder, the <u>Constitution Update Interest Form</u> will close for the academic year on **Sunday, March 6th by 11:55 p.m. EST**. The form will re-open in Fall 2022.

### **Activity Reflections**

Did you know Activity Reflections are read by your Organization's advisor, the Administration and Review Committee (ARC), and most importantly incoming Officers? When filling out an activity reflection form, it is important to include as many details as possible. In fact, one activity reflection form can be submitted to summarize all General Member Meetings (GMMs), rehearsals, or other ongoing semester long activities. This is one of your Organization's opportunities to share how and why your event, activity, or meeting went well or didn't. Be sure to reach out to your Organization's advisor if you have any questions!

## **CCC Activity Registration Reminders**

As a reminder, once your event is submitted, you will not be able to make any edits until after the submission has been approved. If you need to make edits while your event is "Pending Approval," please let your advisor know in the chat. If you are submitting for a weekly or bi-weekly General Member Meeting (GMM), you should only create the first meeting and then indicate in the form that the event will be recurring. Wilson Commons Student Activities will ensure the event is set up to correctly repeat for the semester.

### **Accident/Injury Form**

Curious about how your Organization reports accidents or injuries? The <u>Accident/Injury Form</u> must be utilized within 24-hours of the incident. A member of Wilson Commons Student Activities will be in contact with the Organization for next steps.

### **Student Organization Awards & Accolades**

Does your Organization have something exciting to share? Submit an <u>Awards & Accolades Form</u> to be featured in the next edition of the Insider!

# **University Counseling Center Drop-In Groups**

# UNIVERSITY COUNSELING CENTER DROP-IN GROUPS

#### MARCH 2022

The UCC will offer drop-in groups for all UofR students focusing on the following themes:

#### OUR HEALING BREATH

\*FOR STUDENTS OF COLOR, LED BY CLINICIANS OF COLOR.

MONDAYS 1-2PM ON ON 3/7, 3/14, 3/28

ZOOM ID: 91277115322

#### **INCREASE FOCUS**

THURSDAYS 1-2PM ON 3/3 AND 3/17

ZOOM ID: 98988850456

#### RESOLVING CONFLICT

THURSDAYS 1-2PM ON 3/3, 3/17, 3/24, 3/31

ZOOM ID: 94911635187

#### COVID GRIEF

THURSDAY 8-9PM ON 3/17

ZOOM ID: 96762391655

#### SELF CARE

FRIDAYS 11AM-NOON ON 3/4 AND 3/18:

ZOOM ID: 93671657478

#### CRISIS ABROAD

WEDNESDAY 9-10AM ON 3/9 WEDNESDAY 3-4PM ON 3/16 FRIDAY 3-4PM ON 3/25 MONDAY 2-3PM ON 3/28

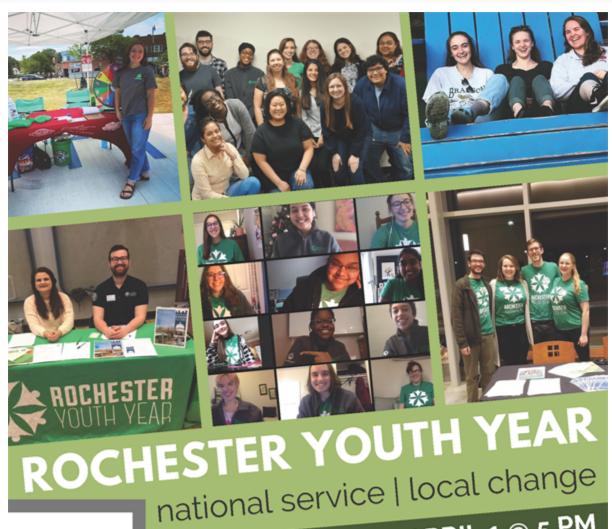
ZOOM ID: 96422505660

\*\*Drop-in groups are for all UofR Graduate and Undergraduate students\*\*









apply now!!

DEADLINE: FRIDAY, APRIL 1 @ 5 PM

# FOR SENIORS!!!!

Spend a year after graduation combating issues of educational, economic, and social equity through a full-time fellowship serving with a local community organization. All majors welcome!

https://linktr.ee/rochesteryouthyear

#### APPLICATION REQUIREMENTS

brief online application

resume

cover letter

unofficial transcript

two letters of recommendation

This publication is brought to you by Wilson Commons Student Activities: The Student Organization Insider is WCSA's monthly e-newsletter for student organization executive boards and advisors. The Student Organization Insider (SOI) is intended to keep student leaders informed on